

**Bioenergiser Circulation
Foot Pad with EMS.
USER MANUAL**

PLEASE READ CAREFULLY THIS INSTRUCTION BEFORE USING THE PRODUCT

PRODUCT INTRODUCTION

Tri-Gear Foot Pad is an EMS training system to massage feet effectively. It will relax and massage the vital points of your feet effectively. All in just 20 minutes a day.



PRECAUTIONS FOR USE

READ THE FOLLOWING CAREFULLY BEFORE USING THE PRODUCT.

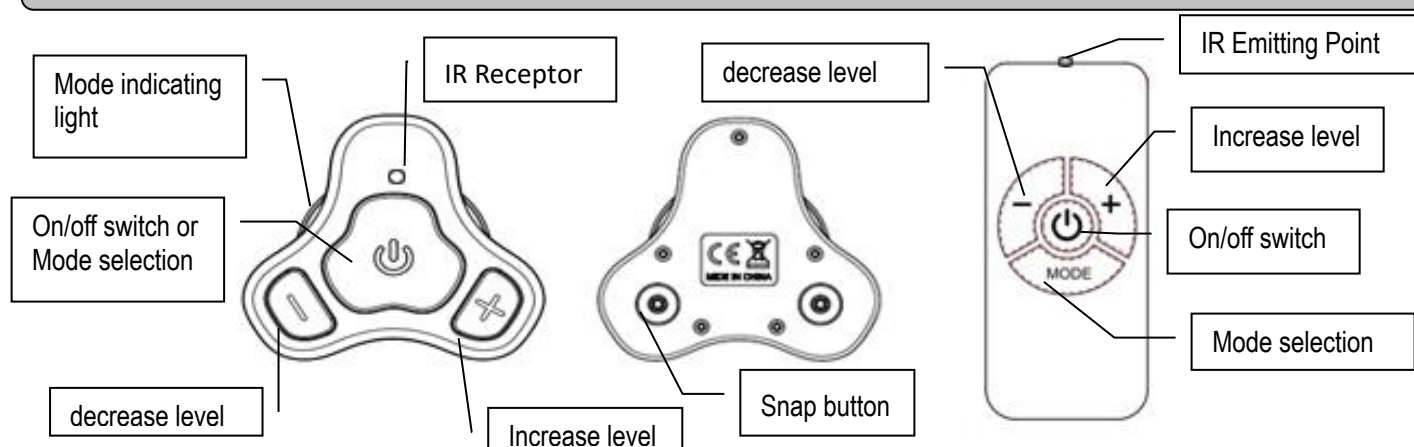
- Never use damaged, deteriorated or dirty gel pads, otherwise it may make you feel pain/ burned.
- Always make sure gel pads well contact with the electrodes when using. If the electrode touches the skin directly, it may be painful or get burned.
- Attach the product to the area it will be used and then turn the power on.
- When you are done using it, turn the power off before removing it from your body.
- If you sense something abnormal with your skin or body, stop use immediately and consult your doctor. Not doing so may result in an accident or poor health.
- Using the product at a very high level or for a long time may cause muscle fatigue, tingling and/or redness on your skin.
- Keep electronic devices, such as wristwatches, pedometers, cell phones, etc., away from your body during use. Not doing so may result in malfunction of the electronic device.
- During use, do not use items like body cream or lotion. Doing so may reduce adhesion.
- Electro Gel Pad adheres to skin better if the hair in the area has been removed. However, do not use on the day the hair was removed.
- Do not heat or cool the product before use, as doing so may deform it. Also do not use in a manner that subjects the product to sudden changes in temperature, such as pouring hot water on it, using it in a sauna, etc.
- Clean the area where it will be used.
- The product is not waterproof. Do not use in a location that is high humid or where water may get on it.

THE SET INCLUDING




1. 1 x Tri-Gear main device
2. 1 x Foot Pad
3. 1 x USB cable
4. 1 x Remote control
5. 1 x CR2025 battery
6. 1 x Drawstring nylon bag



KNOW YOUR TRI-GEAR DEVICE & REMOTE CONTROL

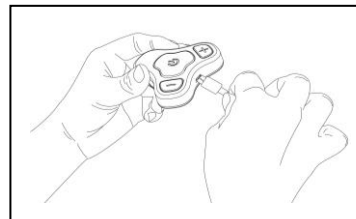


FUNCTION OF THE KEY ON MAIN UNIT

	On / Off switch : <ul style="list-style-type: none"> ➤ Press and hold for 2 seconds to Turns on the unit ➤ Press and hold for 3 seconds to turns off the unit ➤ Press once to Program Select, 5 program for selection (for main unit only) press the "MODE" on remote control to select different programs.
	Intensity Increase button + : To increase the output intensity level. Max. 10 Levels for selection.
	Intensity Decrease button - : To decrease the output intensity level. Max. 10 Level for selection.

HOW TO RECHARGE THE BATTERY

- Take out the supplied USB cable and plug the micro USB end to the USB charging plug of the device located at the bottom of it.
- And the other end of USB plug should plug into 5V USB plug. And make sure that the input current is not over 2A. Otherwise too high voltage will damage the micro-processor & circuit of the main device.
- Then the Indicating LED will light up in red during charging, and the LED light will light up in blue after full Charge.
- Charge for 1 hours can work for 1 hour continuously. If you found no response when pressing the On/Off button for more than 2-3 seconds, the battery may be too low to operate the unit. You need to recharge the battery in order for use.



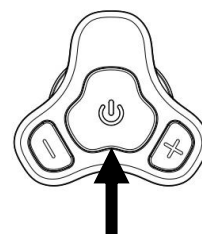
HOW TO USE

1. Wipe the PU surface of the foot pad with dry cloth to remove the dust before you affix the Tri-Gear main device after fully charged to the pad.
2. Make sure your feet is clean before start to do the EMS massage. Make sure the feet are completely in touch the pad.
Tips: In order to increase the conductivity of your sole, You can apply water or water base gel on your sole.
3. Connect the fully-charged Tri-Gear main device on the front-side of silicon pad with the metal snap buttons.
4. Press and hold the On/Off button for 2 seconds to turn on the device, and the indicating light will be light up in green.
5. When using remote controller, please target the IR emitting point to the IR receptor in main unit. (within 1 meter distance). Then you can adjust the operation by pressing corresponding buttons. (Please install button battery before using remote control)
6. There are a total of 10 EMS intensity levels (1 to 10) of each mode. Then press the Intensity Increase (+) & Intensity decrease (-) button to adjust the intensity of the massage level.
7. The device has built-in 20 minutes auto timer, once the intensity selected, the device will be auto count down, and will be auto off after 20 minutes.
8. After treatment is done, please make sure the main device is in off status.
9. Please uninstall the main device if you do not continue the treatment.

Reminder:

1. **Device with protection function. If you turn on the unit without skin touching on the pad within 2 seconds, the device will be off automatically.**
2. **When the battery voltage less than 2.4V, the red light will blinking for 5 seconds and auto off, to remind you to charge the battery.**

Program	Light Color of Indicating LEDs (Flashing Light Cycle)	Purpose
1	Green	Relaxing
2	Purple	Soothing
3	Yellow	Calming
4	Blue	Kneading
5	White	Shiatsu



Suggest to increase the intensity by gradually, in order to feel which intensity level is suitable for your need. For first use, using weakest level is recommended.

3. **Use the weakest level when first use. Then adjust the intensity level slowly up to your desired level.**
4. **Keep the protecting PVC sheet and put back the PVC sheet on top of the gel pad after use, in order to keep clean of it for next time using.**
5. **Do NOT peel off the gel pads affixed to the electrode sheets until you replace it with a new one.**

PRODUCT SPECIFICATION

Product Name	Tri-Gear Foot Pad
Power supply	Rechargeable Built-in Lithium Battery 3.7V
Power supply for the remote control	1xCR2025 button cell
Auto timer	20 minutes
Frequency Generation	1Hz—33.3Hz
Maximum Output Voltage	86 V(1K load resistance)
Maximum Output Current	35 mA (1K load resistance)
Power Consumption	105 mW
Waveform Style	Bi-phase
Main Unit Dimensions	65 x 62 x 17 mm
Foot Pad Size	650 x 55 mm
Battery Life	Work for 1 hour upon full charge 1 hour

MAINTENANCE

Main Device

- Always keep clean the main device, by using a dry and soft cloth to clean the surface of the unit.
- Do not spill liquid on the device or immerse the device in water.
- Keep the product in a cool, dark place but NOT hot or humid location.
- Do not clean with chemicals.
- Keep out of the reach of children and pets.

Foot Pad

- Always keep clean the foot pad, by using a dry and soft cloth to clean the surface of the pad
- Do not spill liquid on the pad or immerse the pad in water.
- Keep the product in a cool, dark place but NOT hot or humid location.
- Do not clean with chemicals.
- Keep out of the reach of children and pets.

TROUBLE-SHOOTING

Problem	Cause	Rectification
No Response The device blinking	- Low in Battery - Low in Battery	- Charge the Battery - Charge the Battery
There is no feeling after turn on the unit	- Poor skin conductivity - Too low intensity for you	- Use water based gel on conductive area and place pad directly onto skin - Increase the intensity level gradually.
The light is off after use for 2 seconds	- No or Poor skin contact	- Use water based gel on conductive area and place pad directly onto skin - Check that unit is connected firmly with both connectors to the pad - Check if the feet are directly contact with pad
Indicating LED in normal but feel nothing	- Intensity set to low level - Poor skin conductivity - Used gel is not water-based - Pad is worn or has oil deposits - Battery is low	- Increase the intensity level gradually - Put more water based gel between pad and skin - Read label on the gel that you use. Make sure you find "water" or "aqua" on it. - Clean pads with dry cloth/ tissue - Recharge Battery
All buttons do not work well.	- Microprocessor hang up - Battery is low	- Restart the unit 1 minute after turned off. - Recharge the battery
No Response With remote control operation	- Low in Battery	- Change the new battery of the remote control

