

CIRCULATION MAXX™

REFLEXOLOGY



USER INSTRUCTION MANUAL



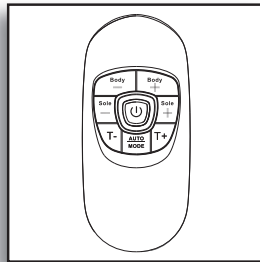
QUICK START GUIDE

PLEASE NOTE - THIS DEVICE DOES NOT VIBRATE - IT USES ELECTRICAL IMPULSES, NOT VIBRATION!

For detailed operation of your Circulation Maxx™ Reflexology please refer to the comprehensive instructions within this manual.

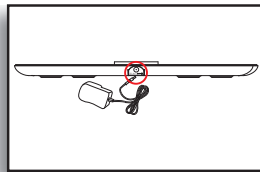
To use Circulation Maxx™ Reflexology immediately, follow this 5-point quick start guide.

1



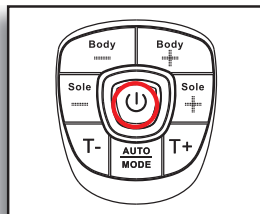
- Remove your Circulation Maxx™ Reflexology from the packaging.
- Take out the Remote Control and remove the screw from the battery enclosure.
- Insert 2 AAA batteries into the compartment as per indication. Then screw up the battery enclosure.

2



- Connect the DC adapter to a suitable mains outlet and plug the small DC socket into the device.

3



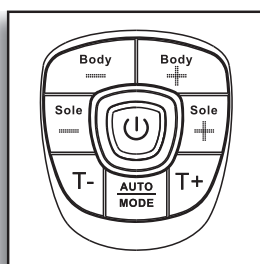
- Turn on the power the central display will light up orange.

4



- Remove your footwear and socks or stockings. Sit in a comfortable chair.
- Both bare feet need to be on the device for it to work. Your left foot on the left foot plate, and your right foot on the right foot plate.

5



- Increase the intensity levels for the foot by pressing the "SOLE+" or to press "SOLE –" to decrease the intensity.
- The intensity level ranges from 0-99, slowly increase the level until you begin to feel the micro-current stimulation.

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SAFETY INFORMATION - PLEASE READ

Danger



This unit must not be used in combination with the following medical devices:

- Internally transplanted electronic medical devices, e.g., pacemakers.
- Electronic life support equipment, such as respirators.
- Electronic medical devices attached to the body, such as electrocardiographs.

Using this unit with other electronic medical devices may cause erroneous operation of those devices.

Warning



Persons with the following conditions must consult the doctor before using this unit:

- acute disease
- malignant tumor
- infectious disease
- pregnancy
- cardiac dysfunction
- high fever
- abnormal blood pressure
- skin sensory disorders or skin problems
- receiving medical treatment, especially those feeling discomfort.



Do not disassemble or remodel this unit.
May cause fire, trouble, or accident.



Do not use this unit near the heart, above the neck, on the head, around the mouth or on diseased skin.

May cause an accident or ill health.

Application of electrodes near the thorax may increase the risk of cardiac fibrillation.

Do not use this unit simultaneously with other therapeutic device or in combination with ointments including spray type ointments.

May cause discomfort or ill health.

Simultaneous connection of a PATIENT to a h.f. surgical EQUIPMENT may result in burns at the site of the STIMULATOR electrodes and possible damage to the STIMULATOR.

Operation in close proximity (e.g. 1 m) to a shortwave or microwave therapy EQUIPMENT may produce instability the STIMULATOR output.

Do not use this unit for purposes other than treatment indicated in this manual. May lead to accident, problems, or failure of the unit.

Do not insert the electrode cord plug into any place other than the electrode cord jack of the main unit. May cause an electric shock.

Caution



If the unit is not functioning properly or you feel discomfort, immediately stop using the unit.

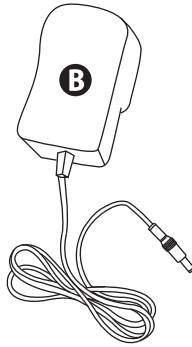
If you feel any problems with your body or skin, consult the doctor and follow his/her instructions.

If you want to move the Electrode Pad to another region or your body during treatment, be sure to turn off the power. If not, you may receive a strong electrical shock.

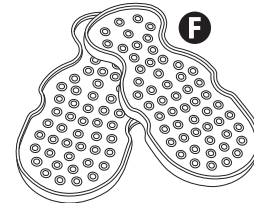
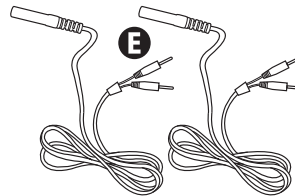
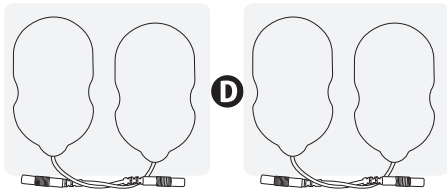
Do not try to attach the Pads to any other person during the treatment. You may receive strong electrical shock.

Do not start treatment while wearing an electronic device. The settings and timings of the device may be affected.

MACHINE OVERVIEW AND PART NAMES



A	Main Unit
B	AC Power Adapter
C	Remote Control
D	Electrode Gel Pad x 4 pcs.
E	Wire cable connecting the Electrode gel pads
F	Plastic Protector of Gel pads

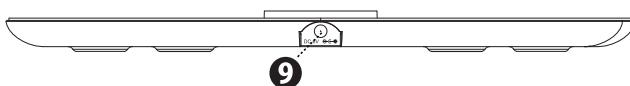


Front View

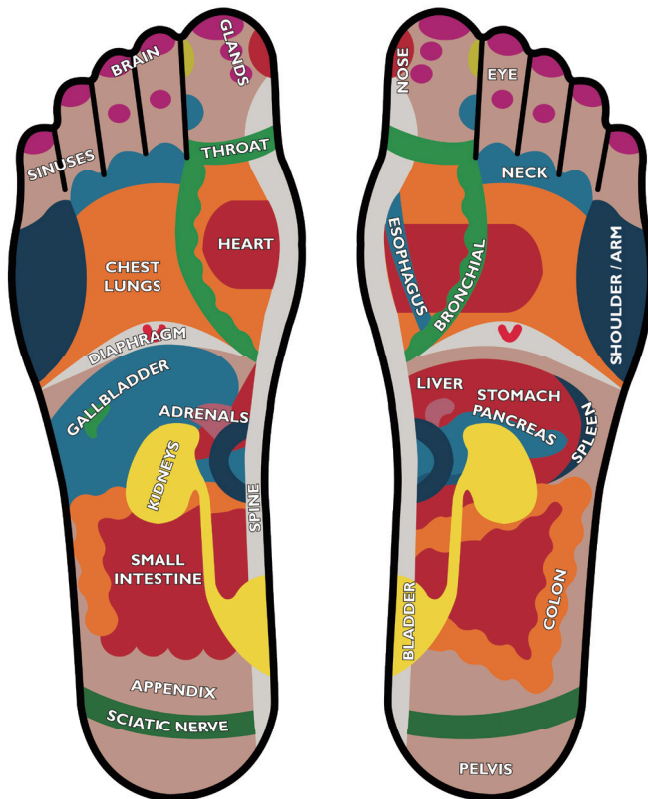


1.	LCD display screen
2.	Control Panel
3.	Electro Pedal for Left Foot
4.	Electro Pedal for Right Foot
5.	Gel pad Jack A
6.	Gel pad Jack B
7.	Remote control receiver sensor
8.	Decoration nod
9.	AC jack for the adapter

Side View



REFLEXOLOGY FOOT MAP



How Does Reflexology Work?

Reflexology claims to work on the theory of Qi (pronounced Chee). This is an invisible energy field and life force that flows through the body. The theory is that if your Qi is disrupted by stress, injury, illness or congestion then the body becomes unbalanced, unable to heal itself, leading to pain.

Reflexology aims to remove any blockages and allow Qi to flow freely through the whole body until a state of balance, known as homeostasis. By stimulating areas on the reflexology foot chart, reflexologists improve the flow of energy to the linked body part. It may allow a deep state of relaxation which enables the body to heal itself. Reflexology also produces endorphins, chemicals which help to reduce pain and stress.

The Reflexology Foot Map Explained...

Imagine a map of your whole body projected onto your foot - that is essentially what a reflexology foot map is. Each part of the body is represented on a certain part of one or both feet.

One reflexology foot chart may look slightly different to another, but each of the organs and body parts will be represented in similar positions. Some reflexology foot maps are more detailed than others which accounts for many of the differences.

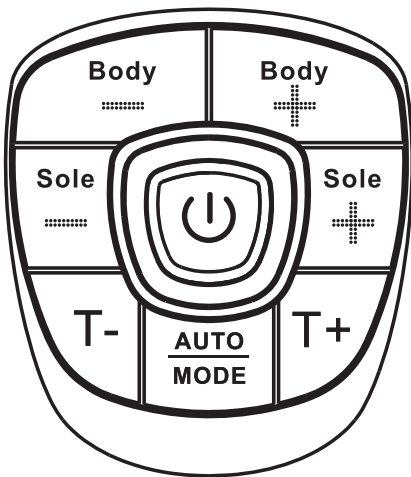
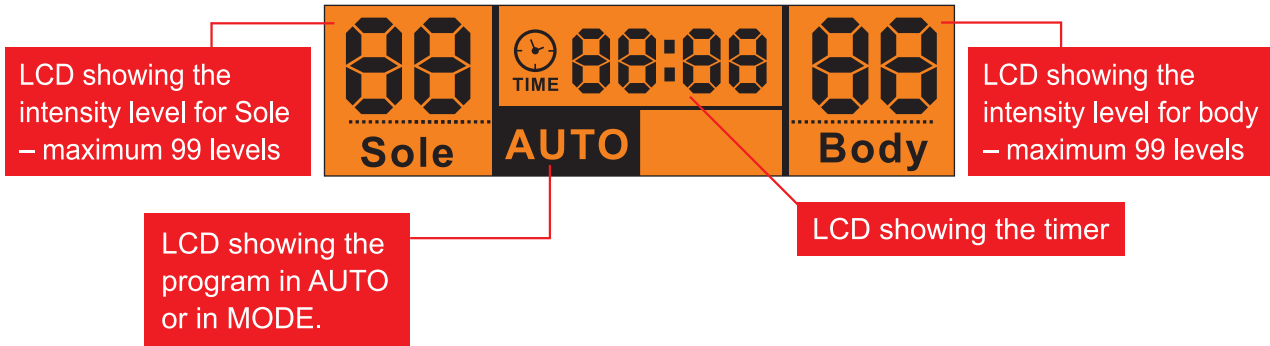
Health Benefits Of Reflexology...

- Balance Energy, the flow of Qi throughout the body
- Improve Circulation, of blood, nutrients and nerve signals
- Improve Health, boost the immune system
- Promote Healing
- Cleanse The Body, from various toxins
- Release Endorphins, chemical which help to reduce pain and stress
- Promote Relaxation

What Do Reflexologists Say?

Reflexology is becoming increasingly popular as it is considered to be a safe, non-invasive, natural treatment, without the need for drugs or chemicals. It is also easy to learn the techniques and self-apply almost anywhere, anytime, all you need is some simple instruction and a reflexology foot chart.

FUNCTION OF CONTROL PANEL

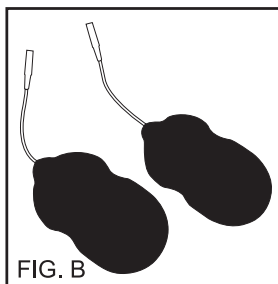


	ON/OFF switch button
BODY -	Decrease the output intensity of body (Available from 1 - 99 levels)
BODY +	Increase the output intensity of body (Available from 1 - 99 levels)
SOLE -	Decrease the output intensity of Sole (Available from 1 - 99 levels)
SOLE +	Increase the output intensity of sole (Available from 1 - 99 levels)
TIME -	Decrease the operation time (available from 1-60 minutes)
TIME +	Increase the operation time (available from 1-60 minutes)
AUTO/MODE	Auto - is the preset program with 14 pattern in cycle running for Foot and 10 pattern in cycle running for body Mode - user can fix the program to the exiting massage pattern on the rest of the time

Electrode area of the unit and gel pad



On the device the black colour area on the device which is the electrode area for the sole. (see. the fig. A)



On the gel pad, the black colour area on the sticky part is the electrode area for the body, size is 5cm x 9 cm. (see. the fig. B)

How to Operate

For Foot – SOLE

Tips: In order to increase the conduction, apply Circulation Maxx™ Reflexology Foot gel on your sole.

1. Place both bare feet onto Circulation Maxx™ Reflexology Electrical Stimulator (do not wear socks).
2. Press the on/off button, the LCD screen will light up in Orange. And the program will show AUTO and both numbers will show 00, meaning the machine is in standby mode. (See Fig. 1)
3. Gently increase intensity setting by pushing the button of “SOLE +”. Or decrease intensity setting by pushing the button of “SOLE -”. The intensity level is adjustable between 0 and 99. The LCD display will show the selected level. (See Fig. 2)
4. You can adjust the auto off timer by pressing the “Time – “or “Time +”. Timers range from 1-60 minutes. To terminate the massage period, user can turn off the unit anytime by pressing the on/off button once. The timer will start to count down from your chosen time setting. (see Fig.3)
5. If the current massage program you are using is satisfactory, then you can lock the program in place by pressing the Auto/Mode key. This will make the rest of the current massage timer run only on the selected setting. (See. Fig. 4)

IMPORTANT INFORMATION:

- A. THE AIM IS NOT TO GET UP TO LEVEL ‘99’.
- B. CHOSE AN ITENSITY LEVEL THAT IS COMFORTABLE FOR YOU! THIS LEVEL MAY VERY FROM DAY TO DAY.
- C. REMEMBER TO DRINK PLENTY OF FLUID – IF YOU ARE DEHYRDATED, THIS WILL REDUCE THE EFFECTIVENESS OF THE DEVICE
- D. IF YOU HAVE DRY FEET – MOISTURISE THEM GENEROUSLY WITH CIRCULATION MAXX™ REFLEXOLOGY GEL FOR OPTIMAL RESULTS

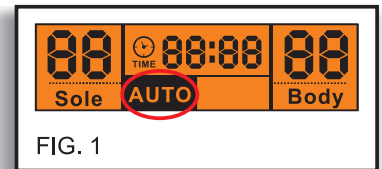


FIG. 1

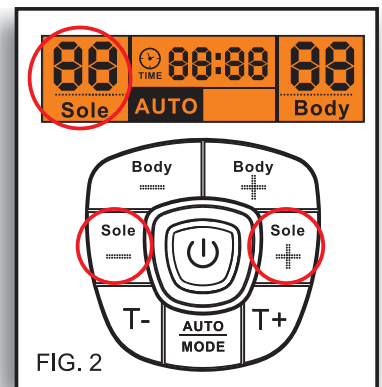


FIG. 2

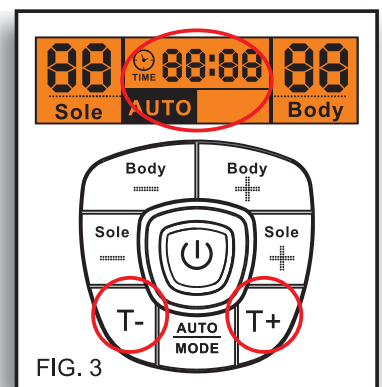


FIG. 3

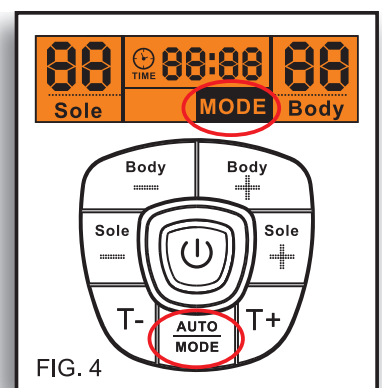


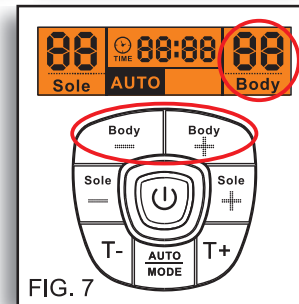
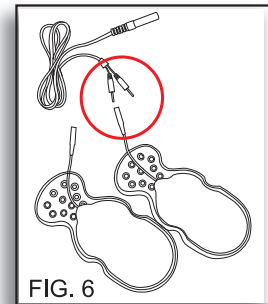
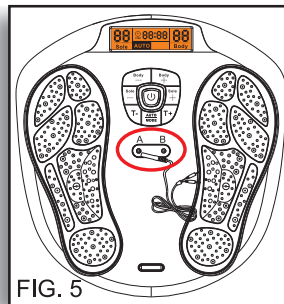
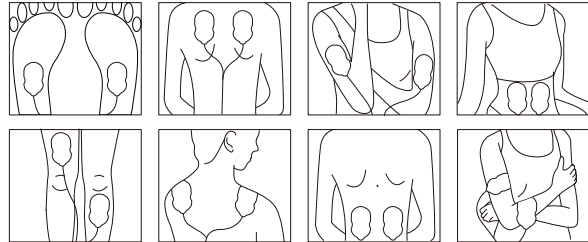
FIG. 4

For Body

USING THE GEL PADS

Wash and dry skin before use. Connect the output wire to the gel pads. Connect the other end of the output wire to the output jack on Circulation Max. Remove the protective film from the adhesive pads. Attach the gel pads to the skin. Press the on/off button to turn on the unit and adjust the stimulating output intensity to the desired level. (The display will show the mode and level that you selected and start to count down).

1. Plug in the 2 cables into the cable jack on the unit. (See Fig. 5)
2. Connect pin of the cable to the gel pad properly. (See Fig.6)
3. Remove the protective film on the gel pad. All four gel pads to to the area of the body you wish to treat.
4. Repeat operation as in foot instructions, adjust the intensity for use on the body.
5. Gently increase intensity setting by pushing the button of "Body +". Or decrease intensity setting by pushing the button of "Body -". The LCD will also show the level which you have selected (see Fig. 7).

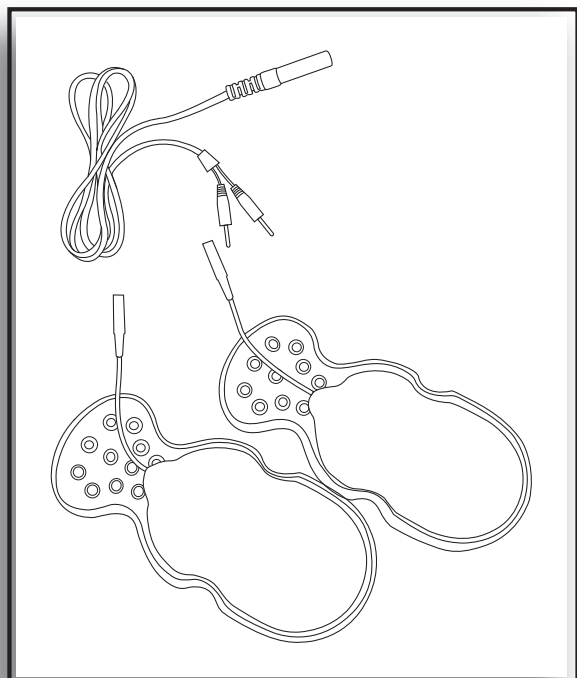


⚠ CARE OF YOUR GEL PADS

Never stick two adhesive pads to each other. Keep the adhesive gel pads clean, never expose them to high temperature or direct sunshine. If the electrode gel pads are insufficiently adhesive or dirty, wipe with a wet cloth or change for new ones, replacement parts will be available directly from Vytaliving or your distributor.

😊 **Do not clean the electrode gel pads with any chemical.**

ALWAYS try and protect the gel pads store the gel pads on the gel pad protector when not in use, as in the illustration.



TROUBLESHOOTING

Troubleshooting & Maintenance

Problem	Cause	Rectification
Device will not turn on.	<ul style="list-style-type: none"> - Batteries inserted in wrong direction. - The adapter is not plugged well into device properly. 	<ul style="list-style-type: none"> - Insert batteries in correct direction or check the battery is fully powered. - Check the connection of the adapter jack is in well connected. And also the DC adapter with well connecting to the main socket.
Power turns off too soon	<ul style="list-style-type: none"> - Gel pads not attached correctly to the skin. 	<ul style="list-style-type: none"> - Attach Gel pads correctly to the skin
Power turns off while using massager	<ul style="list-style-type: none"> - if you are using the batteries operation, then the batteries could be weak/exhausted 	<ul style="list-style-type: none"> - Fit two new identical 1.5V alkaline batteries type AA
	<ul style="list-style-type: none"> - Treatment period of 30 minutes is over and power turns off automatically 	<ul style="list-style-type: none"> - Restart treatment or turn off the massager.
	<ul style="list-style-type: none"> - if you are using the body massage, the electrode gel pad may broken 	<ul style="list-style-type: none"> - Replace electrode gel pad
It is difficult to attach Gel pad to the skin	<ul style="list-style-type: none"> - Transparent film not peeled off 	<ul style="list-style-type: none"> - Peel off film on the adhesive surface of Gel pad
	<ul style="list-style-type: none"> - Gel pad applied immediately after washing 	<ul style="list-style-type: none"> - Sufficiently dry Gel pad
	<ul style="list-style-type: none"> - Adhesive surface of Gel pad damaged 	<ul style="list-style-type: none"> - Replace Gel pad
	<ul style="list-style-type: none"> - The gel pads get dirty and lost their adhesive/stickiness 	<ul style="list-style-type: none"> - Replace Gel pad or clean the gel pad with a small drop of water onto the sticky side of the electrode pad and rub into the surface
Adhesive surface of Gel pad is sticky	<ul style="list-style-type: none"> - Use of Gel pad during perspiring 	<ul style="list-style-type: none"> - Leave Gel pad in freezer for overnight
	<ul style="list-style-type: none"> - Gel pad washed too long and/or too frequently 	
	<ul style="list-style-type: none"> - Gel pads stored under high temperature, high humidity, direct sunshine 	
It is difficult to feel stimulation	<ul style="list-style-type: none"> - The soles of the feet are too dry and need to be moisturized. 	<ul style="list-style-type: none"> - Apply circulation maxx gel to the feet to ensure they are adequately moisturized.
	<ul style="list-style-type: none"> - The sole of the foot is not placed on the foot pad properly 	<ul style="list-style-type: none"> - Ensure both of your feet are placed on each pedal properly.
	<ul style="list-style-type: none"> - Gel pads not attached correctly to the skin 	<ul style="list-style-type: none"> - Attach Gel pad firmly to the skin
	<ul style="list-style-type: none"> - Gel pads overlap each other 	<ul style="list-style-type: none"> - Reattach Long Life pads with no overlap
	<ul style="list-style-type: none"> - Electrode cord not connected correctly 	<ul style="list-style-type: none"> - Connect electrode cord correctly
	<ul style="list-style-type: none"> - Applied intensity too weak 	<ul style="list-style-type: none"> - Increase the intensity by turning the dial switch
The skin turns red or the skin feels irritated	<ul style="list-style-type: none"> - Adhesive surface of Gel pads dirty or dry 	<ul style="list-style-type: none"> - Wash adhesive surface of Gel pads softly with your fingertips for about 3 seconds under slow running water
	<ul style="list-style-type: none"> - Adhesive surface of Gel pads damaged 	<ul style="list-style-type: none"> - Replace Gel pads

Hygiene

After using the product

- Clean the device with a soft, damp cloth but make sure to squeeze the cloth dry and then clean the foot pedal area.
- Store the Electrode Gel pads on the plastic pad protectors provided.

Storage

Keep the whole set of products clean and storage in a dust free and dry location under the condition

Storage temperature and humidity	-10°C to 60°C, 10% to 95% RH
Operating temperature and humidity	-5°C to 50°C, 30% to 90% RH

TECHNICAL SPECIFICATIONS

Product Name	Circulation Maxx™ Reflexology	
Model	BE686	
Power supply	6V DC or 4x1.5V alkaline batteries type AA* for the main unit 2x1.5V alkaline batteries type AAA* for the remote control	
Supplier of Adapter	Guangdong Keerda Electrics Co. Ltd.	
Model no. of Adapter	DZ006EHL060050B	
Adapter Input	AC 100-240V~50-60Hz 0.1A	
Adapter Output	DC 6V 500mA 3.0W	
Battery life	>350 minutes	
Frequency generation	Approx. 10 Hz to 55.56 Hz	
Power consumption	1.05 W	
Maximum Output Voltage	U<54.8V (during 1 kΩ load)	
Maximum Output Current	I<910 μA (during 1 kΩ load)	
Operating temperature and humidity	-5°C to 50°C, 30%to 90% RH	
Storage temperature and humidity	-10°C to 60°C, 10% to 95% RH	
Main unit dimensions	338(L) x 324 (W) x 48(H) mm	
Weight Approx.	950 g	
Package Contents	Quantity	Parts
	1	Circulation Maxx™ Reflexology
	1	AC/DC Adapter
	1	Remote Control
	2	Cable Wire for Electrode Gel pads
	4	Electrode Gel pads
	2	Plastic Gel pads protector
	1	Instruction manual
	Accessories: <ul style="list-style-type: none"> • Only use original accessories. If user use of other parts or materials can degrade minimum safety. • Check that the contents of the delivery are complete. 	

*Batteries are not included

CIRCULATION MAXX™

REFLEXOLOGY



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