

When making your food selection at our buffet, each item has labels like the following:



Our labels indicate the following allergens & information:

ORGANIC 90% or more of the dish is organic

Most items are **GLUTEN-FREE** or skip foods labelled **GLUTEN** if you are avoiding gluten

Many options are **VEGAN** or are marked **DAIRY** **EGG**

Nuts are listed **PEANUT** but if you have severe allergies, please speak to the kitchen staff

SESAME **ALMOND**

GMO-free **SOY** includes tofu, tempeh, edamame, tamari, or soy milk