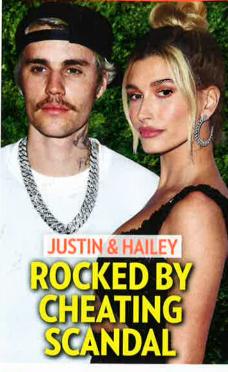
CHILD KILLER'S CHILLING WARNING 'DON'T SET ME FREE'











AUST \$5.30 (inc GST) NZ \$5.30 (inc GST)

SUMMERSKINPREP

Stay ahead of the ageing game with simple preventative steps



REST & REPAIR

Night time calls for some skin R&R. Your face can often feel tight in summer, meaning it's in need of some heavy hydration – but consider your formulas first. If you love your heavy night creams, go ahead, but if you're hating the sticky feeling on a humid night, try lightweight gel formulations and thinner hydrating serums, as these will work harder to penetrate the skin, rather than just sitting on the surface. They'll also give you that instant soothing and refreshing feel after a day in the sun. Something light with vitamin B and hyaluronic acid is the best solution for parched summer skin.



Laneige Water Bank Hydro Gel



2% + B5 Serum priceline.com.au

EASY DOES IT

Medik8

PRESS & GLOW

Daily Exfoliating PHA Tone

ENISON MAS

When it comes to exfoliating this season, we say don't stop iust ease up. The rules are, don't be lax with your SPF and switch to a gentler exfoliator that will still give you that glow. Polyhydroxy acids (PHAs) are next-gen in the acid group and enable a slower, more gradual exfoliation process, meaning they're non-irritating and great for sensitive skin types. Azelaic acid is a great gentle, leave-on exfoliant alternative, too. "Perfect for sensitive skin types, it helps to reduce inflammation, clears pores and stimulates cell turnover," says facialist Jocelyn Petroni. "It's also a pigment inhibitor, so it's excellent for managing dark spots and Medik8 Press & Glow hyperpigmentation in summer."





Ultra Violette SPF 50+ Lean Screen Mineral Mattifying Fragrance Free Skinscreen

Emma Lewisham Skin Reset Pigmentation Correcting Serum



Skinceuticals C E Ferulic Triple Antioxidant Treatment adorebeauty.com.au

PROTEC

Before you slap on your sunscreen, there's another protection step you may want to consider. Antioxidant serums, and those that inhibit pigment, are a great addition to your morning routine to help protect your face against environmental aggressors. Serums with ingredients like vitamin C and E, ferulic acid and extracts like bearberry enhance your skin's protection against UV damage while it brightens, helps prevent and treat hyperpigmentation and tightens the skin.

PROTECT AGAIN

And of course, as we know, the power of sunscreen is indisputable. It's the best anti-ager and hyperpigmentation preventer on the market, so wear it! There aren't any rules, other than to invest in one you'll wear every day. It should be one that's comfortable, suits your skin type – whether you're oily or dry - sits under makeup well and, of course, hydrates and protects with broad spectrum SPF 50+. Here are some newbies that have just hit shelves - and we're already loving ...

Everyday Humans Resting Beach Face Sunscreen Serum SPF 30



Feeling tight, dehydrated and hot? Cool down your skin fast with these new hydrating, cooling and soothing beauty buys. Refrigeration optional!





Replenishing Cream

Davines SU

Aftersun