

Motivation and Engagement Scale – University/College

Andrew J. Martin PhD

Dear Student

Welcome to the Motivation and Engagement Scale – University/College.

This survey has been given to you to examine your motivation and engagement, how you study, and what you think of yourself as a student.

There are no right or wrong answers. Just make sure that your answers show what you really think about yourself. When answering the questions, if you want to change an answer, just cross it out and circle the answer that you prefer. If you are not sure which answer to circle, just circle the one that is the closest to what you think. You should have only one answer for each question. For the purposes of the survey, it is best that you do not leave out any questions.

If before, during, or after the survey you have any concerns, please talk to your lecturer, tutor, counselor, psychologist, or the person who administered this survey.

There are some questions that are very similar to each other. This is not a trick. It is just that this type of survey needs to ask some similar questions in slightly different ways. Just answer them in a way that shows what you really think about yourself.

Thanks for your participation.

Before you start, here is an example:

Disagree Strongly	Disagree	Disagree Somewhat	Neither Agree nor Disagree	Agree Somewhat	Agree	Agree Strongly				
1	2	3	4	5	6	7				
				Disagree Strongly			Agree Strongly			
I work hard at university/college				1	2	3	4	5	⑥	7

This student circled Number 6 ('Agree') because he does work quite hard at university. He didn't circle Number 7 ('Agree Strongly') because he doesn't work hard all of the time. He didn't circle Number 5 ('Agree Somewhat') because he works hard most of the time.

Ask the lecturer, tutor, psychologist, counselor, or researcher if you have any questions. You can now begin.

Surname _____	First Name _____
ID Number _____	Year _____
Gender (Circle) Female Male	Age _____ years





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Disagree Strongly	Disagree	Disagree Somewhat	Neither Agree nor Disagree	Agree Somewhat	Agree	Agree Strongly
1	2	3	4	5	6	7

PLEASE CIRCLE ONE NUMBER FOR EACH STATEMENT	Disagree Strongly						Agree Strongly
1. If I can't understand my university/college work at first, I keep going over it until I do	1	2	3	4	5	6	7
2. I feel very pleased with myself when I really understand what I'm taught at university/college	1	2	3	4	5	6	7
3. When I study, I usually study in places where I can concentrate	1	2	3	4	5	6	7
4. I'm able to use some of the things I learn at university/college in other parts of my life	1	2	3	4	5	6	7
5. Sometimes I don't try hard at assignments so I have an excuse if I don't do so well	1	2	3	4	5	6	7
6. When I don't do so well at university/college I'm often unsure how to avoid that happening again	1	2	3	4	5	6	7
7. I feel very pleased with myself when I do well at university/college by working hard	1	2	3	4	5	6	7
8. Each week I'm trying less and less	1	2	3	4	5	6	7
9. If an assignment is difficult, I keep working at it trying to figure it out	1	2	3	4	5	6	7
10. When exams and assignments are coming up, I worry a lot	1	2	3	4	5	6	7
11. Often the main reason I work at university/college is because I don't want people to think that I'm dumb	1	2	3	4	5	6	7
12. When I get a good mark I'm often not sure how I'm going to get that mark again	1	2	3	4	5	6	7
13. If I try hard, I believe I can do my university/college work well	1	2	3	4	5	6	7
14. Learning at university/college is important	1	2	3	4	5	6	7
15. I don't really care about university/college anymore	1	2	3	4	5	6	7
16. When I get a bad mark I'm often unsure how I'm going to avoid getting that mark again	1	2	3	4	5	6	7
17. When I study, I usually organise my study area to help me study best	1	2	3	4	5	6	7
18. I'm often unsure how I can avoid doing poorly at university/college	1	2	3	4	5	6	7



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OTHER ITEMS WITHELD

SAMPLE



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OTHER ITEMS WITHELD

THAT IS THE END OF THE SURVEY

PLEASE CHECK YOU HAVE ANSWERED ALL THE QUESTIONS

THANKS