

Dried Agaricus Bisporus

Nutrition Facts

servings per container

Serving Size 1 oz (28.35g)

Amount per serving

Calories 99

	% Daily Value*		
Total Fat	1	g	1%
Saturated Fat	0	g	1%
<i>Trans</i> Fat	0	g	
Cholesterol	0	mg	0%
Sodium	31	mg	1%
Total Carbohydrate	15	g	5%
Dietary Fiber	6	g	21%
Total sugars	0	g	
Added sugars	0	g	0%
Protein	8	g	
Vitamin D	0	mcg	0%
Calcium	1	mg	0%
Iron	6	mg	31%
Potassium	1186	mg	25%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.