



BEEHIVE MEALS

freezer meals prepped and delivered.

MONTHLY DINNER PLAN

MONTH: June 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Chicken Tortilla Soup	YOUR CHOICE	Date Night
				1	2	3
Family Dinner	Balsamic Chicken + Rice	Sausage Alfredo Pasta	Balsamic Chicken Pitas	YOUR CHOICE	Sausage Alfredo Stuffed Manicotti	Date Night
4	5	6	7	8	9	10
Family Dinner	Philly Sandwiches	YOUR CHOICE	Sweet Chicken Tacos	Philly Pizza	Green Chile Mac n' Cheese	Date Night
11	12	13	14	15	16	17
Family Dinner	Zesty Italian Chicken + Rice	Pizza Pasta Calzones	Zesty Italian Chicken Pizza	YOUR CHOICE	Pizza Pasta	Date Night
18	19	20	21	22	23	24
Family Dinner	Teriyaki Chicken + Rice	YOUR CHOICE	Brown Sugar Glazed Pork Roast	Teriyaki Chicken Sliders	YOUR CHOICE	
25	26	27	28	29	30	

FREEZER MEALS

- Balsamic Chicken
- Chicken Tortilla Soup
- Sweet Chicken Tacos
- Teriyaki Chicken Stir-Fry
- Zesty Italian Chicken
- Green Chile Mac n' Cheese
- Sausage Alfredo
- Brown Sugar Glazed Pork Roast
- Pizza Pasta
- Philly Cheesesteak

NOTES

"YOUR CHOICE" nights can be supplemented with extra Beehive Meals that you have on hand or use them as an opportunity to go out or make something simple at home.