



# BEEHIVE MEALS

freezer meals prepped and delivered.

# WEEKLY DINNER PLAN

WEEK: 1

| SUNDAY        | MONDAY                 | TUESDAY           | WEDNESDAY            | THURSDAY            | FRIDAY      | SATURDAY   |
|---------------|------------------------|-------------------|----------------------|---------------------|-------------|------------|
| Sunday Dinner | Apricot Chicken + Rice | Carne Asada Tacos | Apricot Chicken Wrap | Carne Asada Pupusas | YOUR CHOICE | Date Night |

DAY 1 \_\_\_\_\_  
**Sunday Dinner**

- SHOPPING LIST \_\_\_\_\_
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DAY 2 \_\_\_\_\_  
**Apricot Chicken + Rice**

- SHOPPING LIST \_\_\_\_\_
- Rice
  - Vegetable of choice
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NOTES  
 Prepare Apricot Chicken according to package.  
 Serve over rice with a vegetable of choice on the side.

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\*If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Apricot Chicken and save for Wednesday's (day 4) dinner.

DAY 3 \_\_\_\_\_  
**Carne Asada Tacos**

- SHOPPING LIST \_\_\_\_\_
- Corn/Flour Tortillas
  - Shredded Lettuce
  - Pico de Gallo
  - Feta Cheese
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NOTES  
 Prepare Carne Asada according to package.  
 Serve as tacos and top with shredded lettuce, pico de gallo, and feta cheese.

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\*If ordering a size of meal larger to stretch it to two meals, set aside half of your cooked Carne Asada and save for Thursday's (day 5) dinner.

DAY 4

## Apricot Chicken Wrap

SHOPPING LIST

- Tortilla
- Romaine Lettuce
- Red Onions
- Bleu Cheese Crumbles
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NOTES

Using leftover Apricot Chicken, make a wrap and place Apricot Chicken in the center of the tortilla, then top with romaine lettuce, red onions, and bleu cheese crumbles.

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DAY 5

## Carne Asada Pupusas

SHOPPING LIST

- Maseca Instant Corn Mix
- Refried Beans
- Mozzarella Cheese
- Pico de Gallo
- Sour Cream

NOTES

Using leftover Carne Asada, follow our recipe on our website > Our Meals > Carne Asada for the Carne Asada Pupusas. Top with all of your favorite toppings.

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DAY 6

## YOUR CHOICE

SHOPPING LIST

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DAY 7

## Date Night

SHOPPING LIST

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