



**EDUCATE<sup>2</sup>  
EMPOWER**  
PUBLISHING

# 2024 CATALOGUE



## **Books and resources to empower children and help keep them safe!**

Educate2Empower Publishing is an international, award-winning niche children's book publisher that specializes in children's books on **BODY SAFETY, CONSENT, GENDER EQUALITY, RESPECTFUL RELATIONSHIPS, DIVERSITY & INCLUSION**, and **SOCIAL & EMOTIONAL INTELLIGENCE**.

Our books combine **beautiful illustrations** with key **educational concepts** capturing both the child's imagination as well as teaching them messages crucial to their development and safety.



[www.e2epublishing.info](http://www.e2epublishing.info)

MAY 2024: INTERNATIONAL

# BODY SAFETY & CONSENT

Empower the children in your care! Teach them that their body is THEIR body.



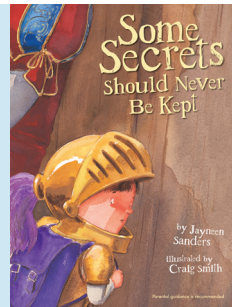
## My Body! What I Say Goes! 2nd Ed

A children's picture book to empower and teach children about personal body safety, feelings, safe and unsafe touch, private parts, secrets and respect. Discussion Questions included.

**Ages 3 to 9 years**

**Soft Cover**  
ISBN: 9781761160318

**Hard Cover**  
ISBN: 9781761160325



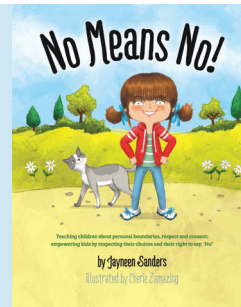
## Some Secrets Should Never Be Kept

This book sensitively broaches the subject of safe and unsafe touch and assists carers and educators to broach this subject with children in a non-threatening and age-appropriate way. Discussion Questions included.

**Ages 3 to 11 years**

**Soft Cover**  
ISBN: 9780987186010

**Hard Cover**  
ISBN: 9780646546230



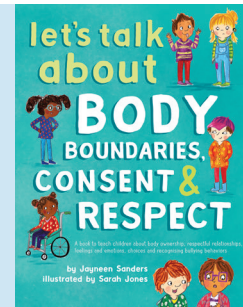
## No Means No!

A story about an empowered little girl with a strong voice on all issues, especially those relating to her body! A book to teach children about personal boundaries, respect and consent. Discussion Questions included.

**Ages 2 to 9 years**

**Soft Cover**  
ISBN: 9781925089226

**Hard Cover**  
ISBN: 9781925089141



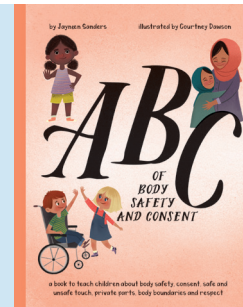
## Let's Talk About Body Boundaries, Consent & Respect

Through familiar scenarios, this book opens up crucial conversations with children around body boundaries, consent and respect. Discussion Questions included.

**Ages 4 to 10 years**

**Soft Cover**  
ISBN: 9781925089189

**Hard Cover**  
ISBN: 9781925089196



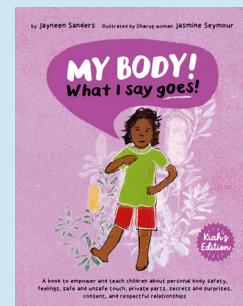
## ABC of Body Safety and Consent

The 26 'key' letters and accompanying words and stunning illustrations will help children to learn and consolidate crucial and life-changing body safety and consent skills. Discussion Questions included.

**Ages 4 to 10 years**

**Soft Cover**  
ISBN: 9781925089585

**Hard Cover**  
ISBN: 9781925089592



## My Body! What I Say Goes! Kiah's Edition

Indigenous version of the best selling title 'My Body! What I Say Goes!' Discussion Questions included.

**Ages 3 to 9 years**

**Soft Cover**  
ISBN: 9781761160387

**Hard Cover**  
ISBN: 9781761160400



## My Body Safety Rules

A book to educate and empower children with disability about body boundaries, consent and body safety skills. Discussion Questions included.

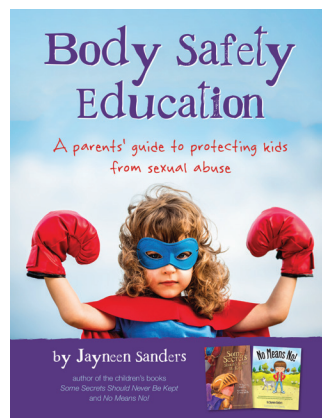
**Ages 5+**

**Soft Cover**  
ISBN: 9781761160455

**Hard Cover**  
ISBN: 9781761160462

**NEW RELEASE!**

## FOR ADULTS & CAREGIVERS



## Body Safety Education

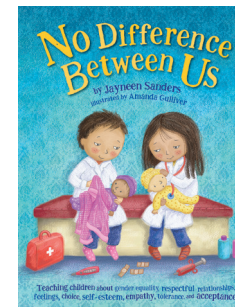
An essential step-by-step guide for parents, caregivers and educators on how to protect children from sexual abuse.

**Soft Cover**  
ISBN: 9780987186089

**Hard Cover**  
ISBN: 978192589394

# GENDER EQUALITY

Gender Equality is crucial to a just, fair and respectful society. Early learning can help reduce gender-based violence.



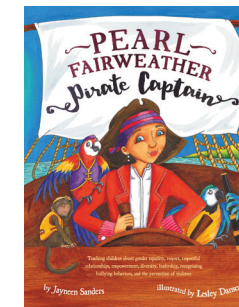
## No Difference Between Us

Jess is a girl and Ben is a boy but in all the BIG ways there is no difference between them. A story to explore gender equality, respectful relationships, feelings and self-esteem. Discussion Questions included.

**Ages 2 to 9 years**

**Soft Cover**  
ISBN: 9781925089271

**Hard Cover**  
ISBN: 9781925089172



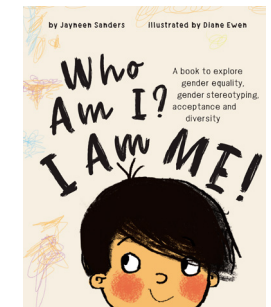
## Pearl Fairweather, Pirate Captain

Through an engaging narrative, this beautifully illustrated children's book explores gender equality, respect, diversity, leadership and recognizing bullying behaviors. Discussion Questions included.

**Ages 5 to 12 years**

**Soft Cover**  
ISBN: 9781925089257

**Hard Cover**  
ISBN: 9781925089158



## Who Am I? I Am Me!

This story explores gender equality and gender stereotyping through an engaging character called Frankie. Frankie illustrates that it doesn't matter if you identify as a girl or a boy; we should be free to be ourselves. Discussion Questions and tips for gender-neutral parenting and teaching included.

**Ages 3 to 8 years**

**Soft Cover**  
ISBN: 9781925089318

**Hard Cover**  
ISBN: 9781925089325



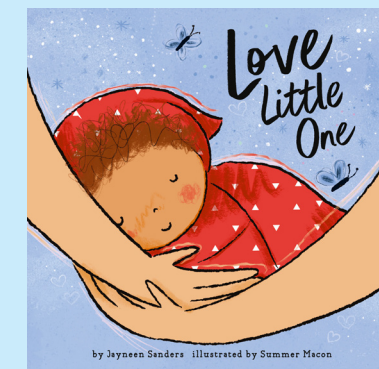
## The Not-So-Perfect Princess and the Not-So-Dreadful Dragon

Princess Petal is not what you would expect the 'perfect' princess to be. In fact, she is quite the opposite! A tale about friendship, diversity, acceptance and being exactly who we are meant to be. Discussion Questions included.

**Ages 4 to 10 years**

**Soft Cover**  
ISBN: 9781925089431

**Hard Cover**  
ISBN: 9781925089448



## Love Little One

Written in verse, 'Love Little One' is a gift of love for the new baby in your life.

This beautifully crafted and illustrated book mirrors the values and ideals, as adults, we'd want our little ones to embrace as they travel life's journey. **Ages 0 to 3 years**

**Bonus greeting card when purchased from [www.e2epublishing.info](http://www.e2epublishing.info)**

**Hard Cover**  
ISBN: 9781761160424

**NEW RELEASE!**

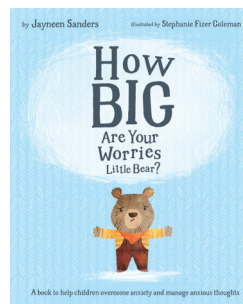
To order visit: [www.e2epublishing.info](http://www.e2epublishing.info)

To order visit: [www.e2epublishing.info](http://www.e2epublishing.info)



# SOCIAL & EMOTIONAL INTELLIGENCE

Teaching kids to be resilient, empathetic and kind, and how to manage their emotions can change the world we all share.



## How Big Are Your Worries Little Bear?

This book was written to help children overcome fears and anxious thoughts by providing them with life-long skills in how to deal with anxiety. Discussion Questions and hints to help anxious children included.

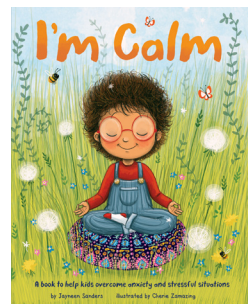
**Ages 3 to 9 years**

**Soft Cover**

ISBN: 9781925089202

**Hard Cover**

ISBN: 9781925089219



## I'm Calm

Theodore is calm. But everyone else in his family isn't! In a time of stress and anxiety, Theodore shows his family ways he's learned to stay calm. Through this engaging and beautifully illustrated story, children will learn that in stressful situations they can still find a place of calm and peace through mindfulness techniques.

**Ages 3 to 8 years**

**Soft Cover**

ISBN: 9781925089806

**Hard Cover**

ISBN: 9781925089813



## Resilience

This charming story about a little girl called Emmi uses verse and familiar childhood scenarios to encourage children to be resilient, persistent, and to help them bounce back from challenges and adversity. Discussion Questions and activities to promote resilience included.

**Ages 4 to 9 years**

**Soft Cover**

ISBN: 9781925089349

**Hard Cover**

ISBN: 9781925089356

# SOCIAL & EMOTIONAL INTELLIGENCE

Teaching kids to be resilient, empathetic and kind, and how to manage their emotions can change the world we all share.



## Talking About Feelings

A book to assist adults in helping children unpack, understand and manage their feelings and emotions in an engaging and interactive way. Reader's Notes and Discussion Questions included.

**Ages 4 to 10 years**

**Soft Cover**

ISBN: 9781925089073

**Hard Cover**

ISBN: 9781925089301



## Be the Difference

This engaging book provides over 40 powerful ideas on how kids can make a difference. It focuses on three key areas: empathy and kindness, racial and gender equality, and the environment. Discussion Questions included.

**Ages 5 to 12 years**

**Soft Cover**

ISBN: 9781925089417

**Hard Cover**

ISBN: 9781925089424



## Hey There! What's Your Superpower?

An interactive book that provides simple tasks to help kids develop resilience, persistence, self-confidence, self-reliance and self-esteem. Help the kids in your care discover not only their new superpowers, but an ability to give new challenges a go and to keep on trying! Also included are Discussion Questions for parents, caregivers and educators as well as extra ideas to boost kids' confidence.

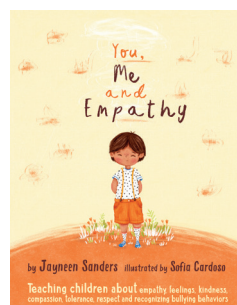
**Ages 5 to 11 years**

**Soft Cover**

ISBN: 9781925089455

**Hard Cover**

ISBN: 9781925089462



## You, Me and Empathy

This charming story uses verse, beautiful illustrations and a little person called Quinn to model the meaning of empathy, kindness and compassion. Discussion Questions and activities to promote empathy and kindness included.

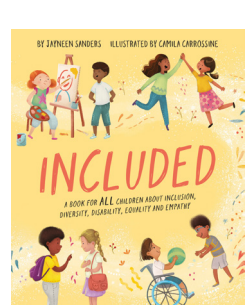
**Ages 3 to 9 years**

**Soft Cover**

ISBN: 9781925089080

**Hard Cover**

ISBN: 9781925089127



## Included

Meet 6 wonderful kids! They love playing games, books, making stuff and being silly. And just like kids everywhere they want to feel safe, loved and included.

The aim of this book is to explore diversity and inclusion, and to ensure ALL kids understand that kids with disability are just like kids everywhere. Discussion Questions included.

**Ages 4 to 12 years**

**Soft Cover**

ISBN: 9781925089790

**Hard Cover**

ISBN: 9781925089752



## Everyone's Invited!

In Theodore's community EVERYONE is included. It doesn't matter who you are, where you come from, what you look like or your ability. In Theodore's community everyone's invited. Using bright and colorful illustrations and written using rhythm and rhyme, this fun and inclusive book will ensure all children know that they matter.

**Ages 4 to 9 years**

**Soft Cover**

ISBN: 9781925089837

**Hard Cover**

ISBN: 9781761160004



## Hope

*A book to help children build resilience and assist those recovering from and/or living in family violence situations.*

Jonathon's home was not a happy one. Sometimes there was shouting and sometimes there were tears. But hope soon arrived when Auntie Edie came to stay. She brought with her joy, happiness, a cat called Magic and the wonderful possibilities of hope.

This book is dedicated to all those children who feel sad right now. As Jonathon knows, there is always hope that things might change.

The development of this book was supported by family violence experts. Discussion Questions and a Safety Plan are included.

**Ages 4 to 11 years**

**Soft Cover**

ISBN: 9781925089004

**Hard Cover**

ISBN: 9781925089059

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NEW  
RELEASE!



# Little **BIG** Chats

12 Little books to help kids unpack BIG topics



# Little **BIG** Chats

12 Little books to help kids unpack BIG topics



The Little BIG Chats series has been written to assist parents, caregivers and educators to have open and age-appropriate conversations with early learners around crucial, and yet at times, 'tough' topics. Suitable for ages 2 to 6. Includes Discussion Questions for parents, caregivers and educators.

**Soft Cover**

**Pack of 12**

ISBN: 9781761160011

\*Soft Cover  
Not available  
individually

**BONUS!**  
**24 FREE  
LESSON  
PLANS**  
(Download)

**Hard Cover**

**Slipcase set of 12**

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or

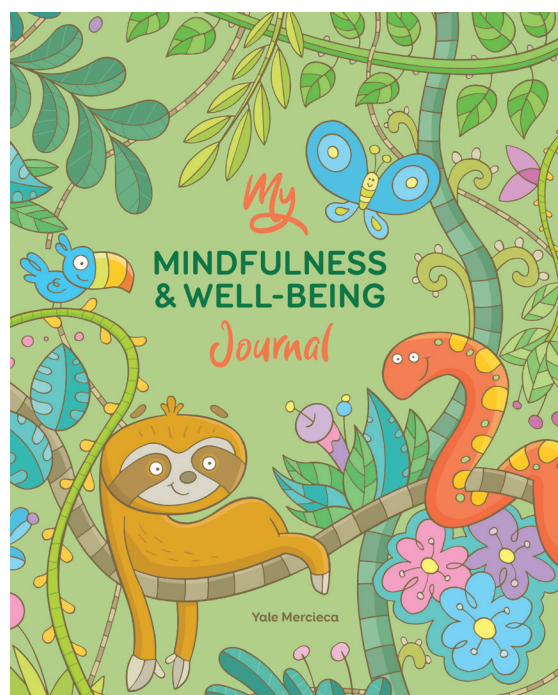
**Individually**

ISBN: Various x 12

To order visit: [www.e2epublishing.info](http://www.e2epublishing.info)



# MY MINDFULNESS & WELLBEING JOURNAL



## My Mindfulness & Wellbeing Journal

Ages 7 to 12 years

Soft Cover only

ISBN: 9781761160158

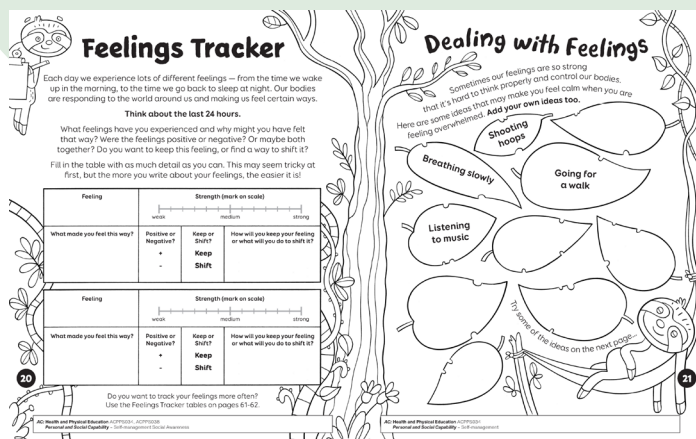
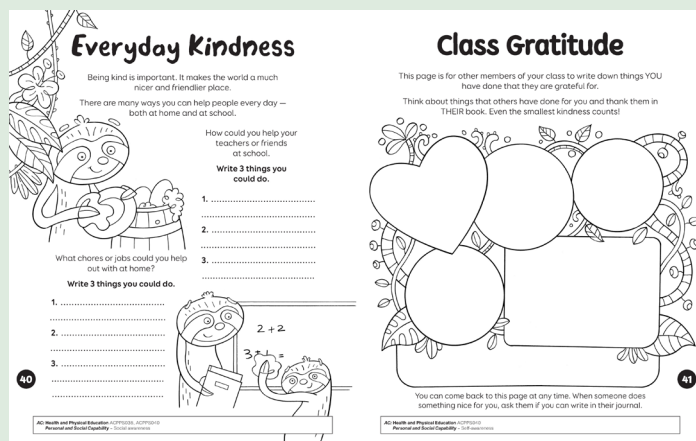
Topics covered in the journal:

- Personal strengths and goals
- Feelings and emotions
- Calming techniques
- Resilience and asking for help
- Gratitude and kindness
- Respect
- Sustainability

Perfect for the children in your life!

They have the option to write as much as they like, draw pictures and color the pages. Journaling is a great way for kids to express their feelings — BIG and small!

To order visit: [www.e2publishing.info](http://www.e2publishing.info)



# BODY SAFETY TEACHER'S RESOURCE KITS

## PRE-SCHOOL TEACHER'S RESOURCE KIT

Everything educators need to teach Body Safety Education, Consent, and Respectful Relationships to the children in their care.



Suitable for child-care centers and kindergartens



The Kit contains one copy of each of the following books:

- Some Secrets Should Never Be Kept
- No Means No!
- My Body! What I Say Goes!
- No Difference Between Us
- Body Safety Education
- You, Me and Empathy
- Let's Talk About Body Boundaries, Consent & Respect

The Kit also contains:

- 1 A2 full-color Feelings Poster
- 10 full-color laminated Safe/Unsafe Cards
- 10 Body Safety Lessons (including Resource Masters)
- 5 Respectful Relationships and Gender Equality Lessons
- a printout of Body Safety Education Activity Book for photocopying
- 4 full-color A3 Posters

**+ BONUS**  
Customizable Powerpoint files

- Body Safety Education Professional Development for Teachers — introduces Body Safety Education to staff
- Body Safety Education for Parents — introduces the rationale for Body Safety Education as well as the proposed lesson by lesson implementation

PowerPoint files are offered as password protected downloads from our website

To order visit: [www.e2publishing.info](http://www.e2publishing.info)



# BODY SAFETY TEACHER'S RESOURCE KITS

## ELEMENTARY SCHOOL TEACHER'S RESOURCE KIT

Everything educators need to teach Body Safety Education, Consent, and Respectful Relationships to the children in their care.



The Kit contains one copy of each of the following books:

- Some Secrets Should Never Be Kept
- No Means No!
- My Body! What I Say Goes!
- Pearl Fairweather, Pirate Captain
- No Difference Between Us
- Body Safety Education
- You, Me and Empathy
- Let's Talk About Body Boundaries, Consent & Respect

The Kit also contains:

- 1 A2 full-color Feelings Poster
- 10 full-color laminated Safe/Unsafe Cards
- 10 Body Safety Lessons (including Resource Masters)
- 6 Respectful Relationships and Gender Equality Lessons
- a printout of Body Safety Education Activity Book for photocopying
- 4 full-color A3 Posters

### + BONUS

Customizable Powerpoint files

- Body Safety Education Professional Development for Teachers — introduces Body Safety Education to staff
- Body Safety Education for Parents — introduces the rationale for Body Safety Education as well as the proposed lesson by lesson implementation

PowerPoint files are offered as password protected downloads from our website

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# CLASS SETS

## BODY SAFETY FOR CHILDREN – CLASS SET



### BUNDLE INCLUDES:

- 1 x My Body! What I Say Goes!
- 1 x Let's Talk About Body Boundaries, Respect & Consent
- 1 x No Means No!
- 1 x Some Secrets Should Never Be Kept
- 1 x ABC of Body Safety and Consent
- 30 x My Body! What I Say Goes! Activity Books (Soft Cover only)
- 1 x Body Safety Education book
- 30 x Body Safety Rules bookmarks
- 18 x Lesson Plans to accompany the books

This set is ideal for teachers, schools, kindergartens, child-care centers, protective behaviors workshop facilitators and sexual education specialists. Suitable for use with children aged 4 to 12 years.

Available in Soft Cover & Hard Cover

## BOOKMARKS

These Bookmarks are full color on heavy card measuring 65mm x 210mm.

### SAVE ON SETS

- set of 10
- set of 20
- set of 50

To order visit: [www.e2publishing.info](http://www.e2publishing.info)

## MY BODY! WHAT I SAY GOES! – CLASS SET



### BUNDLE INCLUDES:

- 1 x My Body! What I Say Goes!
- 30 x My Body! What I Say Goes! Activity Book (Soft Cover only)
- 30 x My Body Safety Rules Bookmarks
- 7 x Lesson Plans

This set is ideal for teachers, schools, kindergartens, child-care centers, protective behaviors workshop facilitators and sexual education specialists. Best suited to children aged 4 to 10 years.

Available in Soft Cover & Hard Cover

## My Body Safety Rules Bookmarks

Keep these five crucial Body Safety Rules easily accessible to your children.



## Consent Bookmarks

How to say "Yes!"  
How to say "No!"





# SAVE! ON VALUE BUNDLES

## EMPOWERMENT BUNDLE



### BUNDLE INCLUDES 21 BOOKS:

- My Body! What I Say Goes!
- My Body! What I Say Goes! Activity Book
- Let's Talk About Body Boundaries, Consent and Respect
- No Means No!
- Some Secrets Should Never Be Kept
- Pearl Fairweather, Pirate Captain
- No Difference Between Us
- You, Me and Empathy
- How Big Are Your Worries Little Bear?
- I'm Calm
- Who Am I? I Am Me!
- Talking About Feelings
- Resilience
- Hey There! What's Your Superpower?
- Be the Difference

- The Not-So-Perfect Princess and the Not-So-Dreadful Dragon
- ABC of Body Safety and Consent
- Body Safety Education
- Included
- Hope
- Everyone's Invited!

Available in Soft Cover and Hard Cover  
(68 Lesson plans available)

## BODY SAFETY AND CONSENT BUNDLE



### BUNDLE INCLUDES 7 BOOKS:

- My Body! What I Say Goes!
- My Body! What I Say Goes! Activity Book
- Let's Talk About Body Boundaries, Consent and Respect
- No Means No!
- ABC of Body Safety and Consent
- Some Secrets Should Never Be Kept
- Body Safety Education

Available in Soft Cover and Hard Cover  
(18 Lesson plans available)

## GENDER EQUALITY BUNDLE



### BUNDLE INCLUDES 4 BOOKS:

- No Difference Between Us
- Pearl Fairweather, Pirate Captain
- The Not-So-Perfect Princess and the Not-So-Dreadful Dragon
- Who Am I? I Am Me!

Available in Soft Cover and Hard Cover  
(12 Lesson plans available)



## MY BODY! WHAT I SAY GOES! ACTIVITY BOOK BUNDLES



### BUNDLE INCLUDES 2 BOOKS:

- My Body! What I Say Goes!
- My Body! What I Say Goes! Activity Book

Available in Soft Cover and Hard Cover

## SOCIAL AND EMOTIONAL INTELLIGENCE BUNDLE

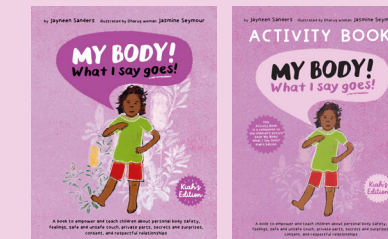


### BUNDLE INCLUDES 9 BOOKS:

- You, Me and Empathy
- How Big Are Your Worries Little Bear?
- Talking About Feelings
- Resilience
- Be the Difference
- Hey There! What's Your Superpower?
- I'm Calm
- Included
- Everyone's Invited!

Available in Soft Cover and Hard Cover  
(38 Lesson plans available)

### Kiah's Edition



### BUNDLE INCLUDES 2 BOOKS:

- My Body! What I Say Goes! Kiah's Edition
- My Body! What I Say Goes! Activity Book Kiah's Edition





TOPICS

BUNDLES

Title	Age range	TOPICS							BUNDLES					
		Body Safety	Consent	Respect	Gender Equality	Emotional and Social Intelligence (includes feelings)			Empowerment Bundle Soft Cover & Hard Cover + (Lesson Plans extra)	Body Safety and Consent Bundle Soft Cover & Hard Cover + (Lesson Plans Extra)	Social & Emotional Intelligence Bundle Soft Cover & Hard Cover + (Lesson Plans Extra)	Gender Equality Bundle Soft Cover & Hard Cover + (Lesson Plans Extra)	My Body! What I Say Goes! (+Activity Book) Bundle Soft Cover & Hard Cover	My Body! What I Say Goes! (+Activity Book) Bundle Kiah's Edition Soft Cover & Hard Cover
ABC of Body Safety and Consent	4 to 10	●	●	●		●			●	●				
Be the Difference	5 to 12			●	●	●			●		●			
Body Safety Education	adults	●	●	●					●	●				
Everyone's Invited!	4 to 9			●	●	●			●		●			
Hey There! What's Your Superpower?	5 to 11			●		●			●		●			
Hope	4 to 11			●	●	●			●					
How Big Are Your Worries Little Bear?	3 to 9			●		●			●		●			
I'm Calm	3 to 8					●			●		●			
Included	4 to 11		●	●		●			●		●			
Let's Talk About Body Boundaries, Consent and Respect	4 to 10	●	●	●		●			●	●				
My Body Safety Rules	5+	●	●	●		●								
My Body! What I Say Goes!	3 to 9	●	●	●		●			●	●			●	
My Body! What I Say Goes! Kiah's Edition (Indigenous Edition)	3 to 9	●	●	●		●								●
No Difference Between Us	2 to 9			●	●	●			●			●		
No Means No!	2 to 9	●	●	●	●	●			●	●				
Pearl Fairweather, Pirate Captain	5 to 12		●	●	●	●			●			●		
Resilience	3 to 9			●		●			●		●			
Some Secrets Should Never Be Kept	3 to 11	●				●			●	●				
Talking About Feelings	4 to 10			●		●			●		●			
The Not-So-Perfect Princess and the Not-So-Dreadful Dragon	4 to 10			●	●	●			●			●		
You, Me and Empathy	3 to 9			●		●			●		●			
Who Am I? I Am Me!	3 to 8			●	●	●			●			●		



# Jayneen Sanders – Lead Author at Educate2Empower



Jayneen Sanders (aka Jay Dale) is an experienced early years educator, author, publisher and blogger.

Jayneen writes children's books on Body Safety, consent, gender equality, respectful relationships, and social and emotional intelligence. She believes empowering children from an early age makes for empowered teenagers and adults.

Jayneen is Lead Author for the children's literacy series *Engage Literacy* published by Capstone, and has written over 120 titles in that series. Jayneen is importantly a mother of three daughters and has always advocated for their empowerment.

Jayneen's ongoing passion for the safety and empowerment of children continues today with new manuscripts and free-to-download resources always in the wings.

Her work can be found at [www.e2epublishing.info](http://www.e2epublishing.info)

*"Jayneen Sanders' books do a wonderful job of helping parents to teach their children body safety and confidence in their own intuition. It's sometimes not easy to talk about or teach these things, but it is very necessary living in the world we do.*

*This is where Jayneen comes in... with sensitivity, lightness and wisdom she opens up these important conversations and helps children better understand their feelings, their bodies, their boundaries and what being safe feels like.*

*Jayneen is an excellent writer."*

**Maggie Dent,**  
parenting author and educator  
[www.maggiedent.com](http://www.maggiedent.com)

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**This poster and others are FREE on our website.**

