



DIETARY SUPPLEMENT

**Methyl B<sub>12</sub>**  
5,000 mcg

60 tablets

## Supplement Facts

Serving Size 1 Tablet

Servings Per Container 60

Amount Per Tablet	% Daily Value	
Vitamin B <sub>12</sub> (as methylcobalamin)	5,000 mcg	208,333%

Other ingredients: Xylitol, mannitol, silicon dioxide, vegetable stearine, L-leucine, croscarmellose sodium, natural cherry flavor, citric acid, and magnesium stearate.

Distributed by:  
**GI Pro Health**  
PO Box D-2  
Fairhaven, MA 02719  
1-877-219-3559  
[www.giprohealth.com](http://www.giprohealth.com)

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, and soybeans. Contains no artificial colors, flavors, or preservatives.

**Suggested Use:** Dissolve 1 tablet daily in the mouth before swallowing or as directed by a healthcare professional.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. **KEEP OUT OF REACH OF CHILDREN.**

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

