



BEEHIVE MEALS

freezer meals prepped and delivered.

WEEKLY DINNER PLAN

WEEK: 5

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Family Dinner	Hamburgers (Grill Box)	Crack Chicken Pasta	Balsamic Herb Pork Chops (Grill Box)	Crack Chicken Pizza	SEPT.	Date Night

DAY 1 _____
Family Dinner

- SHOPPING LIST _____
- -
 -
 -
 -

NOTES

DAY 2 _____
Hamburgers (Grill Box)

- SHOPPING LIST _____
- Buns
 - Cheddar Cheese
 - Toppings of Choice
 - Watermelon
 - Corn on the Cob

NOTES
 Using included All-American Seasoning, season burger patties and grill to your liking. Serve on a bun with toppings of choice and a side of watermelon and corn on the cob.

DAY 3 _____
Crack Chicken Pasta

- SHOPPING LIST _____
- Pasta (style of choice)
 - French Bread
 - Side Salad
 -
 -

NOTES
 Prepare Crack Chicken according to package. Serve on top of pasta of choice with a side salad and french bread.

* Save ~1 cup chicken and ~1/2 cup sauce for Thursday (Day 5) meal. Keep chicken and sauce separate when storing.

DAY 4

Balsamic Herb Pork Chops (Grill)

SHOPPING LIST

- Salad Mix
- Fruit of Choice
-
-
-

NOTES

Using included Balsamic Herb Marinade and Pork Chops, marinate 2 lbs of pork chops for 8+ hours. Remove pork from marinade and grill. Discard used marinade. Serve with a side salad and fruit of choice on the side. Save leftovers for lunches.

DAY 5

Crack Chicken Pizza

SHOPPING LIST

- Pillsbury Pizza Crust
- Mozzarella Cheese
- Colby Jack Cheese
- Red Onion
- Roma Tomato
- Green Onions
- Salad Mix

NOTES

Using Tuesday's (Day 3) leftover Chicken Alfredo chicken and sauce, follow the recipe for Crack Chicken Pizza on our website > our meals > Crack Chicken. Serve with a side salad.

* Recipe on our website calls for alfredo sauce for the sauce. If you saved sauce separately from your chicken on Tuesday you can use that instead.

DAY 6

SEPTEMBER

SHOPPING LIST

-
-
-
-
-

NOTES

DAY 7

Date Night

SHOPPING LIST

-
-
-
-
-

NOTES