



-INSTALLATION- INSTRUCTIONS



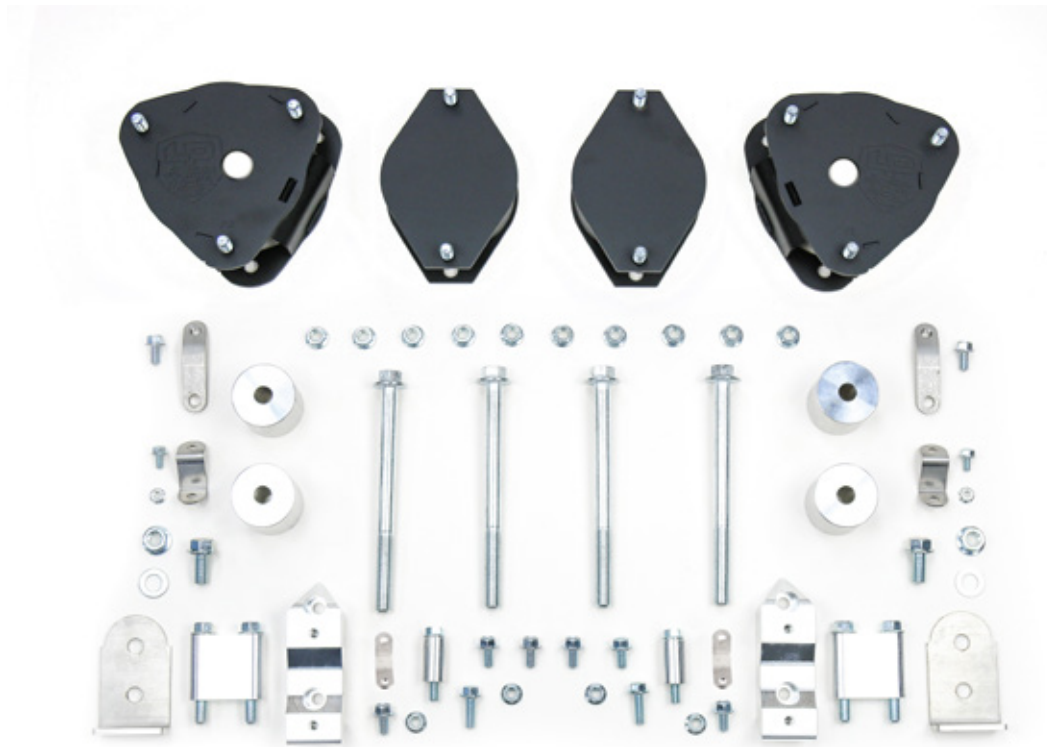
LP ADVENTURE LIFT KIT



SUBARU FORESTER 2019+

CONGRATULATIONS FOR YOUR NEW LP AVENTURE LIFT KIT!

If you have any questions or need assistance
during the installation please
contact our team. You
can find the information
on the last
page.



IN
THE
BOX



IN THE BAGS

1



2



3



4



4



5



6



7





NECESSARY TOOLS

1. - We recommend the use of a lift
2. - Jack stand to support the sub-frame
3. - Ratchet
4. -12mm Socket
5. -14mm Socket
6. -17mm Socket
7. -19mm Socket
8. - 22mm Socket
9. -10mm Wrench
10. -12mm Wrench
11. - 14mm Wrench
12. -17mm Wrench

1

REMOVE WHEELS





2

REMOVE TOP PLATE NUTS





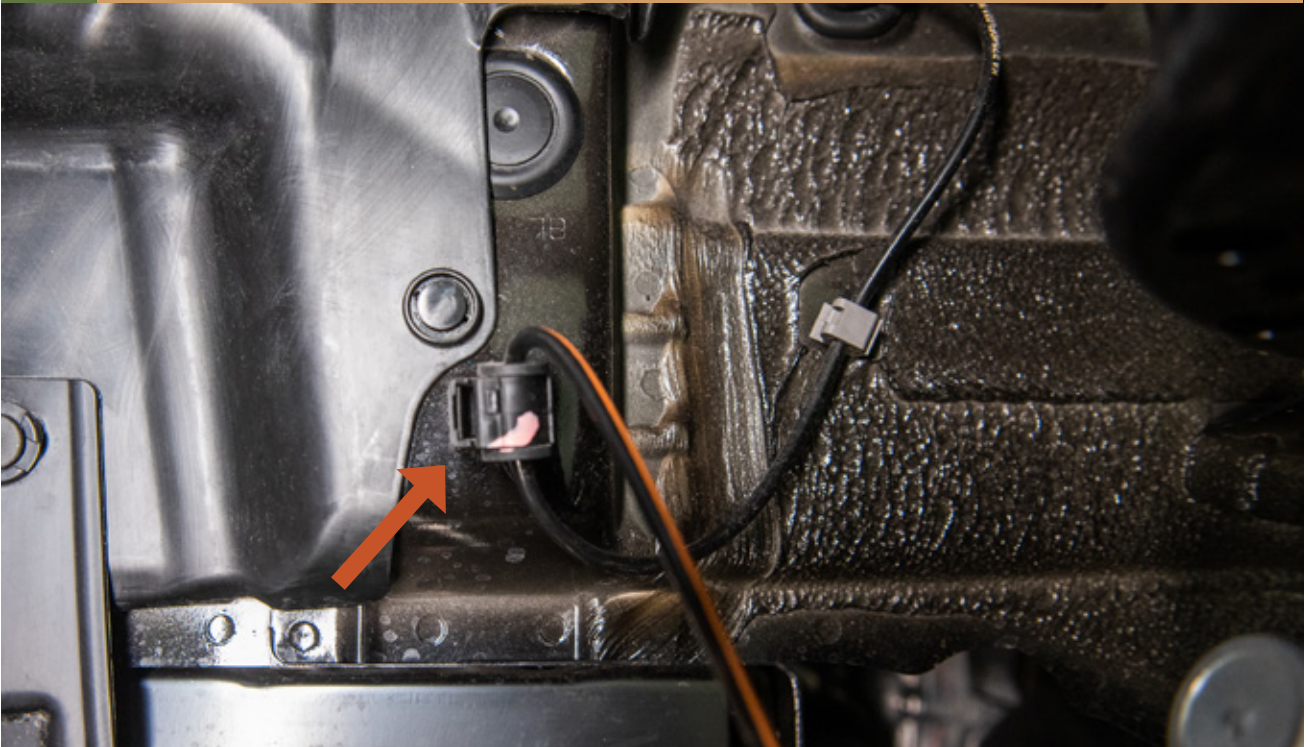
3

REMOVE BRAKE LINE BRACKET



4

UNCLIP ABS SENSOR WIRE







5

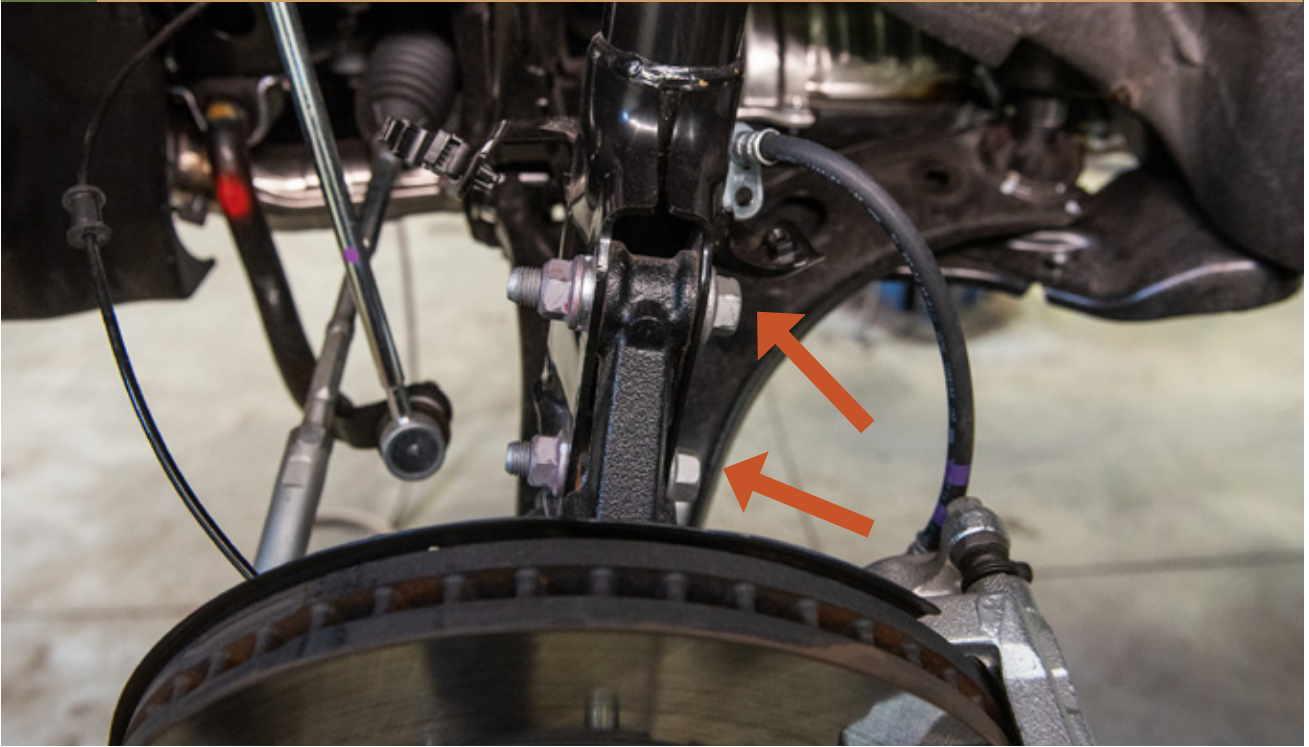
UNBOLT SWAYBAR LINK





6

UNBOLT THE BOTTOM OF THE STRUT



7

REMOVE THE STRUT ASSEMBLY



8

INSTALL TOP PLATE SPACER USING THE FACTORY NUTS. USE A PRY BAR TO HELP STABILIZE THE STRUT WHILE TIGHTENING



9

INSTALL SWAY BAR RELOCATION BRACKET



10

RE INSTALL SHOCK ASSEMBLY



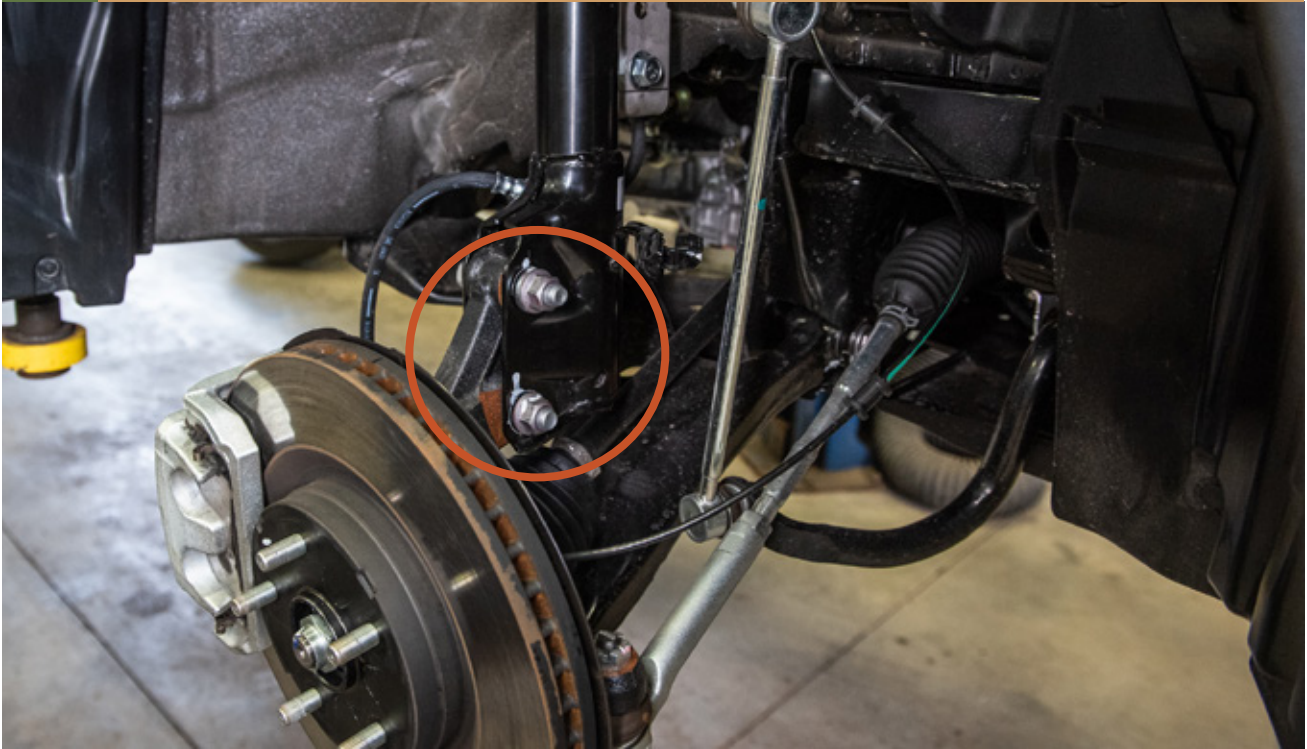
FRONT RIGHT

FRONT LEFT



11

RE INSTALL LOWER STRUT BOLTS



12

INSTALL BRAKE LINE BRACKET SPACER



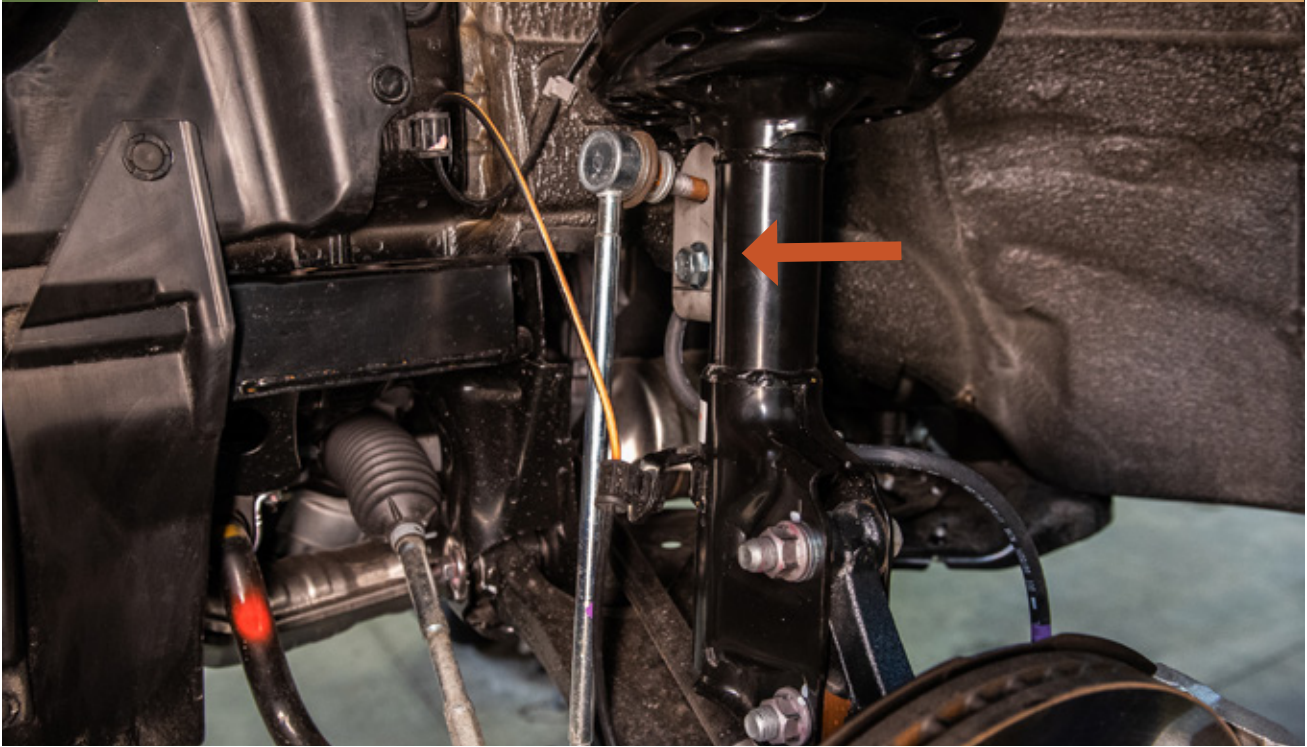


**MAKE SURE YOU INSTALL THE BRAKE LINE BRACKET
ON A SLIGHT ANGLE**



13

RE INSTALL THE SWAYBAR LINK



14

REMOVE TRUNK INTERIOR



15

REMOVE NUTS FROM THE TOP OF THE REAR STRUT





16

REMOVE GAS TANK PLASTICS





17

REMOVE REAR ABS LINE BRACKET





18

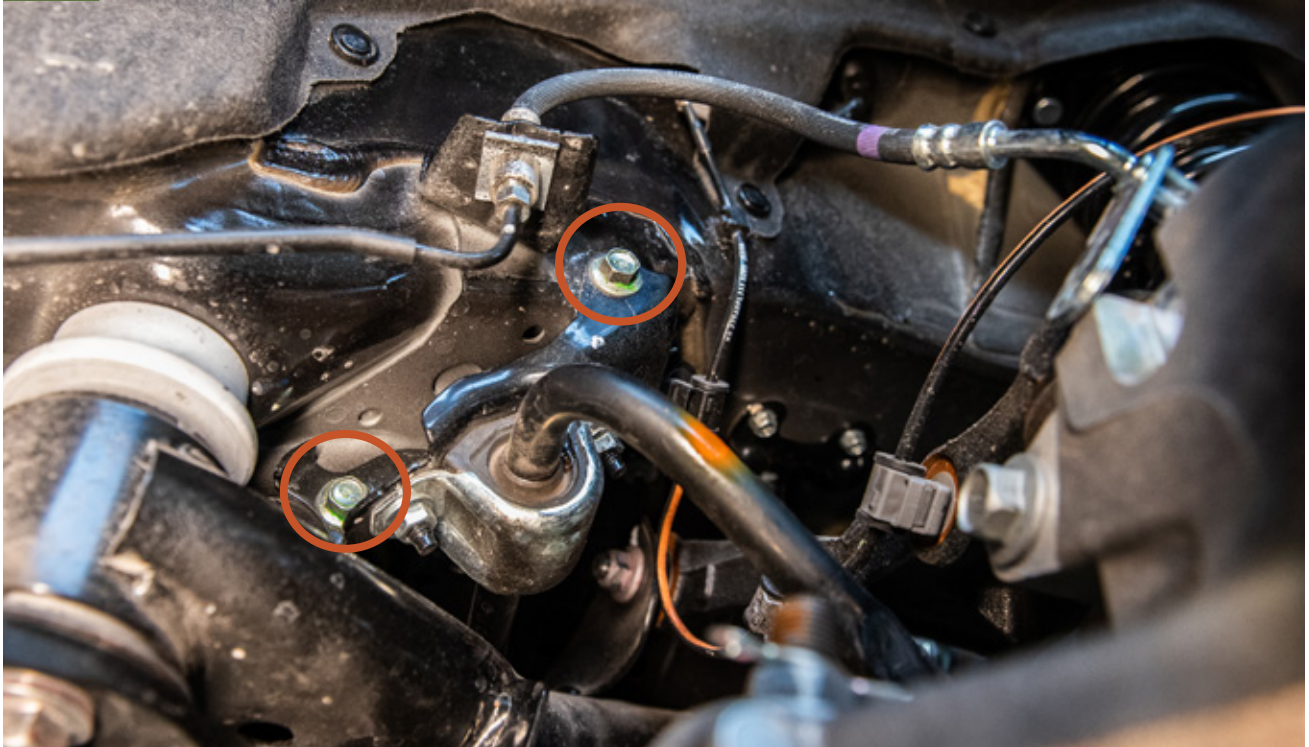
REMOVE REAR BRAKE LINE BRACKET





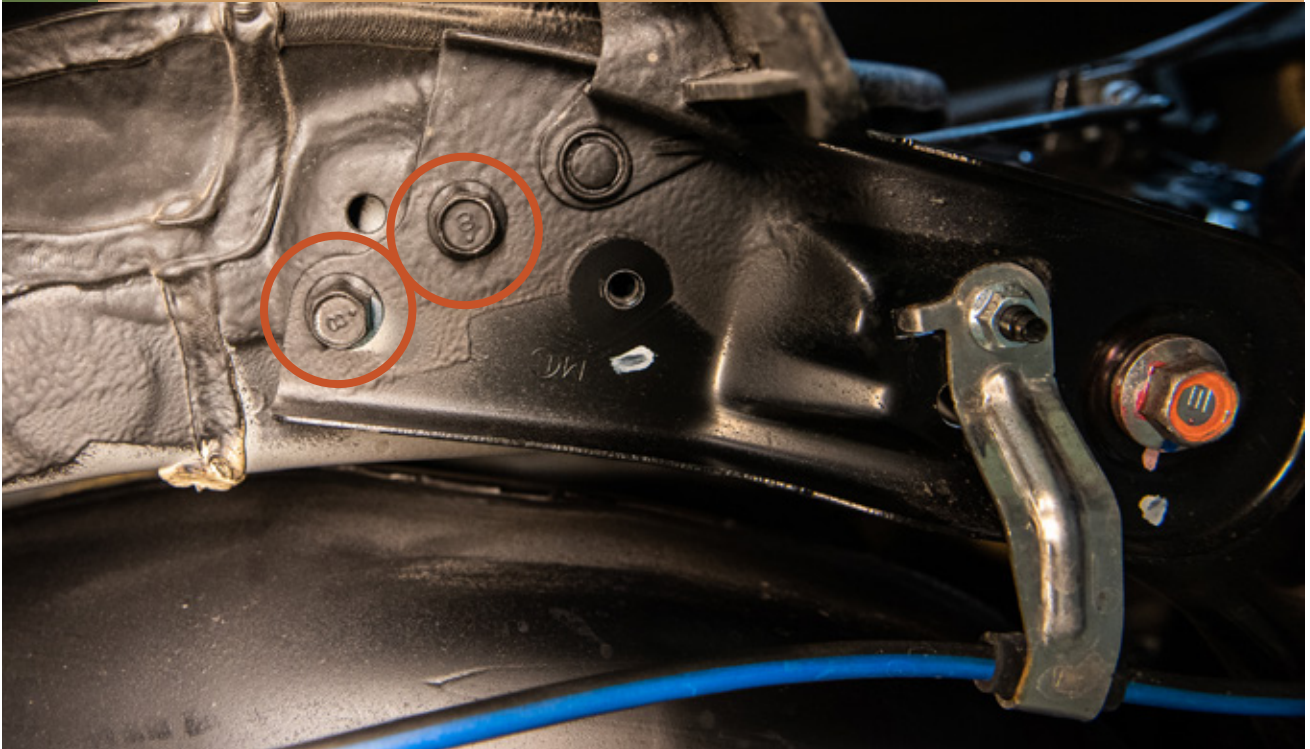
19

REMOVE BOLTS FROM SWAY BAR MOUNTING BRACKET



20

REMOVE TWO SUB FRAME BRACKET BOLTS





21

UNBOLT LOWER STRUT AND KNUCKLE BOLT





22

REMOVE REAR STRUT ASSEMBLY



23

INSTALL TOP PLATE SPACERS



24

USE A TRANSMISSION JACK TO SUPPORT THE REAR DIFFERENTIAL



25

REMOVE THE TWO INNER REAR SUB FRAME BOLTS AND BRACKETS



26

TEMPORARILY INSTALL THE SUPPLIED SUB FRAME BOLTS TO HELP KEEP THE SUB FRAME ALIGNED



27

NOW REMOVE THE OUTER REAR SUB FRAME BOLTS AND BRACKETS



28

SLOWLY LOWER THE SUB FRAME DOWN A FEW INCHES



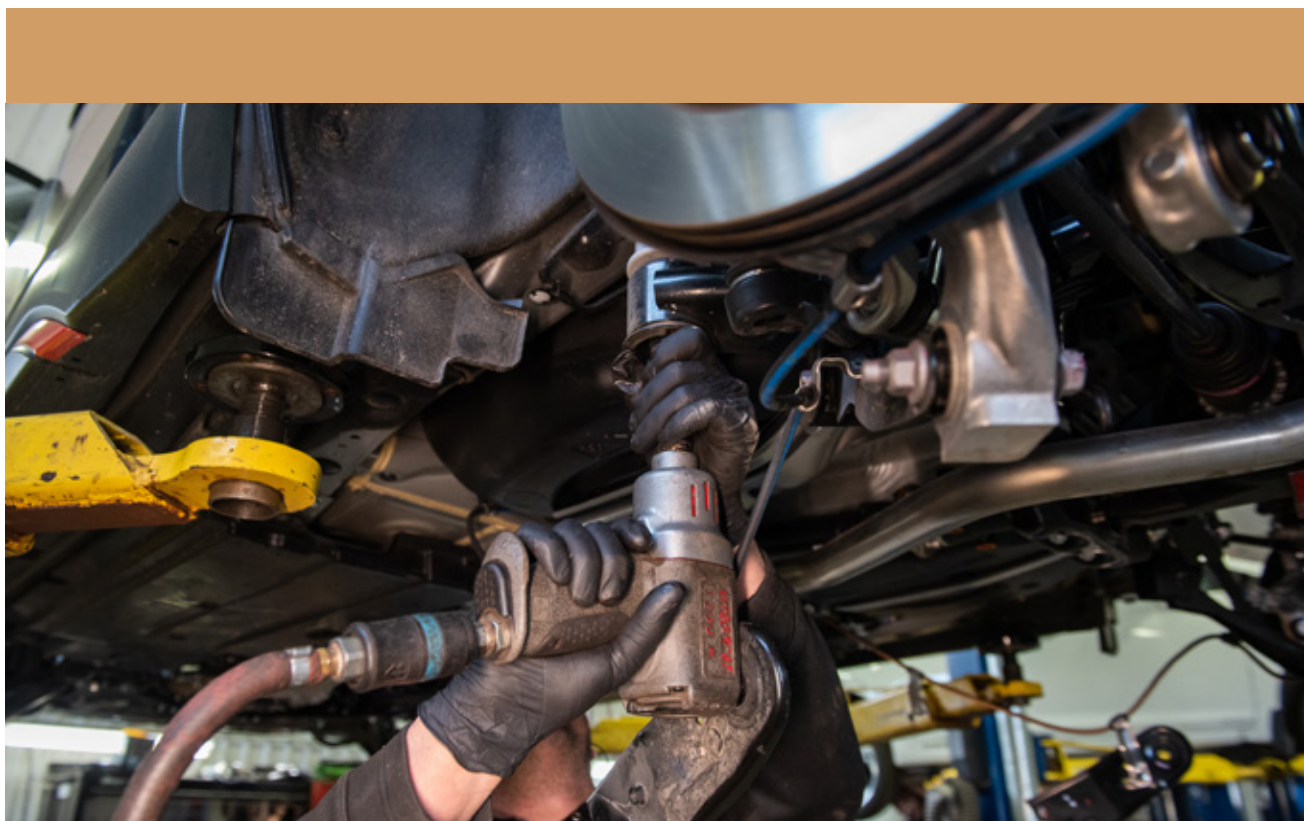
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INSTALL THE SUB FRAME SPACERS



30

USING THE SUPPLIED BOLTS AND THE SUB FRAME WASHER PARTIALLY
THREAD IN THE SUB FRAME



31

REMOVE TEMPORARILY INSTALLED BOLT AND INSTALL
THE SUB FRAME SPACER



WITH THE SUB FRAME SUPPORT BRACKET
RE INSTALL THE SUPPLIED BOLT



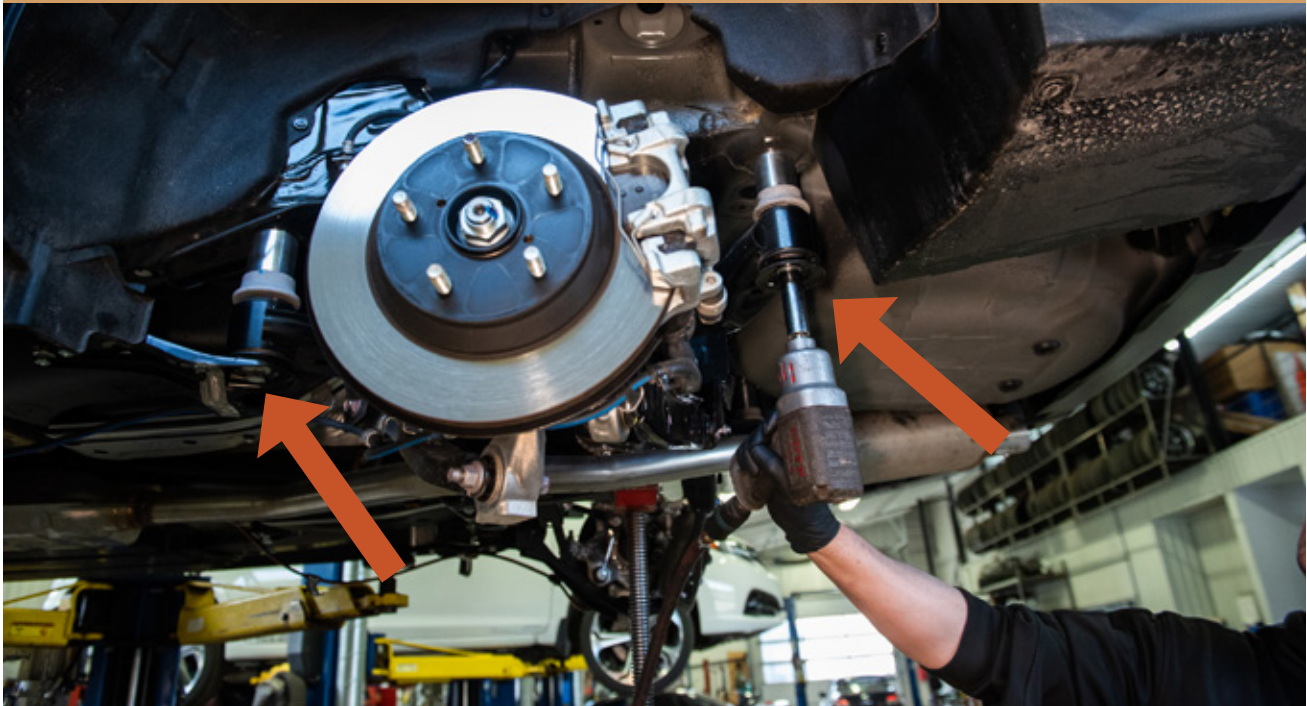
32

INSTALL SUB FRAME BRACKET SPACERS



33

TIGHTEN ALL THE HARDWARE





34

INSTALL REAR ABS LINE BRACKET SPACER



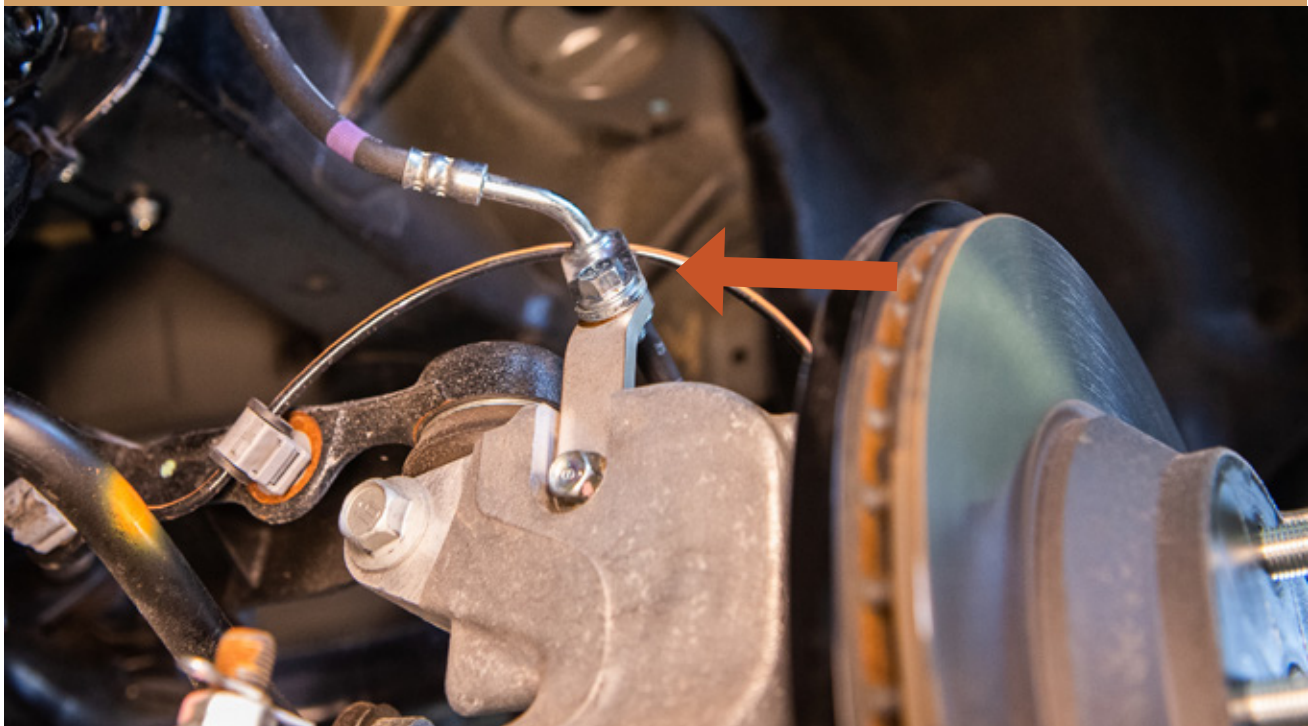


35

INSTALL REAR BRAKE LINE BRACKET SPACERS



MAKE SURE THE BRAKE LINE BRACKET IS ANGLED AWAY FROM THE BRAKE DISK



36

INSTALL BRACKET SPACER FOR THE SPLASH GUARD





37

RE INSTALL STRUT ASSEMBLY



38

RE ATTACHE LOWER STRUT AND KNUCKLE BOLT





39

REMOVE SWAY BAR MOUNT





40

INSTALL THE SWAY BAR BRACKET TO THE
BRACKET SPACER



41

RE INSTALL SWAYBAR BRACKET ASSEMBLY



42

RE INSTALL GAS TANK PLASTIC



43

YOU WILL NOT NEED TO RE INSTALL THIS BOLT



44

RE INSTALL REAR STRUT HARDWARE



45

RE INSTALL TRUNK INTERIOR



46

RE INSTALL INTERIOR AND WHEELS



INSTALLATION COMPLETE!



▼
NOTES:

****Tighten all the bolts to the manufacturer's specifications with a Torque Wrench****

**Double check your work.
Reinstall the wheels and be sure to tighten
the nuts with a torque wrench.**

Wheel alignment is required after installation.

**Products warnings:
<https://lpaventure.com/pages/products-warnings>**

**Limited product warranty:
<https://lpaventure.com/pages/limited-prod->**



**You have completed the installation.
Thank you for your interest
in our products.**

**For all requests, information or
assistance: Contact our team
by phone at
1 (866) 562-1316**

**We are available Monday to Friday
Between 8AM and 5PM (EST).**

**Or by email at :
SALES@LPAVENTURE.COM
WWW.LPAVENTURE.COM**

NOW, ENJOY THE RIDE!