



DIETARY SUPPLEMENT

B-Complex Plus

100 capsules

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 100

Amount Per Capsule	% Daily Value	
Thiamin (as thiamin HCl)	15 mg	1250%
Riboflavin	17 mg	1308%
Niacin (as niacinamide)	200 mg	1250%
Vitamin B ₆ (as pyridoxine HCl)	20 mg	1176%
Folate (as Metafolin®‡ calcium L-5-methyltetrahydrofolate)	680 mcg DFE (400 mcg)	170%
Vitamin B ₁₂ (as methylcobalamin)	6 mcg	250%
Biotin (D-biotin)	300 mcg	1000%
Pantothenic Acid (as calcium D-pantothenate)	100 mg	2000%
Choline (as choline bitartrate)	25 mg	5%
Inositol	40 mg	*
<i>para</i> -Aminobenzoic Acid	25 mg	*


*Daily Value not established.

Other ingredients: Vegetarian capsule (hydroxypropyl methylcellulose, water), microcrystalline cellulose, and ascorbyl palmitate.

Distributed by:
GI Pro Health
PO Box D-2
Fairhaven, MA 02719
1-877-219-3559
www.giprohealth.com

Free of the following common allergens: milk/casein, eggs, fish, shellfish, tree nuts, peanuts, wheat, gluten, soybeans, and corn. Contains no artificial colors, flavors, or preservatives.

Suggested Use: 1 capsule daily or as directed by a healthcare professional.

‡Metafolin® is a registered trademark of Merck KGaA, Darmstadt, Germany 

Do not use if shrinkwrap is broken or missing. Store in a cool, dry place (59°F-85°F) away from direct light. KEEP OUT OF REACH OF CHILDREN.

Produced under a strict quality management system in compliance with Good Manufacturing Practices (GMPs) and third-party quality certifications.

