## Custom Trainings Sample Overview

The following is a selection of our custom-made training content.

In each sample, a selection of the full training content was chosen to highlight the interactiveness and visual components of ABA Visualized's signature training style.

Our custom trainings are made to fit your school or organization's brand, including colors, logo, and overall mission. All trainings include custom certificates of completion & downloadable visual handouts.

View samples in the next slides



Sample 1.

The following sample is from a custom live (virtual) professional development district-wide training for K-5 teachers

#### K-5 Empowering Educators

A make & take guide to using behaviormanagement strategies to support students



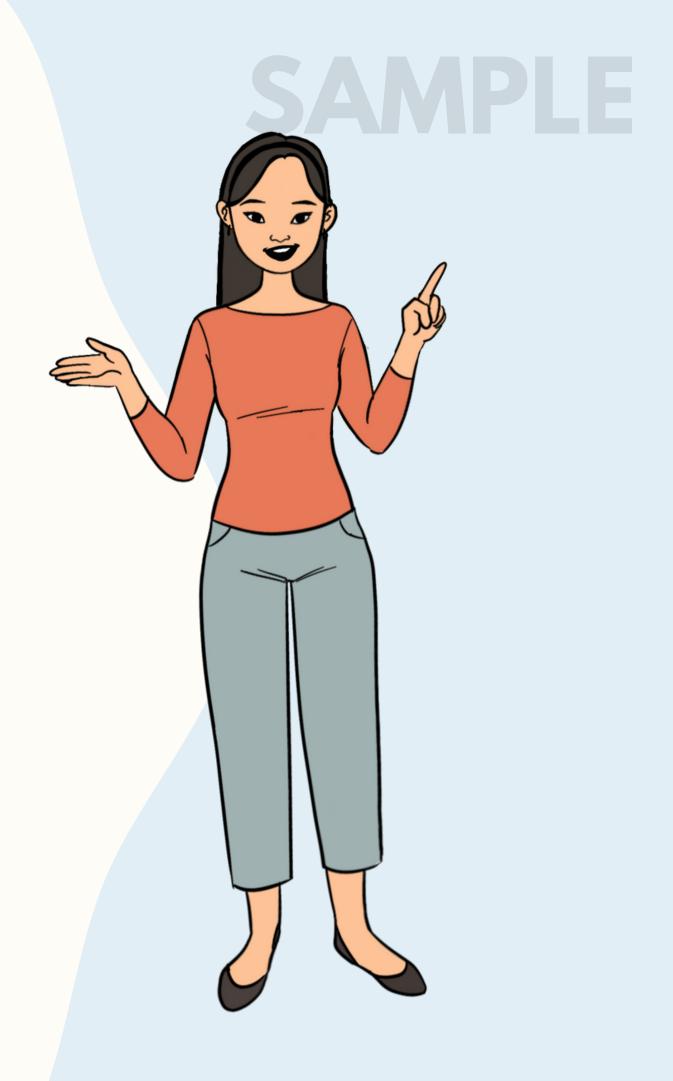
Created by Morgan van Diepen, M.Ed., BCBA

# Empowering Educators

An approachable guide to using behaviormanagement strategies to support students

Created by Morgan van Diepen, M.Ed., BCBA

K-5



# Welcome!

Hope you are feeling rested, engaged, & ready to learn! Today's learning objectives ~



Feel empowered to proactively support through 3 strategies that help make following directions easier for students with diverse needs



Learn the impact of creating a positive, strength-based classroom culture & 3 easy ways to do this!



Be prepared to respond to challenging behaviors with a calm, consistent, & supportive approach



## Share with us

What's one behavior or situation you'd like to have more support with?

Come on, let's go

It's time to go

# sound familiar?

Following directions can be difficult for students of all ages and can lead to educators feeling frustrated they have to keep repeating themselves

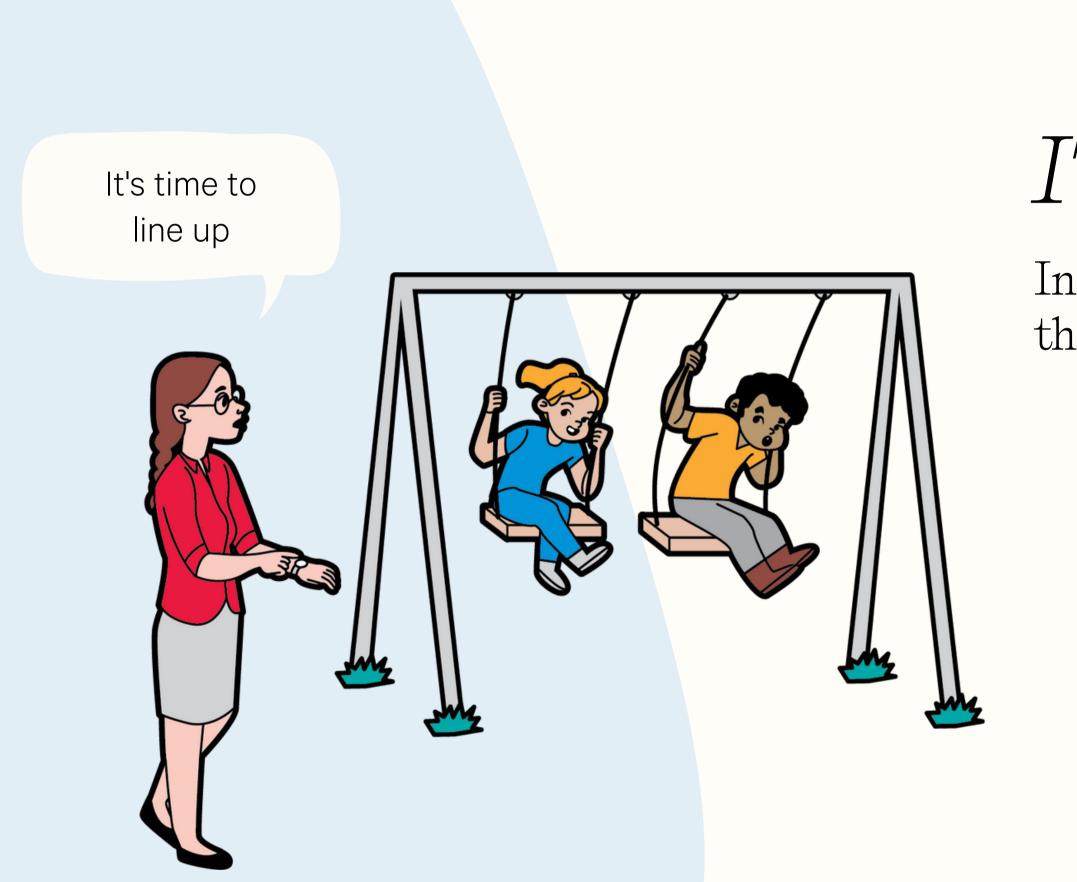
#### I said, it's time go!

# 3 strategies that help make following directions easier!

The Power of Positivity

Providing Choices

Easy, Easy, Hard



# SAMPLE

# I'll demonstrate!

Instead of jumping straight into that hard instruction, try this

Let's see how high you can go! Reach the sky!



# SAMPLE

# I'll demonstrate!



Start with an easy instruction related to their current activity that the student is likely to follow So cool! Now do a big flying jump off!



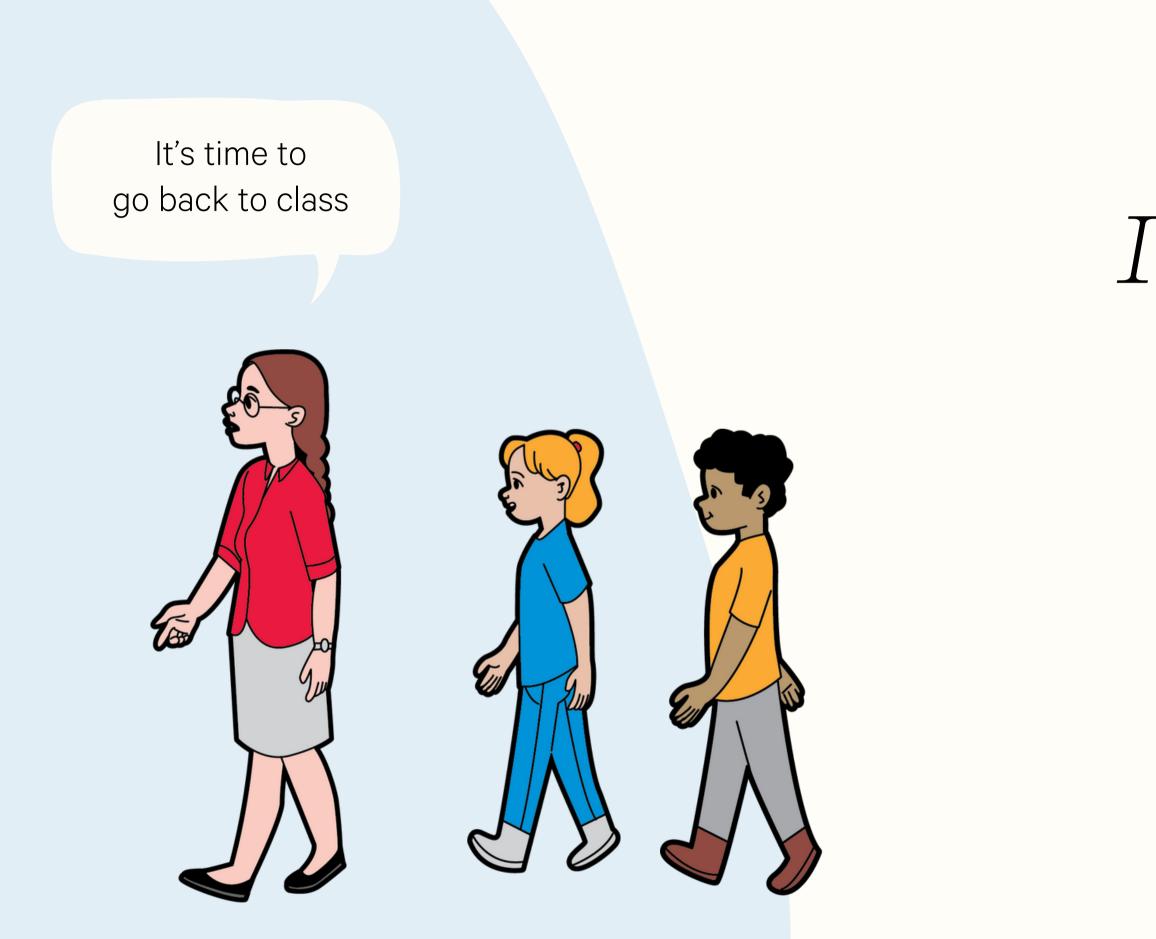
# SAMPLE

# I'll demonstrate!

### ~ Easy

#### ~ Easy

Immediately continue by giving another easy and related instruction



# SAMPLE

# I'll demonstrate!





#### ~ Hard

Now time to give the "hard" instruction of initiating the transition. Make sure to recognize & reward that they listened to this instruction!

# Partner up!

One person will suggest a common "hard" instruction and the other will practice using Easy, Easy, Hard to give the instruction. Then switch!



Sample 2.

The following sample is from a custom live (virtual) staff training for all clinical staff at an ABA agency

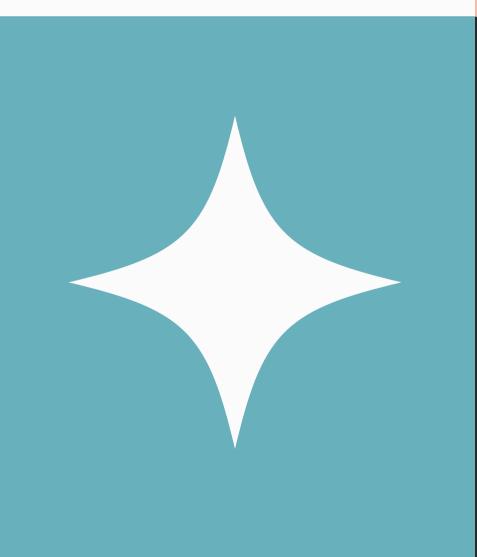
#### Creating Confident Clinicians



#### SAMPLE

Quarterly Staff Training Developed by ABA Visualized

# Creating Confident Clinicians





#### Quarterly Staff Training Developed by ABA Visualized

## HAPPY, RELAXED, & ENGAGED

### Why does confidence matter?

Greg Hanley proposed that learning happens when our clients are happy, relaxed & engaged. It's no stretch to imagine that the most effective teaching happens when you are also happy, relaxed, & engaged!

Your client & their family look to you as a measure of how the session (and thus, learning) is going. It's ok to fake it til you make it!

What are situations in which you may feel less confident in the moment?

## **TRICKY QUESTIONS**

As you are the ones who are most often with the families, building rapport & trust, they may feel most comfortable coming to you with some tricky questions. Let's practice answering some common ones, so you feel confident in your response next time they come up!

Partner with someone near you and role-play the following Q&As. You can try to answer confidently on your own or use the hints provided.



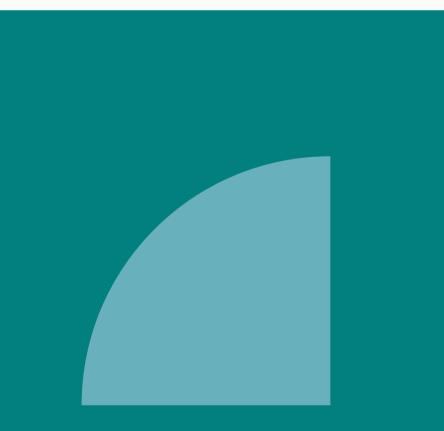
## Do you think my child has Autism? I'm not so sure about their diagnosis..

Hints

- How can you clarify your role, regardless of the child's diagnosis?

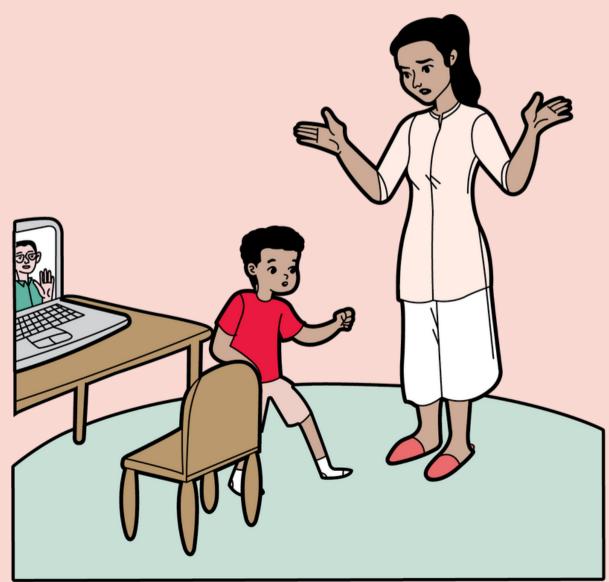
• Who should they talk to about diagnostic concerns?

# Confident Prevention



For many people, challenging behaviors create a feeling of unease and uncertainty. The more we can prevent these behaviors from occurring, the less we have to worry about how to respond!

Next, we will learn & practice two versatile prevention strategies that can be used with every client regardless of age or diagnosis.



## 2. PROVIDING CHOICES

By providing choices within tasks, we offer shared control, allowing our clients to make some of the decisions within the expectation.

Think about how much of a child's day is filled with instructions from other people. Choices help them feel in control, leading to less challenging behaviors! It's time to get ready for dinner! You can set the table first or wash your hands first.





We're almost done with iPad, but next, we can play basketball with brother or go tell Mom 3 things that happened at school today



## **LET'S PRACTICE!**

Think of a typically tricky situation that comes up in one of your ABA sessions. **Role-play** with a nearby partner on how you can provide choices to make this situation go more smoothly.

Bonus: Try to establish motivation as well!

# 3 Step Plan for Confident Responding

## **1** Think

In the moment, determine what they are trying to communicate. What have you been practicing that they should be doing instead?

# 2. Redirect

Validate + support. Help themWhen they use their communication"try again" by showing them howskills, give them what they areto use their communication toasking for! Over time, you will faderequest for what they need.this out, but to start, we shouldreward every communication effort.



# **3.** Reward



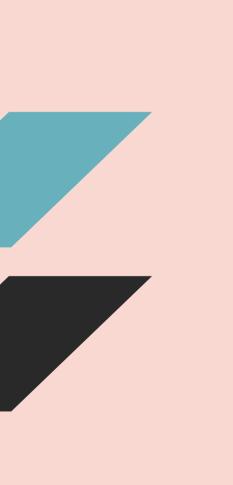
# Your turn! Think, Redirect, Reward

# With a nearby partner, practice using this 3 step plan to respond to the following scenario.

You are working on building your client's tacting skills by labeling pictures together while reading a book. You point to a picture in the book, and your client gets up and runs away.



# Thank you!



Sample 3.

The following sample is from a custom online course created as the onboarding training for all new hires at an ABA clinic. For this project, a custom brand design was also created.

#### Welcome!

An Introductory Guide to Integrative Behavior Analysis

Created in collaboration with ABA Visualized









# Welcome! An Introductory Guide to Integrative Behavior Analysis

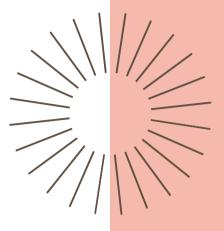
Created in collaboration with ABA Visualized



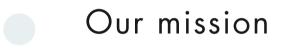
envisioned by Samantha Gosper













Our policies

# SAMPLE

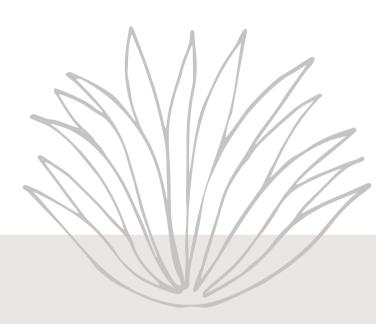
While each client receives individualized care, our shared mission and values are the foundation of all that we do

## What makes Integrative Behavior Analysis different?

## Our collaborative approach

We integrate research from multiple disciplines

We use naturalistic teaching & child-led play



We value a family centered approach  $\delta$ empowering parents

# Uur Services Offered

Which service do you feel most excited about supporting with?

Early Intervention

Ages 2-5

Ages 14-17



Ages 6-13

## Parent Training

All families

At Integrative Behavior Analysis, we focus on altering the environment, not the individual.

We have set up our clinic to provide various spaces for skill-building, play, and quiet self-regulation.

We also believe that our staff play an essential role in creating a positive environment for our clients!



If nearby peers were having a great time singing & dancing but your client started showing signs of feeling overwhelmed or overstimulated, what could you do?

## SHARE YOUR IDEAS!





As we watch this video, look out for ways that the provider creates opportunity for naturalistic teaching & reinforcement

08

# Strength-based approach

Explore these resources to get your client's input on their own strengths!

Character strengths	© 2017 Understood for All, Inc.
8	Color the strips on this page
I am honest and trustworthy.	
I am caring and kind.	
I am helpful at home and do my chores.	
I am sensitive to the needs of others.	
I am loyal.	
I am resilient and keep working on difficult tasks.	
I can work or play on my own.	
I can work or play with others.	
l am eager.	
l am curious.	

## Understanding your own bias

#### A CASE EXAMPLE

Has worked in the field of ABA for over 10 years. Through this, has a long history of being exposed to tantrums and seeing progress in the reduction of these behaviors.

the park.

#### This is her first child and does not see these types of behaviors in her friends' children or with other children when they go to



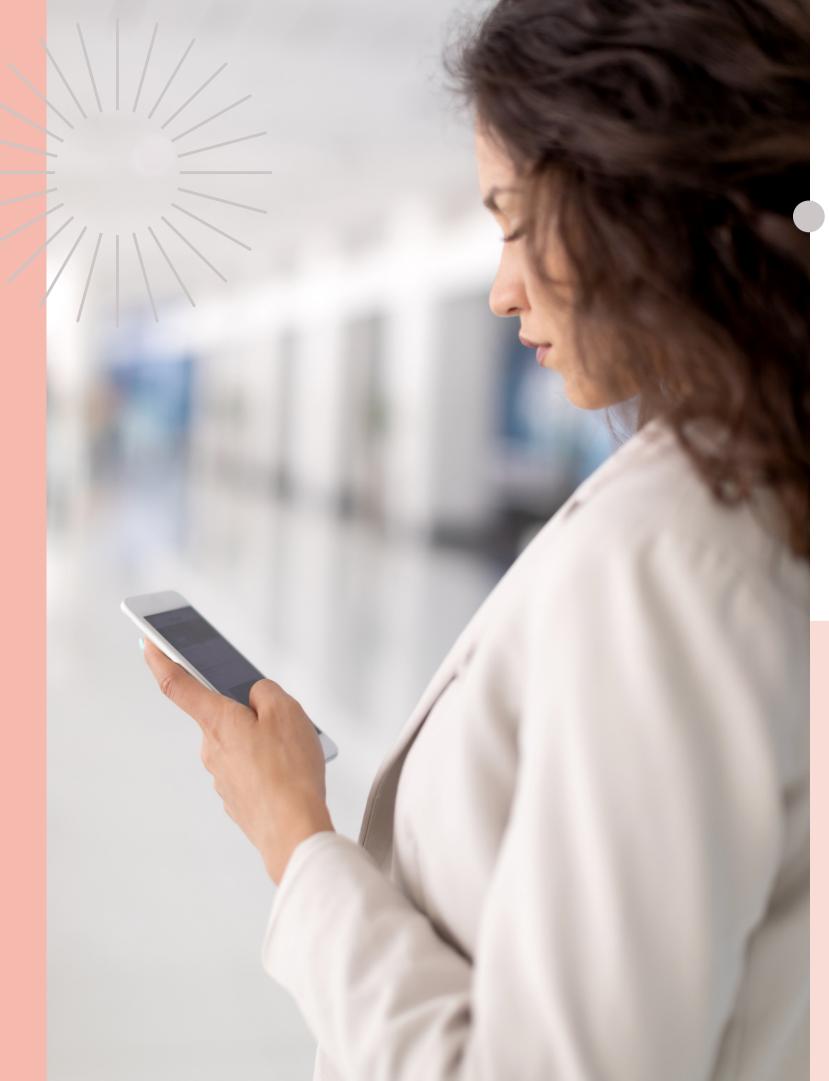
Parent



## TO PROMOTE HIGH-QUALITY CARE



# C O M M U N I C A T I O N



A.

Text or call your supervisor. Note that BCBAs are not available 24/7 at the clinic.

## Who should I contact for urgent matters or emergencies?

# thank you!



## SAMPLE

Sample 4.

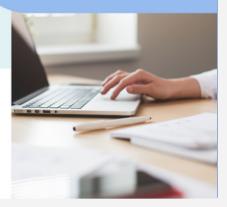
The following sample is from a custom online course created to provide in-house CEU professional development opportunities for all supervisors at an ABA agency

A guide to developing a hands-on, supportive, and productive leadership style

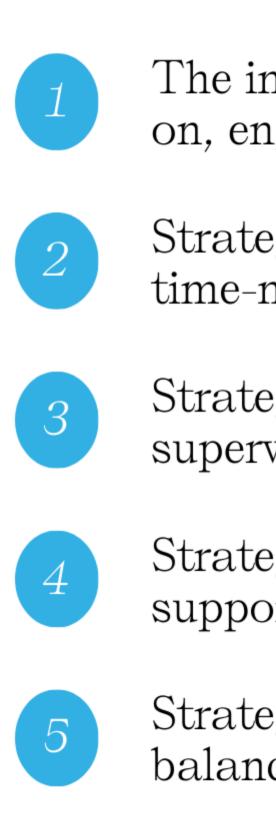
CREATED BY Morgan van Diepen, M.Ed., BCBA ABA Visualized

#### Becoming a Balanced BCBA





### Training Overview



### SAMPLE

The impact of being a handson, engaged supervisor

Strategies for improving time-management skills

Strategies for structuring a supervision session

Strategies for balancing client support & RBT supervision

Strategies for providing balanced feedback to staff

# Being a hands-on, engaged supervisor

After watching that video, let's reflect

While we may feel like we are effective multitaskers, if our attention is focused on our laptops, we are likely missing critical information happening in the session around us.



#### Let's compare two scenarios





## Self-reflect

On your own, complete the linked 15 question survey with your honest selfreflection, then we'll share tips based on your individual results.

#### SAMPLE

How good is your time management?



If you scored yourself lower on #1, 4, 8, 13, 14, 15, you could improve on

Prioritizing

#### Eisenhower's Urgent/Important Matrix

- Write out all of your tasks, however seemingly unimportant
- Review tasks and put it into one of four categories
  - Important and urgent

Priority

- $\circ~\mbox{Important}$  but not urgent
- $\circ~{\rm Not}~{\rm important}~{\rm but}~{\rm urgent}$
- $\circ~{\rm Not}~{\rm important}~{\rm and}~{\rm not}~{\rm urgent}$

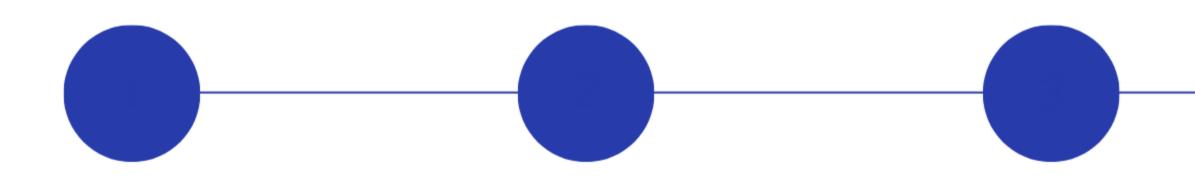


#### Let's practice!

On the sheet provided, as you list out the current tasks you need to complete, practice organizing them by priority. Use this to guide how you allocate your time for the rest of today or throughout the week.

## A supervision session

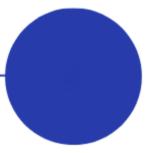
A suggested structure



Come into the session with 3 priorities

Start with asking for a success & challenge Introduce 1 new skill or provide feedback on 1 current skill



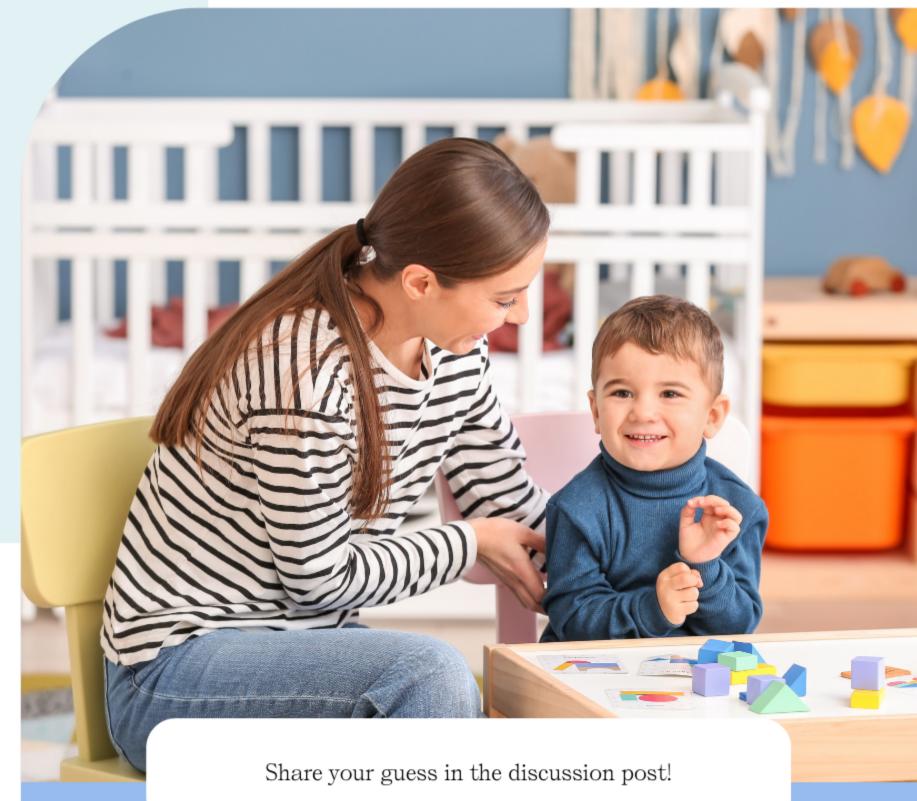


Provide in-themoment feedback & an end of session summary



A look at the research

What is the most effective way to teach new skills during an ABA session?



## A look at the research

In a meta-analysis of 118 peer-reviewed articles that evaluated various training methods, BST was associated with the most consistent improvement in implementation fidelity.

BST: Behavior Skills Training

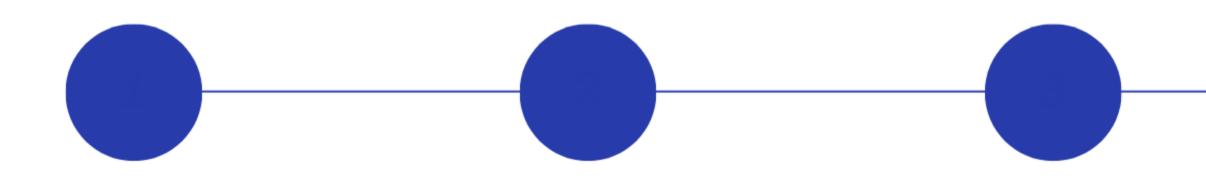


# But is BST always the best?



#### New research suggests using

### The teach-back method



Provide written instructions

Ask questions to check for understanding Clarify & repeat until all are correct

Demonstrate







#### Feedback

A 2023 study found that this led to 100% treatment integrity & took significantly less time than BST

Support, supervision, and social validity

# A balanced approach

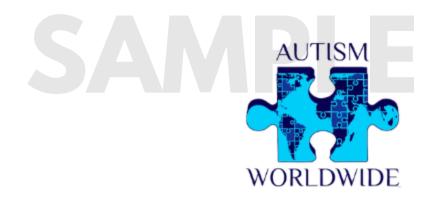
Priority 1

Priority 2

Goal: Teaching strategy: Goal: Teaching strategy:

Goal: Teaching strategy: Goal: Teaching strategy:

Your turn!



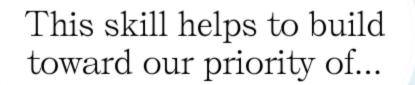
#### Priority 3

Goal: Teaching strategy:

Goal: Teaching strategy:

## Your turn!

Now practice introducing the new client goal to the RBT and to the stakeholder



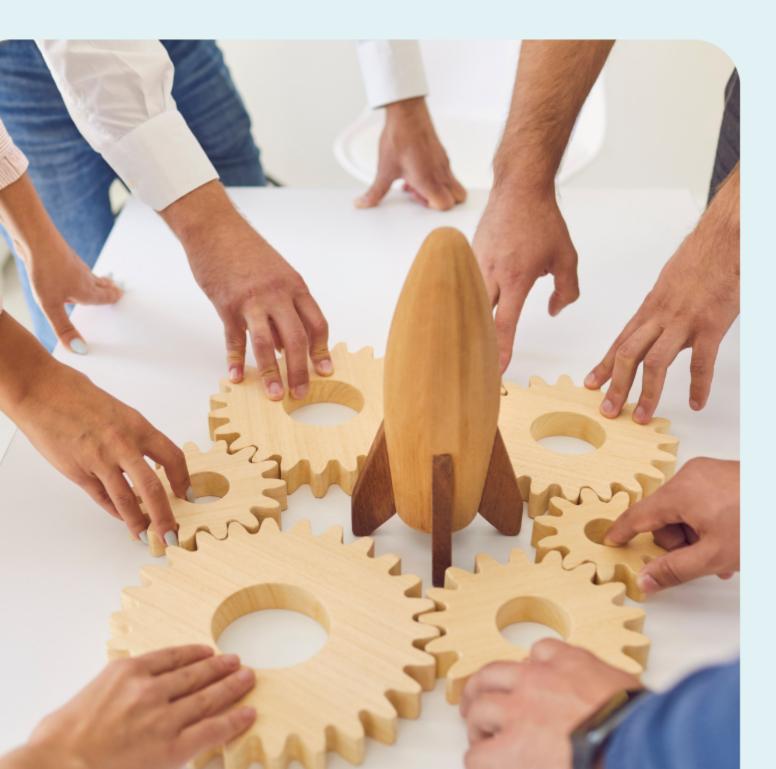
Here's how we're going to teach it & why I've chosen this approach



The better we clearly connect to the larger priorities, the greater the buy-in!

#### Here's how it connects to the RBT Task List

#### Thank you!











#### Let's connect!

Book a <u>free 30 minute consult</u> with Morgan to learn about how we can create a high-quality, engaging custom training for your team!

