



# BEEHIVE MEALS

freezer meals prepped and delivered.

## WEEKLY DINNER PLAN

WEEK: 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Dinner	Chicken Fajita Tacos	Crack Chicken Croissant Squares	Breakfast Casserole	Chicken Fajita Rice Bowl	YOUR CHOICE	Date Night

DAY 1 \_\_\_\_\_  
**Sunday Dinner**

SHOPPING LIST \_\_\_\_\_  
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DAY 2 \_\_\_\_\_  
**Chicken Fajita Tacos**

SHOPPING LIST \_\_\_\_\_  
 - Tortillas  
 - Colby Jack Cheese  
 - Guacamole  
 - Sour Cream  
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NOTES \_\_\_\_\_  
 Prepare Chicken Fajitas according to package. Serve as tacos and top with shredded cheese, guacamole, and sour cream.  
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 \* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Chicken Fajitas and save for Thursday's (day 5) dinner.  
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DAY 3 \_\_\_\_\_  
**Crack Chicken Croissant Squares**

SHOPPING LIST \_\_\_\_\_  
 - Pillsbury Doughboy Croissant Dough  
 - Shredded Colby Jack Cheese  
 - Butter  
 - Garlic Salt  
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NOTES \_\_\_\_\_  
 Prepare Crack Chicken according to package. Follow our recipe on our website > Our Meals > Crack Chicken > for the Crack Chicken Croissant Squares.  
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 \* If ordering a size of meal larger, save your leftovers for lunches throughout the week.  
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DAY 4

## Breakfast Casserole

SHOPPING LIST

- Fresh fruit of your choice
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NOTES

Prepare Breakfast Casserole according to instructions on package. Serve with a side of fresh fruit.

\* If ordering a size of meal larger, save your leftovers for breakfasts or lunches throughout the week.

DAY 5

## Chicken Fajita Rice Bowl

SHOPPING LIST

- Spanish Rice
- Refried Beans
- Avocado
- Feta Cheese
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NOTES

Using leftover Chicken Fajitas, follow our recipe on our website > Our Meals > Chicken Fajitas > for the Chicken Fajita Rice Bowl recipe.

DAY 6

## YOUR CHOICE

SHOPPING LIST

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DAY 7

## Date Night

SHOPPING LIST

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