



# BEEHIVE MEALS

freezer meals prepped and delivered.

## WEEKLY DINNER PLAN

WEEK: 2

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Family Dinner	Chicken Fajita Flautas	Orange Chicken + Rice	Chicken Fajita Pizza	Orange Chicken Wontons	Steaks (Grill Box)	Date Night

DAY 1 \_\_\_\_\_  
**Family Dinner**

SHOPPING LIST \_\_\_\_\_  
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NOTES \_\_\_\_\_  
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DAY 2 \_\_\_\_\_  
**Chicken Fajita Flautas**

SHOPPING LIST \_\_\_\_\_  
 - Tortillas (medium size)  
 - Refried Beans  
 - Pepperjack Cheese  
 - Sprayable Olive Oil  
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NOTES \_\_\_\_\_  
 Prepare Chicken Fajitas according to package. Follow the recipe for Chicken Fajita Air-Fryer Flautas on our website > our meals > Chicken Fajitas.  
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 \* If you do not own an air-fryer, flautas can be baked on a baking sheet at 425 degrees until golden brown.  
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 \* Save ~1 cup chicken and peppers/onions for Wednesday (Day 4) meal. Save refried beans as well.  
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DAY 3 \_\_\_\_\_  
**Orange Chicken + Rice**

SHOPPING LIST \_\_\_\_\_  
 - Rice  
 - Green Beans  
 - Potstickers  
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NOTES \_\_\_\_\_  
 Prepare Orange Chicken according to package. Serve over rice with steamed green beans and potstickers on the side.  
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 \* Save ~2 cups chicken and ~1/4 cup sauce for Thursday (Day 5) meal. Keep the chicken and sauce separate from each other when storing.  
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DAY 4

# Chicken Fajita Pizza

SHOPPING LIST

- Pillsbury Pizza Crust
- Refried Beans
- Mozzarella Cheese
- Colby Jack Cheese
- Taco Seasoning
- Cilantro (optional)
- Bell Peppers (optional)

DAY 5

# Orange Chicken Wontons

SHOPPING LIST

- Wonton Wrappers
- Cream Cheese
- Coleslaw
- Green Onions
- Sweet Chili Sauce
- Sesame Seeds (optional)
- Cilantro (optional)
- Salad Mix

DAY 6

# Steaks (Grill Box)

SHOPPING LIST

- Rolls
- Salad Mix
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DAY 7

# Date Night

SHOPPING LIST

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NOTES

Using Monday's (Day 2) leftover chicken, peppers and onions, and refried beans, follow the recipe for Chicken Fajita Pizza on our website > our meals > Chicken Fajitas.

\* Chicken Fajitas will come with bell peppers in the meal. If you are wanting additional bell peppers on the pizza plan on adding the "optional" bell peppers.

NOTES

Using Tuesday's (Day 3) leftover Orange Chicken, follow the recipe for Orange Chicken Wontons on our website > our meals > Orange Chicken. Serve with a side salad.

\* The recipe on our website calls for sesame oil, honey, soy sauce, and rice vinegar to create a sauce. If you did not save sauce from Tuesday you will need these ingredients.

NOTES

Using included Steaks and Smokehouse Steak Rub, season both sides of steaks and grill to your liking. Serve with a side salad and rolls.

NOTES