

# TIME SLITHERED BY

Created by Alex Mitchell

# coloring page

Because I deserve some *ME time* to let my mind wander. Thankyouverymuch.

## **ABOUT ALEX**

Hi, I'm Alex.

I'm an artist, teacher, and fashion misfit.

But really, I'm *a rebel on a mission* to bring more joy to the world, one human at a time. Starting with myself.

I'm amazing at *exploring and expressing my creativity*. And I've devoted most of my life to my art.

You'll probably be surprised and delighted by how there's always a way to bring more creative play into your life.

My work matters because *expressing your creativity* is the fastest way to **feeling good**.

And I'm here to remind you that **your creative genius** is *already* inside of you waiting to flow out. Your only job is to *crack the shell of your resistance*.

So my question for you is: If not now, when?

#### Here's your next move:

### Get on my mailing list!

It's time for a little *weekly attitude boost* from yours truly delivered straight to your inbox. *Follow this link to sign up for Twinki-mail and grab more freebies!* 

p.s. When I'm not making art or teaching creativity, I can be found sipping on cappuccinos in expensive hotel lobbies, geeking out over making worksheets, or binging on podcasts about brain science. Smile.

Big hugs from your Twinki-Winki little-miss-sunshine.

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