

Our Sommerfly Sleep Tight™ Weighted Blankets are wonderful for providing the deep pressure touch sensation. If your child has never used one before or is slow to warm up to new things, it may require a little time to adjust to it. We want your child to fully enjoy the experience of the Sleep Tight™ weighted blanket and help ease this adaptation process.

Here's How:

**Introduction Phase:**

- Create a comfortable environment and workable pace for the user.
  - Everyone responds to new things in a different way.
  - Never be forceful - be patient, encourage 'self-discovery', and model positive responses.
- Place the blanket in your child's environment - near some of their favorite items so they naturally 'discover' it themselves.
  - Unfamiliar items when paired with favorite items are often received more readily.
  - Have the Sleep Tight™ weighted blanket near you when you sit or lay down with your child.

**Building Trust in Product Phase:**

- Promote positive associations with the Sleep Tight™ weighted blanket:
  - Building trust and security with the product is essential.
  - Show the user the product is safe, soft, and will make them feel good – use adjectives and subjects they can connect with and associate to.
  - You go first – they'll feel more secure if you tried it and "tested" the product before them.
  - Smile! – People automatically feel more at ease and less tense when someone is smiling.
  - Promote this great new product in a soothing, calm voice.

Sommerfly™ has an exceptionally high rate of satisfaction and reported effectiveness of our Sleep Tight™ weighted blankets. We are highly confident you and or your child will grow to love your new Sleep Tight™ weighted blanket.

Please call or email our experienced Occupational Therapist if you have any questions.

**Contact Information:**

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