Family Reflection Questions

This Past Year

Name 3 new things you learned in 2023...

What are two adventures you enjoyed?

What is something you did to help someone...

Name 3 things you are grateful for this year...

What was something challenging you experienced this year?

What are two things you enjoyed doing as a family?

What is something you did really well this year?

What were your most valuable relationships this year?

How did God show up in your life?

What is one hard lesson you learned?

What made you feel really alive and happy this year?

This Upcoming Year

What do you want to do less of as a family?
What do you want to do more of as a family?
What are two new things you want to learn or try?
What advice do you have for your parents?
What new skill do you want to learn this year?
Is there a word you are hearing from God about your year?
Name 3 goals you have for yourself and write them down!