



CPR

for your
Dog or Cat

- A. **Assess from about three feet away.** Is the animal unresponsive to the sound of your voice and the tapping of your foot on the ground?
- B. **CPR** is a team effort. Call for **HELP!**
- C. **Move the animal the least amount possible** but get yourself and the animal to a safe place.
- D. **Place your hand on their chest.**
 - A. Can you see or feel the rise and fall of their chest?
 - B. Can you hear them breathing?
- E. **Open and extend airway**, keeping the windpipe straight by running your hand up the chest to the neck, then **pull the tongue past the canines**. Is the windpipe clear? Is there something in there you can safely remove? If the pet is unresponsive, begin CPR.



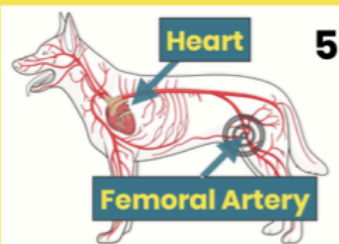
CPR is 30 COMPRESSIONS to 2 RESCUE BREATHS



COMPRESSIONS for narrow, deep-chested and small dogs or cats should be above the heart.
COMPRESSIONS for round-chested dogs should be at the widest part of the chest.

Begin CPR

1. Place your hands on their chest and perform **30 COMPRESSIONS**.
 - **COMPRESSIONS** should be **1/3** to no more than **1/2 the width of the chest**. (You may have to use one hand for smaller animals.)
 - Aim for **100+ COMPRESSIONS per minute** and keep to the beat of the song "Stayin' Alive."
2. **Open and extend airway**, keeping the windpipe straight by running your hand up the chest to the neck, then **pull the tongue past the canines**.
3. **Create an airtight seal** around the snout by **compressing the lips and mouth together**.
4. Perform **2 RESCUE BREATHS** from your mouth to their snout, allowing for full recoil of the chest and ribs, waiting about one second between breaths.
5. **Repeat for 2 minutes** or **four cycles**, then **check for a pulse** in the **femoral artery** located in the fold of the back thigh. Press your fingers against the crease of the inner thigh and fold the thigh back over your fingers.
 - You may have to move your fingers around and add pressure to locate the pulse. A pulse can be difficult to locate and why it is no longer recommended to check before CPR.



GOAL is to get your animal to the nearest veterinary clinic.

(Call your clinic and prepare them for your arrival.)