



BEEHIVE MEALS

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK: 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Dinner	Chicken and Stuffing + Rice	Pork Carnitas Tacos	Chicken and Stuffing + Sweet Potatoes	YOUR CHOICE	Pork Carnitas Nachos	Date Night

DAY 1 _____
Sunday Dinner

SHOPPING LIST _____

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DAY 2 _____
Chicken and Stuffing + Rice

SHOPPING LIST _____

- Rice
- Vegetable of Choice
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NOTES

Prepare Chicken and Stuffing according to package.
 Serve over rice with a vegetable of your choice on the side.

* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Chicken and Stuffing and save for Wednesday's (day 4) dinner.

DAY 3 _____
Pork Carnitas Tacos

SHOPPING LIST _____

- Tortillas (flour or corn)
- Pico de Gallo
- Feta Cheese
- Guacamole
- Tortilla Chips

NOTES

Prepare Pork Carnitas according to package. Serve in a tortilla topped with pico de gallo, feta cheese, and guacamole. Serve with a side of chips and guacamole.

* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Pork Carnitas and save for Friday's (day 6) dinner.

DAY 4

Chicken and Stuffing Sweet Pot

SHOPPING LIST

- Sweet Potatoes
- Vegetable of Choice
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NOTES

Prepare sweet potatoes using a cooking method of your choice (oven, microwave, stovetop, etc). Using leftover Chicken and Stuffing top your cooked sweet potato and serve with a vegetable of your choice on the side.

DAY 5

YOUR CHOICE

SHOPPING LIST

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DAY 6

Pork Carnitas Nachos

SHOPPING LIST

- Tortilla Chips
- Cheddar Cheese
- Pico de Gallo
- Feta Cheese
- Guacamole

NOTES

Layer baking sheet with tortilla chips, shredded cheddar cheese, and leftover Pork Carnitas. Bake at 350 degree for 6-8 minutes or until cheese is bubbly. Top nachos with pico de gallon, feta cheese, and guacamole. Feel free to add any additional toppings your family would like (sour cream, fresh lime juice, jalapenos, etc).

DAY 7

Date Night

SHOPPING LIST

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