



# BEEHIVE MEALS

freezer meals prepped and delivered.

# WEEKLY DINNER PLAN

WEEK: 1

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sunday Dinner	Honey Sesame Chicken + Rice	Sweet Pork Tacos	YOUR CHOICE	Honey Sesame Chicken Lo Mein	Sweet Pork Nachos	Date Night

DAY 1 \_\_\_\_\_  
**Sunday Dinner**

- SHOPPING LIST \_\_\_\_\_
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NOTES \_\_\_\_\_  
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DAY 2 \_\_\_\_\_  
**Honey Sesame Chicken + Rice**

- SHOPPING LIST \_\_\_\_\_
- Rice
  - Vegetable of Choice
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NOTES \_\_\_\_\_  
 Prepare Honey Sesame Chicken according to package. Serve over rice with a vegetable of your choice on the side.  
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 \* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Honey Sesame Chicken and save for Thursday (day 5 ) dinner. You will want to separate the chicken and sauce when storing for Thursday's dinner to use sauce for lo mein.  
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DAY 3 \_\_\_\_\_  
**Sweet Pork Tacos**

- SHOPPING LIST \_\_\_\_\_
- Tortillas (flour or corn)
  - Pico de Gallo
  - Shredded Cheese of Choice
  - Guacamole
  - Tortilla Chips

NOTES \_\_\_\_\_  
 Prepare Sweet Pork according to package. Serve in a tortilla topped with pico de gallo, cheese of your choice, and guacamole. Serve with a side of chips and guacamole.  
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 \* If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Sweet Pork and save for Friday (day 6) dinner.  
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DAY 4

## YOUR CHOICE

SHOPPING LIST

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DAY 5

## Honey Sesame Chicken Lo Mein

SHOPPING LIST

- Ramen Noodles
- Red Bell Pepper
- Red Onion
- Mushrooms
- Sriracha Mayo

NOTES

Using leftover chicken and sauce from your Honey Sesame Chicken, follow the recipe on our website > our meals > Honey Sesame Chicken > Honey Sesame Chicken Lo Mein. Use your saved sauce as the sauce used in the recipe. If you did not save your sauce separately you will need to make your own sauce using soy sauce, honey, ginger, garlic, and sriracha as listed on our website recipe.

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DAY 6

## Sweet Pork Nachos

SHOPPING LIST

- Tortilla Chips
- Shredded Cheese of Choice
- Pico de Gallo
- Sour Cream
- Guacamole

NOTES

Layer baking sheet with tortilla chips, shredded cheese, and leftover Sweet Pork. Bake at 350 degrees for 6-8 minutes or until cheese is bubbly. Top nachos with pico de gallo, sour cream, and guacamole. Feel free to add any additional toppings your family would like (fresh limes, jalapenos, cilantro lime dressing, etc).

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DAY 7

## Date Night

SHOPPING LIST

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