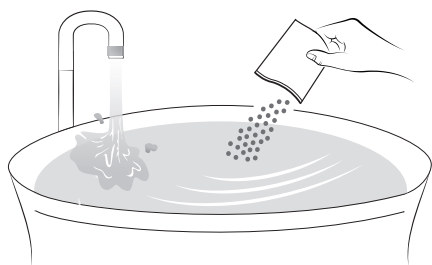
**STEP 1-A : JELLY SOAK**

Fill the foot tub quarter way with warm water and add the *Jelly Soak*. Stir the mixture until a jelly-like consistency is formed.

**STEP 1-B : SOAK & MASSAGE**

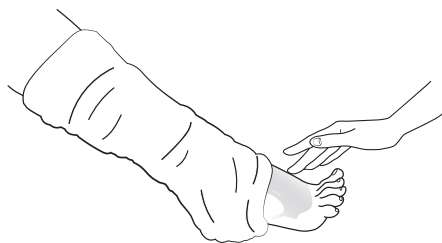
Soak the feet and massage the legs and feet with the jelly mixture.

**STEP 2 : SEA SALT**

Add the full content of the *Sea Salt* and stir to ensure that the jelly dissolves completely. Rinse the legs and feet with warm water as you drain out the dissolved jelly mixture.

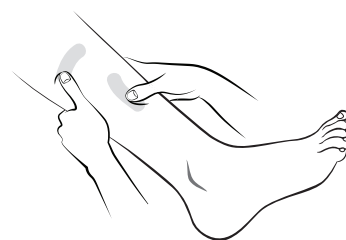
**STEP 3 : SUGAR SCRUB**

Apply the *Sugar Scrub* onto the legs and feet thoroughly until the skin is exfoliated. Rinse off with warm water and towel dry.

**STEP 4 : NOURISHING MASK**

Spread an even layer of the *Nourishing Mask* over the legs and feet and allow the mask enough time to bring nutrients back into the skin.

(Wrap the legs in warm steam towels to promote a deeper absorption)

**STEP 5 : MASSAGE CREAM**

Apply the *Massage Cream* over the legs and feet and massage into the skin using upward circular motions. Massage until the cream is fully absorbed.