



freezer meals prepped and delivered.

M 0 N T H: May 2023

SUNDAY — MONDAY — TUESDAY — WEDNESDAY — THURSDAY — FRIDAY — SATURDAY —													
		Sloppy Jo	es	Parmesan Herb Chicken + Rice		Sloppy Joes Past	а	YOUR CHOICE		Parmesan Herb Chicken Pizza		Date Nigh	t
			1		2		3		4		5		6
Family Dinner		Honey Sesame Chicken + Rice		Pork Carnitas		YOUR CHOICE		Pork Carnitas Nachos		Honey Sesame Chicken L Mein	0	Date Nigh	t
	7		8		9		10		11		12		13
Family Dinner		Creamy Tortellini and Sausage		Salsa Verde Chicken Tostadas		YOUR CHOICE		Salsa Verde Chicken Pasta		Lemon Chicken Orzo Soup		Date Night	
	15		15		16		17		18		19		20
Family Dinner		Chicken Cordon Bleu		YOUR CHOICE		Steak Fajitas		Chicken Cordon Bleu Lasagna		Steak Fajitas Pizza		Date Nigh	t
	22		22		23		24		25		26		27
Family Dinner		YOUR CHOICE		Veggie Ch Mac	illi	YOUR CHOICE							
	29		29		30		31						

FREEZER MEALS

- Chicken Cordon Bleu
- Honey Sesame Chicken
- Lemon Chicken Orzo Soup
- Parmesan Herb Chicken
- Salsa Verde Chicken

- Veggie Chili Mac
- Creamy Tortellini and Sausage
- Pork Carnitas
- Sloppy Joes
- Steak Fajitas

"YOUR CHOICE" nights can be supplemented with extra Beehive Meals that you have on hand or use them as an opportunity to go out or make something simple at home.