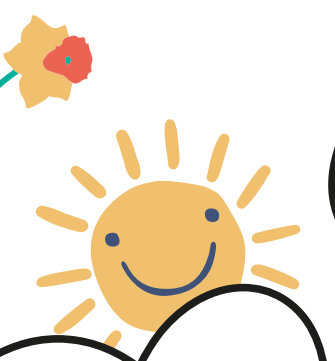


**Head out on a daffodil discovery day**  
Daffodils make their special appearance at this time of year, why not see how many you can find?

#1



**Visit a farm to see the baby animals**  
It's a wonderful time of year to see new life springing up all around you.

#2



**Get outdoors for a springtime walk**  
Now the weather is a little warmer why not go for a walk, perhaps trying somewhere new?

#4

**Create pictures from nature**  
Try collecting your own pieces of garden nature such as twigs, leaves and petals to stick on your artwork.


#3



**Note down as many insects and bugs as you can find**  
Have a go at nature's very own treasure hunt, just be careful not to disturb their homes.


#5

# #10 things to do this spring



**Grow a sunflower as high as you can!**  
Sunflowers are fast growing and your little one will love to see the results day by day.

#6




**Recycle old welly boots into flower pots**  
You could also try tin cans for smaller plants, just make sure there are holes in the bottom for drainage.

#7

**Swap indoors for outdoors**  
Do all of the things you love to do indoors, outdoors! Like reading, listening to music or chatting.

#8



**Plan a picnic with friends or family**  
You can head to the park, beach, or even in your very own garden for this one!

#9



**Cook up a feast**  
Why not try some springtime foods such as sprouting broccoli, spring onions, leeks and spinach?

#10

