



BEEHIVE MEALS

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK: 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Dinner	Tuscan Chicken Pasta	Pasta E Fagioli	Hawaiian Haystacks + Rice	Chicken Tortilla Soup	Pizza Pasta Calzones	Date Night

DAY 1 _____
Sunday Dinner

SHOPPING LIST _____
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NOTES

DAY 2 _____
Tuscan Chicken Pasta

SHOPPING LIST _____
 - Pasta (style of choice)
 - French Bread
 - Salad Mix
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NOTES
 Prepare Tuscan Chicken according to package. Serve over pasta with a side salad and french bread. Save leftovers for lunches.

DAY 3 _____
Pasta E Fagioli

SHOPPING LIST _____
 - Corn Bread
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NOTES
 Prepare Pasta E Fagioli according to package. Serve with a side of corn bread. Save leftovers for lunches.

