



Commonwealth

REAL ESTATE SERVICES

Keeping In Touch - September

Application Reminder

When taking application fees, please remember that it is \$60 for the processing fee. Each person living in the home that is 18 or older must apply and pay the fee.

Please make sure that when receiving an application you double check that all required information is filled out. We also ask that you do not submit the application to be run until the application is complete. Full 5 years living history, and 2 years worth of employment history is required.

Pages 2, 3, & 4 need to be signed. Each applicant must complete their own application, even if they are an additional occupant.

Once you set a move-in date when you start the reservation, this cannot be changed until they are moved in.

Letter & Notice Reminder

Remember to upload any notice or letter into their online resident file. This will be the first place your admin looks when asked to do a legal notice.

Also, anything that your admin sends out needs to be uploaded into the resident documents file as well.

Wellness Corner



Simple tips for a less stressed life

Everyone gets overwhelmed sometimes. But too much stress can be hard on your health – so it's important to find ways to offset those negative effects. These healthy habits can help you stay cool under pressure, even when you're pressed for time.

Sweat more, stress less

Symptoms of stress can create a vicious cycle between your mind and body. Exercise helps to break this cycle by relieving tension and releasing feel-good brain chemicals that fight the effects of stress.

Take a break to breathe

When stress strikes, try a few minutes of deep breathing. Breathe in for a count of 5, hold for 5, and exhale for 5. Repeat 10 times or until you start feeling more calm, grounded, and focused.

Unplug to recharge

Your phone needs time to recharge, and so does your brain. Disconnecting from digital noise for a little while each day can help you stress less, sleep better, and spend time doing more rewarding activities.

Looking for more stress-fighting strategies?



Visit kp.org/stressmanagement and follow us @kpthrive.

Services covered under a Kaiser Permanente health plan are provided and/or arranged by Kaiser Permanente health plans: Kaiser Foundation Health Plan, Inc., in Northern and Southern California and Hawaii • Kaiser Foundation Health Plan of Colorado • Kaiser Foundation Health Plan of Georgia, Inc., Nine Piedmont Center, 3495 Piedmont Road NE, Atlanta, GA 30305, 404-364-7000 • Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc., in Maryland, Virginia, and Washington, D.C., 2101 E. Jefferson St., Rockville, MD 20852 • Kaiser Foundation Health Plan of the Northwest, 500 NE Multnomah St., Suite 100, Portland, OR 97232 • Kaiser Foundation Health Plan of Washington or Kaiser Foundation Health Plan of Washington Options, Inc., 601 Union St., Suite 3100, Seattle, WA 98101 • Self-insured plans are administered by Kaiser Permanente Insurance Company, One Kaiser Plaza, Oakland, CA 94612

Welcome Aboard!

Please help us in welcoming some new additions to the Commonwealth Family!



- Jack Scofield - Songbrook
- Brie Loomis - CVMP & Wildwood
- Clyde Green - Alder Trails
- Sara Bennett - Corporate WA
- Cera Jones - Corporate WA
- Cory Dettrich - Corporate OR

CHS Manager Recognition

Congratulations to all the managers who have sold homes recently through CHS!

Robert Hammers
Abby Mace
Henry Garcia
Michelle Enrici



THANK YOU

Commonwealth Anniversary Dates

Michael & Mara Picco - 9 years 9/17

Christopher & Debra Hesterley - 8 years 9/1

Kim Skeslien - 7 years 9/18

Tim & Lisa Weidman - 5 years 9/1 & 9/12

Ruskan Powell - 10 years 9/13

Sara Bennett - 1 year 9/21

RJ Sosa & Aurora Purlee - 4 years 9/1

Pennie Jennings - 3 years 9/17

Anthony Alexander & Tracy Carr - 2 years 9/18

Jason Smith - 2 years 9/23

Malory Mace - 2 years 9/30

Michelle Enrici - 1 year 9/10



SAFETY CORNER



Commonwealth
Safety Committee



FOCUS

LOSS OF FOCUS IN THE WORKPLACE CAN CAUSE ACCIDENTS. BE AWARE AND PAY ATTENTION TO THE SIGNS OF TIREDNESS AND FATIGUE AND TAKE ACTIONS TO ADDRESS THE ISSUE

“Safety starts with S and begins with YOU!”



SAFETY FIRST!!!

[Safety Meeting Minutes](#)

Calendar Corner

[2021 Timesheet Calendar](#)

[OREGON SEPTEMBER CALENDAR](#)
[WASHINGTON SEPTEMBER CALENDAR](#)

Thank you for all your hard work!

The Commonwealth Team

Stay Connected

