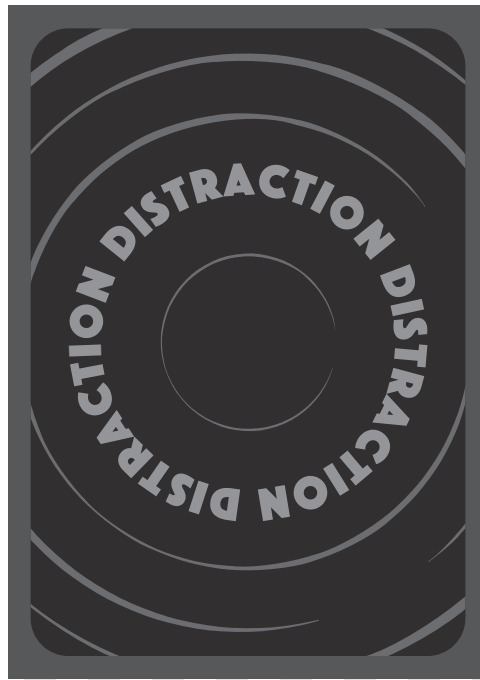


Blank white card template with four horizontal dotted lines for writing distractions.



1. Print out this sheet.

2. Write your distractions on the blank lines on the white side of the card.

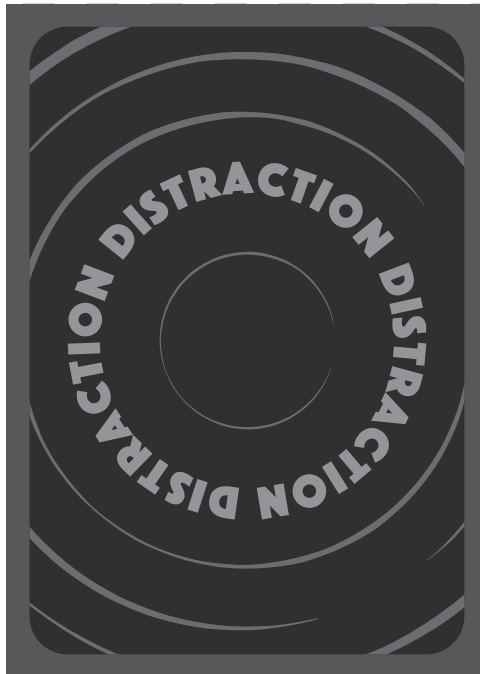
3. Cut along the dark dotted lines (be sure not to cut down the middle of the card).

4. Fold the card down the middle so you have one white side and one black side.

5. Glue the backs of the white side and black side together.

*Extra Tip: If you want your new cards to blend in with the rest of the deck, trace a Vocabularious card and cut rounded corners.*

Blank white card template with four horizontal dotted lines for writing distractions.



Blank white card template with four horizontal dotted lines for writing distractions.

