

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK: 2

SUNDAY —	 M O N D A Y 	TILE S D A V	- W E D N	E S D A V =	 T H U R S D A Y - -	 F R I D A Y 	 S A T U R D A Y - -
Sunday Dinner	Cilantro Lime Chicken Tacos	YOUR CHOICE	Beef Mac		Cilantro Lime Chicken Sliders	Creamy Tortellini and Sausage	Date Night
D A V 1			NOT	F S			
Sunday Dinner							
SHOPPING LIST							
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Cilantro Lime Chicken Tacos				NOTES Prepare Cilantro Lime Chicken according to package. Serve in a tortilla topped with pico de gallo, feta cheese, and guacamole. Serve with a side of chips and guac.			
_ Tortillas (corn or flour)				*If ordering a size of meal larger to stretch it to two			
Pico de galloFeta Cheese				meals, set aside half of your cooked Cilantro Lime Chicken and save for Thursday's (day 5) dinner.			
Guacamole Tortilla Chips				———	eri and save ioi	Thursday's (day t	o) aimier.
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YOUR CHOICE							
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- DAY 4	NOTES Propore Reef Corp Mee according to peckage Reke			
Beef Corn Mac	Prepare Beef Corn Mac according to package. Bake cornbread according to instructions on package. Serve			
Beer Gotti Mae	Beef Corn Mac with cornbread and top with shredded			
SHOPPING LIST	cheese and sliced jalapenos.			
_ Cornbread				
Jalapenos, sliced	*If ordering a size of meal larger, save your leftovers			
- Shredded Colby Jack Cheese	for lunches through the week.			
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D A Y 5 —————————————————————————————————	N 0 T E S Using leftover Cilantro Lime Chicken follow our recipe on our website > Our Meals > Cilantro Lime Chicken			
	for the Cilantro Lime Chicken Sliders. Serve with a			
SHOPPING LIST	side salad.			
_ King's Hawaiian Rolls - Salad Mix				
 Sliced Pepperjack Cheese 				
- Butter				
Shredded Parmesan Cheese Cilantro				
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г D A Y 6 —————————————————————————————————	N 0 T E S Prepare Creamy Tortellini & Sausage according to			
Creamy Tortellini & Sausage	package. Serve with a side salad and french bread.			
SHOPPING LIST	*If ordering a size of meal larger, save your leftovers			
_ Salad Mix	for lunches through the week.			
- French Bread				
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Date Night				
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SHOPPING LIST				
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