

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK:

ſ	— S U N D A Y —	— M O N D A Y —	— T U E S D A Y —	• W E D N E S D A Y •	— T H U R S D A Y —	F R I D A Y	— S A T U R D A Y —
	Family Dinner	Lemon Chicken Orzo Soup	Taco Soup	Chicken Cordon Bleu	Loaded Cheesy Potato Soup	Chicken Pot Pie Soup	Date Night

DAY 1 ———

Family Dinner

NOTES

SHOPPING LIST -

- DAY 2 —

Lemon Chicken Orzo Soup

SHOPPING LIST -

Dinner Rolls _

- Salad Mix

- D A Y 3 -Taco Soup

SHOPPING LIST -

Sour Cream

- **Cheddar Cheese** -
- **Tortilla Chips**

NOTES

Prepare Lemon Chicken Orzo Soup according to package. Serve with dinner rolls and a side salad. Save leftovers for lunches.

NOTES

Prepare Taco Soup according to package. Serve

topped with sour cream, cheddar cheese, and crushed tortilla chips. Save leftovers for lunches.

-DAY 4

Chicken Cordon Bleu

SHOPPING LIST 🗕

- Potatoes
- Broccoli
- Ranch Dressing
- -

Loaded Cheesy Potato Soup

• SHOPPING LIST =

Dinners Rolls

- Salad Mix
- -
- -
- -

DAY 6 — Chicken Pot Pie Soup

SHOPPING LIST 🗕

Salad Mix

- -
- -
- -
- -

DAY 7

Date Night

• SHOPPING LIST ----

- -
- -
- -
- -
- •

NOTES

Prepare Chicken Cordon Bleu according to package.

Serve with a side of roasted diced potatoes and

steamed broccoli and ranch dressing. Save leftovers

for lunches.

NOTES

Prepare Loaded Cheesy Potato Soup according to package. Serve with a side salad and dinner rolls. Save leftovers for lunches.

NOTES

Prepare Chicken Pot Pie Soup according to package. Serve with a side salad. Save leftovers for lunches.

NOTES