

WEEKLY DINNER PLAN

WEEK: 3

freezer meals prepped and delivered.					WEEK: 3			
SUNDAY — Sunday Dinner	Bang Bang Chicken + Rice	BBQ Pork Sandwiches	Bang E Chicke Nachos	Bang n	YOUR CHOICE	BBQ Pork Pizza	SATURDAY — Date Night	
Sunday Dinner SHOPPING LIST				NOTES				
Bang Bang Chicken + Rice				NOTES Prepare Bang Bang Chicken according to package. Serve over rice with a vegetable of choice on the side.				
Rice Vegetable of choice				* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Bang Bang Chicken and save for Wednesday (day 4) dinner.				
	k Sandwic	hes		hamb	are BBQ Pork ac ourger buns, top	ccording to packag with a slice of you with a side salad.	ur favorite type	
Hamburger Buns Sliced Cheese Salad Mix				* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked BBQ Pork and save for Friday (day 6) dinner.				

- D A Y 4	NOTES			
	Using leftover Bang Bang Chicken follow our recipe			
Bang Bang Chicken Nachos	on our website > Our Meals > Bang Bang Chicken for the Bang Bang Chicken Nachos.			
SHOPPING LIST	The Barry Barry Officient Nacros.			
_ Wonton Wrappers				
 Shredded Mozzarella Cheese 				
Green OnionsCilantro				
Sesame Oil				
- D A Y 5	NOTES			
YOUR CHOICE				
100K CHOICE				
SHOPPING LIST				
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BBQ Pork Pizza	NOTES Using leftover BBQ Pork follow our recipe on our website > Our Meals > BBQ Pork for the BBQ Pork			
SHOPPING LIST -	Pizza.			
Pillsbury Doughboy Pizza Crust - Tomato, diced				
Shredded Mozzarella Cheese - Jalapeno				
Black Beans				
Corn Red Onions, diced				
Neu Omons, diceu				
- D A Y 7	NOTES			
Data Night	NOTES			
Date Night	NOTES			
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