

Dried Paddy Straw

Nutrition Facts

Servings per container

Serving Size 1 oz (28.35g)

Amount per serving

Calories **94**

% Daily Value*

Total Fat	0	g	1%
Saturated Fat	0	g	0%
Trans Fat	0	g	
Cholesterol	0	mg	0%
Sodium	13	mg	1%
Total Carbohydrate	15	g	5%
Dietary Fiber	6	g	20%
Total sugars	0	g	
Added sugars	0	g	0%
Protein	8	g	
Vitamin D	3	mcg	13%
Calcium	31	mg	2%
Iron	15	mg	84%
Potassium	907	mg	19%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.