



DIETARY SUPPLEMENT

**Vitamin D<sub>3</sub>**  
125 MCG (5,000 I.U.)

100 capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 100

Amount Per Capsule		% Daily Value
Vitamin D <sub>3</sub> (as cholecalciferol)	125 mcg	625%

Other ingredients: Microcrystalline cellulose, vegetarian capsule (hydroxypropyl methylcellulose, water), L-leucine, and silicon dioxide.

Distributed by:  
**GI Pro Health**  
PO Box D-2  
Fairhaven, MA 02719  
1-877-219-3559  
www.giprohealth.com

**Caution:** Not intended for use by infants or children. If you are pregnant, nursing, have a medical condition (including hypercalcemia), or taking prescription drugs, consult your physician before using this product. **It is recommended that individuals taking 100 mcg (4,000 IU) or more vitamin D per day have their vitamin D blood levels monitored.** Do not exceed recommended dose. KEEP OUT OF REACH OF CHILDREN.

**Free of the following common allergens:** milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and yeast. Contains no artificial colors, flavors, or preservatives.

**Suggested Use:** Adults: 1 capsule daily with food or as directed by a healthcare professional.

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

