



# BEEHIVE MEALS

freezer meals prepped and delivered.

# WEEKLY DINNER PLAN

WEEK: 4

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Family Dinner	Island Luau Chicken (Grill Box)	Chicken Alfredo + Pasta	Sweet Pork Burritos	Chicken Alfredo Pizza	Ground Beef Tacos (Grill Box)	Date Night

DAY 1 \_\_\_\_\_  
**Family Dinner**

- SHOPPING LIST \_\_\_\_\_
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NOTES

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DAY 2 \_\_\_\_\_  
**Island Luau Chicken (Grill Box)**

- SHOPPING LIST \_\_\_\_\_
- Pineapple
  - Rice
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NOTES  
 Using included Island Luau Marinade and Chicken Breasts, marinate 2 lbs of chicken breast for 8+ hours. Remove chicken from marinade and grill. Discard used marinade. Serve with a side of pineapple and rice. Save leftovers for lunches.

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DAY 3 \_\_\_\_\_  
**Chicken Alfredo + Pasta**

- SHOPPING LIST \_\_\_\_\_
- Pasta (style of choice)
  - French Bread
  - Side Salad
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NOTES  
 Prepare Chicken Alfredo according to package. Serve on top of pasta of choice with a side salad and french bread.

\* Save ~1 cup chicken and ~1/2 cup sauce for Thursday (Day 5) meal. Keep chicken and sauce separate when storing.

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DAY 4

# Sweet Pork Burritos

SHOPPING LIST

- Large Tortillas
- Cilantro Lime Rice
- Black Beans
- Colby Jack Cheese
- Green Enchilada Sauce
- Cilantro Lime Dressing
- Cilantro

DAY 5

# Chicken Alfredo Pizza

SHOPPING LIST

- Pillsbury Pizza Crust
- Mozzarella Cheese
- Bacon Bits
- Red Onion
- Roma Tomato
- Green Onions
- Parmesan Cheese
- Side Salad

DAY 6

# Ground Beef Tacos (Grill Box)

SHOPPING LIST

- Tortillas
- Taco toppings of choice
- Chips
- Guacamole
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DAY 7

# Date Night

SHOPPING LIST

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NOTES

Prepare Sweet Pork according to package. Using pork follow the recipe for Sweet Pork Burritos on our website > our meals > Sweet Pork. Save leftovers for lunches.

NOTES

Using Tuesday's (Day 3) leftover Chicken Alfredo chicken and sauce, follow the recipe for Chicken Bacon Garlic Pizza on our website > our meals > Chicken Alfredo. Serve with a side salad.

NOTES

Using included Southwest Taco Seasoning and Ground Beef, cook ground beef over stovetop until cooked through. Add Southwest Taco Seasoning and serve on top of tortillas with your toppings of choice. Serve with a side of chips and guacamole. Save leftovers for lunches.

NOTES