



BEEHIVE MEALS

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK: 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Family Dinner	Apricot Chicken + Rice	Carne Asada Tacos	Teriyaki Fusion Chicken (Grill Box)	Apricot Chicken Wraps	Carne Asada Naches	Date Night

DAY 1 _____
Family Dinner

SHOPPING LIST _____

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NOTES

DAY 2 _____
Apricot Chicken + Rice

SHOPPING LIST _____

- Rice
- Green Beans
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NOTES

Prepare Apricot Chicken according to package. Serve over rice with steamed green beans on the side.

* Green beans can be substituted for a vegetable of your choice.

* Save ~2 cups chicken for Thursday (Day 5) meal.

DAY 3 _____
Carne Asada Tacos

SHOPPING LIST _____

- Tortillas (street taco or fajita size)
- Shredded Lettuce
- Pico de Gallo
- Feta Cheese
- Chips + Guacamole

NOTES

Prepare Carne Asada according to package. Serve in tortillas topped with shredded lettuce, pico de gallo, and feta cheese. Serve with a side of chips and guacamole.

* Save ~1 1/2 to 2 cups meat for Friday (Day 6) meal.
