

DAILY CHECK-IN

SAT	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	1
SUN	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	2
MON	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	3
TUE	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	4
WED	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	5
THU	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	6
FRI	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	7



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SAT	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	8
SUN	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	9
MON	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	10
TUE	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	11
WED	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	12
THU	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	13
FRI	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	14

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SUN	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	16
MON	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	17
TUE	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	18
WED	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	19
THU	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	20
FRI	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	21

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SUN	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	23
MON	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	24
TUE	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	25
WED	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	26
THU	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	27
FRI	<p><i>I will let go of</i></p> <p><i>I will focus on</i></p> <p><i>I am grateful for</i></p>	28



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SUN	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	30
MON	<i>I will let go of</i> <i>I will focus on</i> <i>I am grateful for</i>	31

