



Commonwealth

REAL ESTATE SERVICES

Keeping In Touch - January

2021 Timesheet Calendar

The new 2021 Timesheet Calendar has been updated and you can find the link below along with the other calendars. Please make sure to have the most current one available.

Wellness Corner



Self-care for a happier, healthier you

Practicing self-care is good for the mind, body, and spirit. Here are some simple things you can do to boost your mood, beat stress, and enjoy life more. Each one takes just a little bit of time and effort – and you're worth it.

Take up meditation

Focus on your breath and being present in the moment. You might not experience instant inner peace, but a few minutes of quiet meditation can help clear your thoughts, calm your senses, and recharge your energy.

Sleep well – and sleep enough

Lack of sleep can affect the way you feel mentally and physically. Limit bedtime distractions if you have trouble sleeping – you can't leave the day's stresses at the door if you're checking email, texting, or browsing online.

Social network face-to-face

Connecting with others can do wonders for your physical and emotional wellness. Calls, texts, and social networks are great for staying in touch, but quality time together is what really helps people – and relationships – thrive.

LOOKING FOR MORE FEEL-GOOD IDEAS?

Visit kp.org/mindbody and follow us [@kpthrive](https://twitter.com/kpthrive).



Welcome Aboard!

Please help us in welcoming some new additions to the Commonwealth Family!

- Allen's Mobile - Kim Vian
- Seminole - Duane Williams
- Hubbard Mobile Estates & Sherwood Mobile Manor - Melissa Murillo
- Chateau Mobile Village, Lazy Acres, Belle Passi - Chelsey Trujillo



- All Caritas Properties - Pedro Gonzalez

Please help us in welcoming some new properties to the Commonwealth Family!

- Spring Meadow - Salem, OR
- Quail Run - Forest Grove, OR
- Puerto Vista - Coos Bay, OR
- Bell Passi Mobile Estates - Woodburn, OR
- Lazy Acres MHP - Woodburn, OR
- Chateau Mobile Village - Woodburn, OR
- Hubbard Mobile Estates - Hubbard, OR
- Sherwood Mobile Manor - Hubbard, OR
- Holly Tree MHP - Happy Valley, OR
- Lone Acre Mobile Park - Happy Valley, OR

CHS Manager Recognition

Congratulations to all the managers who have sold homes recently through CHS!

Robert Hammers - Walnut Grove #21
Mara Picco - Holgate Estates #18
Dan Miller - Idle Wheels #13
Nichole Olson - Angel Haven #100
Robert Hammers & Josh Hoffert - Tall Cedars #63
Julie Cummins - Southbrook #57



Commonwealth Anniversary Dates

Jolene Reddick-Wyrostek - 10 years 1/1
Sondra McKenna - 1 year 1/1
Tony Montes - 2 years 1/1
Dakota Hammers - 7 years 1/28
Richard & Anne Marie Payne - 4 years 1/2



SAFETY CORNER

Reducing Stress in the Workplace

Join the Safety Committee



SAFETY FIRST!!!

[Safety Meeting Minutes](#)

Calendar Corner

[2021 TIMESHEET CALENDAR](#)

[OREGON JANUARY CALENDAR](#)

[WASHINGTON JANUARY CALENDAR](#)

Thank you for all your hard work!

The Commonwealth Team

Stay Connected

