



# Motivation and Engagement Scale – High School

Andrew J. Martin PhD

Dear Student

Welcome to the Motivation and Engagement Scale – High School.

This survey has been given to you to examine your motivation and engagement, how you study, and what you think of yourself as a student.

There are no right or wrong answers. Just make sure that your answers show what you really think about yourself. When answering the questions, if you want to change an answer, just cross it out and circle the answer that you prefer. If you are not sure which answer to circle, just circle the one that is the closest to what you think. You should have only one answer for each question. For the purposes of the survey, it is best that you do not leave out any questions.

If before, during, or after the survey you have any concerns, please talk to your teacher, tutor, counselor, psychologist, or the person who administered this survey.

There are some questions that are very similar to each other. This is not a trick. It is just that this type of survey needs to ask some similar questions in slightly different ways. Just answer them in a way that shows what you really think about yourself.

Thanks for your participation.

Before you start, here is an example:

Disagree Strongly	Disagree	Disagree Somewhat	Neither Agree nor Disagree	Agree Somewhat	Agree	Agree Strongly				
1	2	3	4	5	6	7				
				Disagree Strongly				Agree Strongly		
I work hard at school				1	2	3	4	5	⑥	7

This student circled Number 6 ('Agree') because he does work quite hard at school. He didn't circle Number 7 ('Agree Strongly') because he doesn't work hard all of the time. He didn't circle Number 5 ('Agree Somewhat') because he works hard most of the time.

Ask your teacher, psychologist, tutor, or counselor if you have any questions. You can now begin.

Surname \_\_\_\_\_

First Name \_\_\_\_\_

ID Number \_\_\_\_\_

Grade/Year \_\_\_\_\_

Gender (Circle)      Female      Male

Age      \_\_\_\_\_ years





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Disagree Strongly	Disagree	Disagree Somewhat	Neither Agree nor Disagree	Agree Somewhat	Agree	Agree Strongly
1	2	3	4	5	6	7

PLEASE CIRCLE ONE NUMBER FOR EACH STATEMENT	Disagree Strongly						Agree Strongly
1. If I can't understand my schoolwork at first, I keep going over it until I do	1	2	3	4	5	6	7
2. I feel very pleased with myself when I really understand what I'm taught at school	1	2	3	4	5	6	7
3. When I study, I usually study in places where I can concentrate	1	2	3	4	5	6	7
4. I'm able to use some of the things I learn at school in other parts of my life	1	2	3	4	5	6	7
5. Sometimes I don't try hard at assignments so I have an excuse if I don't do so well	1	2	3	4	5	6	7
6. When I don't do so well at school I'm often unsure how to avoid that happening again	1	2	3	4	5	6	7
7. I feel very pleased with myself when I do well at school by working hard	1	2	3	4	5	6	7
8. Each week I'm trying less and less	1	2	3	4	5	6	7
9. If my homework is difficult, I keep working at it trying to figure it out	1	2	3	4	5	6	7
10. When exams and assignments are coming up, I worry a lot	1	2	3	4	5	6	7
11. Often the main reason I work at school is because I don't want people to think that I'm dumb	1	2	3	4	5	6	7
12. When I get a good mark I'm often not sure how I'm going to get that mark again	1	2	3	4	5	6	7
13. If I try hard, I believe I can do my schoolwork well	1	2	3	4	5	6	7
14. Learning at school is important	1	2	3	4	5	6	7
15. I don't really care about school anymore	1	2	3	4	5	6	7
16. When I get a bad mark I'm often unsure how I'm going to avoid getting that mark again	1	2	3	4	5	6	7
17. When I study, I usually organize my study area to help me study best	1	2	3	4	5	6	7
18. I'm often unsure how I can avoid doing poorly at school	1	2	3	4	5	6	7



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OTHER ITEMS WITHELD

SAMPLE



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OTHER ITEMS WITHELD

THAT IS THE END OF THE SURVEY

PLEASE CHECK YOU HAVE ANSWERED ALL THE QUESTIONS

THANKS

SAMPLE