

**MONTHLY DINNER PLAN** 

M O N T H : January 2024

freezer meals prepped and delivered.

#### WEEK 1

SUNDAY Sunday Dinner	MONDAY Chicken and Stuffing + Rice	TUESDAY Pork Carnitas Tacos	WEDNESDAY Chicken and Stuffing + Sweet Potatoes	THURSDAY YOUR CHOICE	FRIDAY Pork Carnitas Nachos	SATURDAY Date Night

## WEEK 2

Sunday Dinner	Pesto Mozzarella Chicken + Pasta	Steak Fajitas	Pesto Mozzarella Chicken Sandwhich	Steak Fajita Pizza	YOUR CHOICE	Date Night

## WEEK 3

Sunday Dinner	Butter Chicken + Rice	Salsa Verde Chicken Tostadas	YOUR CHOICE	Salsa Verde Chicken Pasta	Zuppa Toscana	Date Night

# WEEK 4

Sunday Dinner	Sloppy Joe Sandwiches	YOUR CHOICE	Hawaiian Teriyaki Chicken + Rice	Sloppy Joe Pasta	Veggie Chili Mac	Date Night

- Butter Chicken

- Chicken and Stuffing

FREEZER MEALS .

- Hawaiian Teriyaki Chicken
- Pesto Mozzarella Chicken
- Salsa Verde Chicken

- Veggie Chili Mac
- Zuppa Toscana
- Pork Carnitas
- Sloppy Joes
- Steak Fajitas

#### ΝΟΤΕՏ

This menu plan is based off of ordering a set of meals larger than you need and

using leftovers to complete a second meal.

If you choose to order a set of meals that

serves your family just one night you can

pick and choose which variation to use!