

Boletus Luteus

Nutrition Facts

servings per container

Serving Size 1 oz (28.35g)

Amount per serving

Calories 94

% Daily Value*

Total Fat	1	g	2%
Saturated Fat	0	g	1%
<i>Trans</i> Fat	0	g	
Cholesterol	0	mg	0%
Sodium	9	mg	0%
Total Carbohydrate	19	g	7%
Dietary Fiber	10	g	36%
Total sugars	1	g	
Added sugars	0	g	0%
Protein	2	g	
Vitamin D	24	mcg	121%
Calcium	1	mg	0%
Iron	7	mg	36%
Potassium	822	mg	17%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.