

_____ 's Think Sheet

When did this happen?

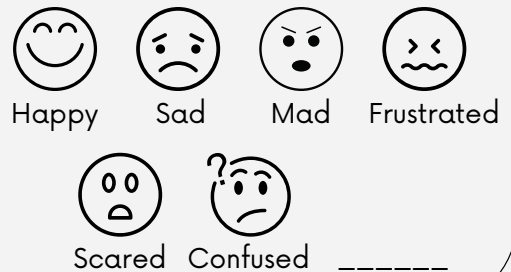
What happened next?

What did I choose to do?

- Respectful
- Safe
- Kind
- Responsible

The choice I made was not


How do I feel?




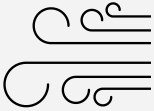
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What can I do if this happens again?

Next time I can choose to

 use kind words

 pause & think

 calm myself down

 ask for help

others:

 I will feel proud of myself

 I'm able to better help my friends

others:

When I make a good choice