Sandwiches

Our sandwiches are made fresh to order and served with a side salad and our house vinaigrette or potato chips. Choose whole wheat, marble rye, sourdough or white bread. We love them grilled on our panini grill.

Curry Tuna Salad ~ Zesty curry spices blend wonderfully with tuna, green onions, celery and mayo .... $8.59

Lapsang Souchong Egg Salad ~ Eggs marinated in smoky tea ................................................. $8.59
Add smoked salmon .......................................... $9.99

Combo ~ Everything you love about the curry tuna and smoky egg salad in one! ........................................ $8.59

Veggie ~ Sliced cucumber, tomato, avocado, red onion and red pepper. Choice of cream or sliced cheese. $8.59

B.L.T. ~ Classic bacon, lettuce and tomato .......... $9.25
B.L.A.T. Add avocado & chipotle mayonnaise ..... $9.99

Turkey & Swiss ~ Sliced turkey and Swiss cheese with roasted red pepper or fresh tomato, mayo .. $8.59

The Other Turkey Sandwich ~ Sliced turkey, avocado, tomato, chipotle mayo .......................... $9.25

Ham and Cheddar ~ Sliced black forest ham and cheddar cheese with dijon mustard................ $8.59

Three-Cheese Grill ~ Three cheeses (Cheddar, Provolone and Swiss) blend beautifully with dijon mustard & your choice of roasted pepper or tomato ........... $7.49

Smoked Salmon & Marinated Cucumber ~ Salmon on cream cheese topped with our marinated pickles...9.49

Breakfast Sandwich ~ Scrambled egg, cheddar cheese & choice of tomato or red pepper with fruit or salad on the side ................................................................. $7.99
Add bacon or ham ........................................... $8.99

Salads

We use only organic greens and very fresh veggies. Our house vinaigrette makes a pleasant addition to all of our salad compositions.

Turkey Salad ~ Organic greens, fresh veggies, sliced turkey, cranberries, cashews & feta cheese .......... $8.99

Curry Tuna Salad ~ Organic greens and veggies with a scoop of our curry tuna ................................. $8.99

Lapsang Souchong Egg Salad ~ Organic greens and veggies with our lightly smoked egg salad .......... $8.59

Smoked Salmon Salad ~ Organic greens, smoked salmon, capers, red onion, green cabbage, apple and cucumber with our sesame chili vinaigrette ...... $10.49

Small Plates

Fruit & Cheese & Flatbread ~ assorted fruit and cheese with flatbread slices ................................ $5.99

Veggie & Hummus & Flatbread ~ assorted veggies and hummus with flatbread slices ............... $5.99

Side Salad ~ Organic mixed greens, cucumber & tomato ............................................................. $3.99
Add a small scoop of egg or tuna salad .................. $2.50

Child’s Plate ~ Half cheese sandwich & chips ...... $4.99

Teas

See Back for Tea Selection

Cold and Hot Drinks

Iced Teas of Day ................................................. $3.00

CT Fizz (Our own tea soda made with black tea, flavored syrup & Perrier) ........................................... $3.50

Cream Soda (Perrier with flavored syrup/cream) $2.75

Italian Soda (Perrier with flavored syrup) .......... $2.75

Bottled Mineral Water ........................................... $2.50

Lemonade (Traditional, Hibiscus or Coconut - ‘Zenade’ made by a local Littleton company) .......... $3.00

Coffee (Pour over dark roast) ......................... $3.00

Hot Chocolate (with whipped cream) ........ $3.00

Flavored Syrup add to any drink (Blackberry, Cherry, Jasmine, Lime, Mandarin, Mango, Peach, Pomegranate, Pure Cane Sugar, Raspberry, Strawberry, Swiss Chocolate or Vanilla) ........................................... $.50

In Addition:

Baked Treats

At Capital Tea, we believe that a fine cup of tea deserves to be accompanied by a worthy treat. Our baked goods are made fresh in our kitchen using seasonal, and, whenever possible, organic ingredients. The bakery menu changes daily and reflects our love of pairing superior teas and treats.
TEA INVENTORY
These teas have been carefully chosen in order to ensure a comprehensive selection from around the world as well as flavors that enhance your tasting experience whether you linger with us at Capital Tea or brew tea in your own home. All of our teas can be purchased in bulk – just ask for the bulk tea price list.

BLACK
Assam Valley Breakfast Blend
Blue Flower Earl Grey
Bogowana Estates
Earl Grey OP
English Breakfast Organic
Irish Breakfast
Keemun OP
Kenilworth Estate (Ceylon)
Lapsang Souchong Superior
Lavender Earl Grey
Milima Estate GFOP Kenyan
Monk’s Blend Organic
Mt. Everest Blend
Namring Upper Estate Darjeeling II Flush
Numalighur
Prince of Wales Blend
Rembeng Estate STGFOP Organic
Rosie Earl Grey
Russian Caravan Fruity Blend
Russian Caravan Smoky Blend
Selimhill Estate Darjeeling FTGFOP Organic
Sessa Assam STGFOPS
Tigerhill Nilgiri FOP
Vietnamese OP
White Tip Earl Grey
Yunnan TGFOP

GREEN
Bi Lo Chun
Genmaicha
Genmaimacha
Houjicha
Jasmine Fujian Organic
Lily Yin Hao
Lung Ching Organic
Mao Feng
Sencha
Temple of Heaven Gunpowder Green
Yun Wu Organic

OOLONG
Da Hong Pao Oolong
Orange Blossom Oolong
Phoenix Oolong
Ti Kwan Yin Fl owery
White Tip Oolong

WHITE
Pai-Mu-tan White Peony
White Chai

FLAVORED
Birthday Blend
Black Currant
Black Ginger Peach
Black Jasmine Créme
Chocolate Chai
Cinnamon Orange Spice
Coconut Vanilla
Emperor’s Blend
Green Ginger Peach Organic
Immortalitea w/rosemary, sage & rose petals
Masala Chai
Moroccan Mint Green
Peach Vanilla w/peach flowers & vanilla
Serenitea w/ chamomile & lemon
Tangerine Green w/passion fruits and marigolds

HERBAL & FRUIT
Cherry Tisane
Herbal Earl Grey
Herbal Chai
Hibiscus Flowers
Holy Detox
Honeybush Organic
Honeybush Kimberly
Raspberry Lavender
Refreshment Blend: Peppermint & Hibiscus
Rooibos Organic
Rooibos Zinger
Vanilla Rooibos

TOP SHELF
Castleton Estate I Flush Darjeeling FTGFOP
Earl Grey Windemere
Havukal Estate Frost Nilgiri STGFOP
Jade Oolong Organic & Fair Trade Certified
Jasmine Pearls
Kalej Valley II Flush Darjeeling FTGFOP

DE-CAF (WATER PROCESSED)
Earl Grey Fancy FOP De-Caf
English Breakfast De-Caf
Nilgiri Black De-Caf Organic
Nilgiri Green De-Caf FOP Organic

PU-ERH
Mini Toucha Pu-erh Organic
Pu-erh Yunnan Leaf

<table>
<thead>
<tr>
<th>Teas (except Top Shelf)</th>
<th>Price</th>
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<tbody>
<tr>
<td>Cup..........................</td>
<td>$2.75</td>
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<tr>
<td>Teapot (Regular, 16 oz)</td>
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