



# BEEHIVE MEALS

freezer meals prepped and delivered.

# WEEKLY DINNER PLAN

WEEK: 3

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Family Dinner	BBQ Chicken Sandwiches	Mongolian Beef Stir-Fry	BBQ Chicken Mac n' Cheese	Ground Beef Tacos (Grill Box)	Parmesan Honey Pork Roast	Date Night

DAY 1 \_\_\_\_\_  
**Family Dinner**

- SHOPPING LIST \_\_\_\_\_
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DAY 2 \_\_\_\_\_  
**BBQ Chicken Sandwiches**

- SHOPPING LIST \_\_\_\_\_
- Rolls
  - Coleslaw (optional)
  - Chips or Fries
  - Potato Salad
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NOTES

Prepare BBQ Chicken according to package. Serve inside rolls topped with coleslaw (optional). Serve with a side of potato salad (homemade or store-bought) and chips or fries.

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\* Save 1 1/2 cups chicken for Wednesday (Day 4) meal.

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DAY 3 \_\_\_\_\_  
**Mongolian Beef Stir-Fry**

- SHOPPING LIST \_\_\_\_\_
- Rice Noodles
  - Potstickers
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NOTES

Prepare Mongolian Beef Stir-Fry according to package. Serve over rice noodles with a side of potstickers. Save leftovers for lunches.

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DAY 4

# BBQ Chicken Mac n' Cheese

SHOPPING LIST

- Pasta (style of choice)
- Chicken Bouillon
- Heavy Cream
- Cream Cheese
- Cheddar Cheese
- Mozzarella Cheese
- Pepper
- Cornbread

DAY 5

# Ground Beef Tacos (Grill Box)

SHOPPING LIST

- Tortillas
- Taco topping of choice
- Chips
- Guacamole

DAY 6

# Parmesan Honey Pork Roast

SHOPPING LIST

- Rolls
- Mashed Potatoes
- Broccoli + Ranch

DAY 7

# Date Night

SHOPPING LIST

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NOTES

Using Monday's (Day 2) leftover BBQ Chicken, follow the recipe for BBQ Chicken Mac n' Cheese on our website > our meals > BBQ Chicken. Serve with a side of cornbread.

\* Chicken Bouillon will be added to water to create your chicken broth. Heavy cream can be replaced with milk of your choice for a lower fat option.

NOTES

Using included Southwest Taco Seasoning and Ground Beef, cook ground beef over stovetop until cooked through. Add Southwest Taco Seasoning and serve on top of tortillas with your toppings of choice. Serve with a side of chips and guacamole. Save leftovers for lunches.

NOTES

Prepare Parmesan Honey Pork Roast according to package. Serve with a side of rolls, mashed potatoes, and steamed broccoli.

\* Broccoli can be substituted for a vegetable of your choice.

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