

# My Body Is My Body

*Sung to the tune of 'Twinkle Twinkle Little Star'*

My body is my body,  
And it belongs to me.

No one can touch it  
No one but me!

*[Point to self]*

And if they try,  
I'm going to yell, "Stop!"

*[Hand comes out to show 'stop']*

And run, run, run  
As fast as I can,  
And yell and tell  
Again and again.

*[Running motion with arms]*



Lyrics by Jayneen Sanders and Debra Byrne

See video at [www.e2publishing.info/body-safety-song/](http://www.e2publishing.info/body-safety-song/)

For more information on teaching children 'Body Safety' go to: [www.e2publishing.info](http://www.e2publishing.info)



This work is licensed under a Creative Commons Attribution-NonCommercial-NoDerivs 3.0 Unported License.