Use this checklist to keep yourself motivated and on track.

## Thank you for enrolling in Paper Collage Play Time!

Trust me when I say that I want nothing more than to see you *having fun with your creative side*.

But I also know firsthand that life gets in the way.

## So this is what I want YOU to know:

Most of your resistance lives *at the beginning of a task*. But once you start, your momentum does the rest.

And this is why I've set you up with TINY TASKS.

Yep, your whole course has been divided into TINY TASKS that you can finish in **10-15 minutes**.

## when you shrink the task, you lower your resistance to start.

Trying to get a lot done in the perfect circumstances (time, space, materials) is bound to fail. But doing TINY TASKS helps you stay consistent. And because you can stay consistent, you actually *finish faster*.

And the fact that you can **see your progress** as you check your TINY TASKS off the list is golden. It's what fuels your *motivation*. Yay!



But first:
• TINY TASK: Receive your confirmation email and finish setting up your student account Follow the link provided in the email and then set your password to create your student account.
• TINY TASK: Receive your welcome email and download your course checklist Follow the link provided in the email and then download and print your Assignment Overview Checklist. (If you're holding this checklist in your hands, then CHECK this baby off.)
Now go inside your course:
• TINY TASK: Watch the following WELCOME videos WELCOME, Part 1. Introduction WELCOME, Part 2. Why Learn With Alex? WELCOME, Part 3. What You'll Learn
• TINY TASK: Watch the following WELCOME videos and do the quick survey WELCOME, Part 4. How This Course Works WELCOME, Part 5. Before we begin (3-question survey)
• TINY TASK: Go to PREP STEP and gather your materials PREP STEP, Part 1. Your Tools For Play Time
<ul> <li>TINY TASK: Go to PREP STEP and download your course documents</li> <li>PREP STEP, Part 2. Download All Your Printables</li> <li>Assignment Overview Checklist</li> <li>All My Printables</li> <li>Nine Easy Collage Prompts</li> <li>Expressing Your Genius - Using Your Creativity For Getting Unstuck</li> </ul>
• TINY TASK: Fill out the course prep worksheets (You'll find them included in the PDF All My Printables in PREP STEP, Part 2.) • I Promise • Course Success Plan
• TINY TASK: Review the course project eBook (If ya haven't already, you can download it in PREP STEP, Part 2.) • Nine Easy Collage Prompts



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