

# ask DR. BEN

## PODCAST TRANSCRIPT

Speaker: Dr. Ben Johnson

Episode 18: Pandemic Updates\_The Slippery Slope\_Part 2

Okay. We're back again for Pandemic Update, the Slippery Slope Part Two. Talking about just a quick summary of the first half hour was we were talking about the big picture. We were talking about the evidence of why viruses are manmade, and this idea of viral evolution is a joke. We're going to talk a little bit more about that, and then we're going to get into some of the big picture purposes of this. The slippery slope is really the big message which is we have got to pay attention to what is happening to humanity right now because we are on a nice edge with a dramatic shift in our cultural norm, to a place that none of us want to be.

There is purpose for it, but we're going to get to that in a minute. I won't go into too much detail, I was getting a little passionate last week when I was talking about this code, and how viruses couldn't accidentally stumble into complex genes that specifically interfere with unique pathways of the immune system that are designed to destroy a virus, and shut it down. And somehow these viruses get lucky, and accidentally develop a code, not happening. Just simply not happening.

That's phase one. Once you understand the virus is manmade. Then you have to think, "Okay, well, somebody made it." When you see a global release like we've seen, you have to realize that this goes to the highest levels of control and power in our country, and you say, "No one is that powerful. Bill Gates and Warren Buffet, those are the rich people. I don't really think they're nefarious."

I've looked, I believe it's the Pirbright Foundation's patent on the coronavirus, which is owned by Bill Gates. It gives me pause, it was filed a few years ago in Europe, you can look that up, and see for yourself. The guy pushing vaccines hard and heavy has a patent on the viral code, so that the people that manufacture vaccines have to pay him for the code. Because they can't use the coronavirus code to make a vaccine, unless they access his information. He has a patent on the virus itself, which should all give us pause anyway.

It goes higher than that. The people that we see as the wealthy people in the planet are not the most wealthy people on the planet. The people that started the banking systems, the people that started loaning money to different countries, and creating a level of control and corruption. Those are the people that are leading this strategy.

We'll get to maybe the purpose of that in a moment. First, I wanted to jump in a little bit to what I've noticed is some really important news on how you can defend yourself from this virus. I'm going to start applying it to the literature. I tend not to believe the numbers that are out there. I think there is a lot of false positive in testing. I don't believe testing has a significant role to play here. I know there is also false negatives in testing.

I know that I have friends who went in to get tested, put their name down, but left because it was a five hour wait to get tested, and they got called by the testing facility telling him that they tested positive. How interesting is that? They never got tested, and they got calls telling them they tested as positive. There is manipulation of the data, there is an incitement of fear

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that's going on. That's all purposeful. I'm going to explain to you my perspective on that. I think it's quite reasonable and logical.

I'm not a guy that chases down any political agenda whatsoever. In fact, I reject political agendas as a whole. I consider myself outside of the box of democrat or republican. I think all presidents are corrupt, I think our congress in the United States, and probably all governments around the world are corrupt. They're corrupt from the bottom up, and the top down. Until we pull money out of our governmental systems all together, no access from any corporation at any time, no money, no gifts, no money in elections, until we get to that point, you just can't trust what's being thrown at us. Each new candidate is a false choice, and I think that is what we need to be matching for in the near future is a complete removal of the government systems as they are today.

Listen, if you're not paying attention ... We all seem to know, what do you need to do here? We have ourselves a situation, well I'll talk about America for a second. We have ourselves a situation where the obvious choices are there. People are out of work in dramatic ways. It's estimated as many as 50,000,000 people are out of work. I can tell you that my only two sons had filed for unemployment in America, there was supposedly some error in their application. They have been blocked from fixing the error. They've been told someone will contact them.

That was four months ago. They're not allowed to make any changes to it. They have not received any benefits under unemployment. They're not considered unemployed, because they're not even a valid application according to the government. They can get and wait an hour or two on the phone, and talk to someone, but that person doesn't give them any direction or assistance. That's just two people I know.

What I'm telling you is, unemployment is massive. You don't have to guess at it. That's part of the goal here. I'll get to that in a minute. I want to just covers some of the health advantages that you need to know about. I was looking into viral research deeper, and I was trying to figure out exactly what it was. A lot of the viral research is designed around analyzing the methods of invasion of the immune system.

I realized something important, because we have such an incredible system, that's coordinating 100 trillion cells every second, with massive precision, with complete conscious sharing of the systemic health of the body. All the metrics are available to all the cells. Everybody is doing their part. We know this to be true, but I'm describing it to you slightly different, because I want you to understand, the body is its own intelligence.

Why do you think your heart keeps beating? Why do you think you keep drawing a breath when you're not consciously thinking about it? Why do you think all these cells keep doing all this work for you and they don't slow down? I mean, through environmental changes we can get them to slow down, and shut down, but my point is simply to say, vastly complicated.

I mentioned in the last episode, I thought there is about 10,000 antiviral cytokines, chemokines, and proteins that the body uses to fight viruses, which is unbelievable, especially when you consider that viruses are relatively new to us. Based on my

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interpretation, the Spanish flu was the first viral release on the planet, 50,000,000 people died.

Shortly thereafter we began having flu vaccines, and then a whole host of new diseases start showing up, cancer rates rising, autoimmune rates rising. Let's dive into that a little bit more. Here is what I noticed. I noticed that our cells are run by our DNA. Then we have 65,000,000 of the 100 trillion cells are bugs that have their own DNA.

When you give medicine or poison of certain level of toxicity to damage our DNA, which was what you would need to do in order to shut down our antiviral capacity. If I'm trying to get a virus into the community ... Again, I put out, all these viral labs are all making really nasty versions of different viruses for God knows what reason. Our cancer institutes are hardly doing any viral research on the many causes of viral cancer that are likely to be there.

It's fascinating, in the viral research, they talk about this connection with autoimmune disease, but I don't hear autoimmune disease research trying to come up with antivirals, or address viral infections at all. It's a funny sort of, we think they're linked to all these diseases, but if you chase that disease down, and read about what the common belief systems are for the disease, most of the focus is on our body, as if our body is misbehaving, an autoimmune disease. It's always about, how is our body misbehaving?

Good news, we found a new way to interfere with your body misbehaviors. Here is my point, my point is to say, our DNA tapped into the AI of consciousness is too good. It's too smart. It figures stuff out. Viruses die out when that happens. Human DNA can only be the target in people that are on chemotherapy, or that are on medication. What is the goal?

The goal is to poison our microbiome, because that DNA is also the subject of code. In fact, I've read research by MIT, talking about splicing and mutating viruses. Literally it was a patent on a method on how to splice and mutate viruses so that they could evade detection by the human body. What they included in there was that there were mechanisms on how to get into our bacteria.

That is the secret access point. This explains so much when you see this in a bigger picture. If you can imagine, the most important protection mechanism you have against viruses is already in really good shape, and that is your DNA. Your DNA unless you have been through massive amounts of chemotherapy, unless you're currently on chemotherapy ... I'll get into the medicines here in a minute, that your DNA is amazing, but your microbiome as we know is a big mess.

Why is your microbiome a big mess? Well, it's a big mess because of the massive number of pesticides that are used in society today. America, I don't remember now ... Is it five times more than the average country around the world per capita? A lot of Europeans and a lot of foreigners when they look at America, they think of us as fat, and unhealthy, and just maybe gluttonous. I think gluttony is something that is part of the story.

I want you to understand something. Really what we are is poisoned. America is just trying to keep their health going, at a time when we're being poisoned more than any other country on the planet. It is pesticides killing our microbiome, or distorting it, food preservatives killing our microbiome, and or distorting it.

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Remember, we moved from a regional farming community based eating strategy, to a centralized ship across the country something that lasts for 2 to 10 years preserved system. We've done this pretty rapidly over the last 50 years. Food preservative is big in there. Then they poison us in our water. Bleach is one of the worst things you could ever do for your microbiome. In America, bleach is in every water system that they can get their hands on.

You've heard me talk about my ex-wife's well, and how the Colorado gov laws mandates if you dig a new well, they have to put a bunch of bleach in it. It's outrageous guys. There is an attack on our microbiome. Why would that be the case? Why would there be an advantage to that? Well, it comes with its own health issues. Like bloating diarrhea, constipation, H. pylori, SIBO, all sort of colitis, Crohn's. There are all kinds of digestive noticeable effects there.

There is a lot more insidious effects that I'm sure are occurring in the human body from microbiome changes that maybe are less obvious. People are taking those changes to their digestive system in stride, and what they're not realizing is how much of an influence that has on the immune system. The biggest part of it in my mind, because think about it, when we talk about immunity we talk about repairing damage, and we talk about immunity, essentially from viruses. There are very few bugs that cause problems.

Yeah, there is bugs like E.coli, where does that cause problems? In our gut. There you go, so it does also impact that. Or staff, well, again, if you don't have a healthy microbiome, all the bacterial infections that we worry about from immunity are also going to be a challenge.

It makes sense there too. I'm telling you that viruses find their way in through a microbiome dysfunction, because our DNA is too damn smart. We've got too many mechanisms to beat the virus down. Do you want to know why kids under eight barely even have symptoms from this? Because their microbiome is in good shape. Our microbiome is in the best shape of our lives at age two.

It's downhill from there. We see as the age increases, we're seeing a decline. Microbiome is the number one point. Again, I emphasize, I think I have developed one of the most amazing microbiome recovery mechanisms, which is called [Recovery](#). It is a prebiotic. I mean, the feedback I'm getting from people is amazing. The results, the success of it is really just unbelievably exciting. I don't believe in probiotics, for reasons I've explained in other podcasts. Essentially, our DNA determines our bugs.

You want to give it a prebiotic that doesn't push it in any one direction or another, it lets the DNA fill back in all of its appropriate bug populations, and not give it some choice of bugs that someone else has decided your system has. Each part is a little different. That's microbiome.

Then we get to oxygenation. This is another big one. Oxygenation is the second most important pathway. You're going to see it with natural killer cells. These are really, really important antiviral cells in our body. NK cells, or natural killer cells. You're going to see it in our macrophages, which are another really important anti-infectious, antiviral approach. This is where you'll see community.

I wanted to just point out that the microbiome story, if you apply it to countries that are struggling the most, you might find that the places where the microbiome is the most

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depleted, are going to be higher in the death rate. It's a close second to oxygenation. So, places where exercise, and oxygenation are lower, and you might argue that Italy is a good example of a place where exercise is not a cultural norm. They have their afternoon naps, and they have all those things.

They're not as obese as Americans, because they're not as poisoned. Remember a ton of obesity is toxic accumulation within your fat cells. Obesity is not so much about how you eat ... I can't speak to the microbiome health of say, Italy, but I think when you start looking around at different countries, you're going to realize that microbiome health matters. When you see cases you're like, "Wait, this kid seems relatively healthy."

You're going to realize that in fact they had six different rounds of antibiotics for ear infections when they were five and six. So, they are struggling with this virus, because it made its way into their microbiome bacterial DNA. Remember, it inserts itself in the DNA. It can insert into bacterial DNA, or it can insert itself into human DNA, both mechanisms are possible.

Then the final cog in the wheel is the immune system itself. The main impact on the immune system are the amount of toxins that we have to face on a daily basis. That's going to determine it. That's again another reason why America is a bit behind the eight ball on that. I think we face more toxins than most countries. I think there are some third world countries that are getting terrible water options, and terrible exposure to toxins. But I don't know if anywhere is like the U.S, it's really, really sad.

Microbiome health, number one. Oxygenation, number two, and immune system, number three. I should mention, on oxygenation, the secret here is exercise, and this is where you're going to find pockets within our different states, where in like Colorado I think it's particularly low death rate, because we have a very high population of exercising, health minded people.

Also, I think their microbiome is going to tend to be more in shape here. Because of that I know that our bleach levels, and public water in Colorado for example is less than say Florida, or Texas. All these factors intermingle. So you're not going to get some perfect picture, because I'm going to give you another example of how you work around this, which is the sun.

One of the best molecules in fighting viruses is probably ... Well, the name of it is interferon, it's probably a cytokine by definition. Interferon, what's interesting about it is the sun, you getting more sun exposure increases your interferon levels, and this is going to help battle viruses.

While one of the things you might notice in Florida, and more sunny places, by the way, Colorado has sun more than 300 days a year, is we're also going to be better at fighting viruses because our interferon levels are higher.

What are the main things affecting the immune system? This is based on my own assessment. No one is doing research on this kind of thing, so you just have to figure it out. The number one medication causing us to be less capable of keeping viruses away is our immuno-modulators including chemotherapy. There is a massive amount of people who have been through chemotherapy. It damages our DNA, and as a result of damaging our

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DNA, I'll throw Accutane as its own little incidence. I'm in the beauty business as well. I talk a lot about Accutane, but it's up there as a DNA damager, and close in line to what chemotherapy would be.

Immuno-modulators, believe it or not, hydroxychloroquine is one example. It is not a good as a prophylaxis for this. It might have some early benefit, like if you catch the virus in the right phase, and you take the right amount of hydroxychloroquine, you can out-colonize your body, and that will slow down the replication rate of the virus. I'm not sure of the specific mechanism of that. Being more acidic does make you more likely to allow viral spread.

There is some alkalinity aspect to hydroxychloroquine, but it's a straight poison. It suppresses your immune system. It is not something you want to be on prophylactically. It is not something you really want to even consider for this virus or any other virus. A ton of people are on different versions of it, Plaquenil is a very commonly prescribed version of it that is used in a lot of autoimmune conditions.

There is a whole host of autoimmune drugs. All of those drugs are immunosuppressors. They're all in the number one category of things that are interfering with your immune system, making you less capable fighting viruses.

Second on the list are steroids. All the people who have allergies, who have a steroid inhaler, or people with skin conditions rubbing steroids on their skin, or any other application. You might be taking a steroid for, sometimes it is autoimmune disease. All of that is suppressing your immune system is not benefiting it.

I had one friend who was on Keytruda. He's like, "Well, I think I survived this virus because," and he had a nasty round of two months of fighting the virus while he's on Keytruda, or he just finished Keytruda. He's like, "Well, thank God I had that in my system, because it strengthens your immune system." I'm like, "No, don't misinterpret these long-term chemo drugs as being good for the immune system." They're chemo. They are killing your cells, they are damaging your DNA, don't misunderstand it. Steroids are also in that category.

Then finally, and really there is only three categories for me that are specific to reducing your viral capacity, and the third one is nonsteroidal anti-inflammatory, the Motrins, and the Naprosyns, and the Tylenols. Those kinds of medications are the ones that are also interfering with your virality.

I'm going to throw in one last one, because I keep seeing it from some of my patients who reach out to me, or new patients I should say, who are asking me about, "What should I do? I'm on this, this, and this, " is, "Don't be mega-dosing antioxidants like vitamin C or resveratrol. Right now is not the time to be mega dosing antioxidants, because the natural killer cells in the macrophages are using oxygen free radicals to shut down this virus." And you're not going to get that shutdown if the cells are full of antioxidants squelching that.

I see different doctors saying, "Make sure to take your vitamin C every day." That is by my estimation not a good strategy. Let's get to the goals here. Again, because this is a global pandemic, I think there is a global effort amongst the very wealthiest of families. When you are running the banking system in 1500s, you got several centuries of wealth accumulation, massive, massive, massive wealth accumulation.

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I don't think we can fathom the depth of the familial network, and think about all the offspring, and the married into families, and the shared families, and the new names. You might be out there going, "Well, I only see there is 20 Rothschilds around the world." It's no longer called Rothschild. It's all of the family name break-aparts that go into that. I don't want to dive too deep into that. My main point simply is to say that these are the families that have access to all the information.

They have access through their relations, and connections with the highest levels of our greatest companies to all the data you need to know. You might be like, "Yeah, I did hear about the CIA has access to all the data, and it has massive collating all the data and collecting it on each of us." And yes, that is true.

Edward Snowden laid that out for you. If you haven't been paying attention, they've got all the data they need on you. They know how often you turn on that porn channel. They know what you're buying. They know your buying habits. They know where you go to. They GPS your phone. Just accept that. I don't get paranoid about it. I'm like, "Yeah, they're watching me. I hope you enjoy the show."

I live a good life. I got nothing to be ashamed of. Everyone should experience what they want to experience, just know that is happening. When you have that level of control, you just have to know that you control the institutions. If you're controlling the highest levels of government through blackmail and manipulation, through paying for campaigns, or paying for someone to go up against them in a campaign.

All of the money it takes to gerrymander a state, all of the manipulation that's going on is coming from the highest levels ... Obviously, look at the stock market. The manipulation of the stock market is done by the fed. The fed is not a government body. The stock market is complete manipulation. Everything around you is manipulated. I'm sitting there in the mornings looking at my Netflix newsfeed, not very often anymore to be honest. And I'm just like, "This is all marketing." Every story here is a story meant to have an effect on me the reader.

Yes, when you open up your google, and you have a tendency to look up certain things. You're going to be shown certain things in your search engine results. They're manipulating search engine results. They're not letting social media experts say the name COVID 19 on a YouTube channel or they defund you. It is scary the level of control.

This is where I get to the slippery slope idea which is, let me just tell you what I think these goals are, and just point out to you the slippery slope before we end today. The goal is to reduce community, they don't want us gathering, because gathering creates a level of power. The more united we are as a country, as a world, the more power we have. First of all, they're isolating our countries, and they're isolating us. They're not going to let us go to concerts anymore. They're not going to let us go to any massive gatherings anymore. They're going to initiate ... Let me finish some of these things, and then I'll go into what I think they're going to do from it. They want to weaken activism, they want to dehumanize us. They want to take away the empathy we might have for one another.

They do this by mandating masks everywhere. I'm not saying there is not a purpose for masks right now to do a controlled inoculation of the planet, because once we all become

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immune, this goes away. That's not the story they're going to tell you. They're going to tell you, "the virus keeps mutating. So, we have to stay on top of that. You're going to have to keep wearing masks, you're going to have to get a health card in order to get to it."

They want to weaken activism. I don't want to get too political on that, I know I could say some things that probably excite some of you. Just to understand that even the most righteous activism campaign is corrupted. You can just look in the beginning days, in the early days when people were really upset about what was happening with the deaths. There is definitely racism in high amounts in the United States for sure, and of course in Europe and elsewhere.

They had a police officer who was one of the first people looting in Chicago, an "off duty" police officer was identified by his ex-wife because she saw him in the images. It's like, when you realize that they are controlling and manipulating. They are only showing the most angry people on the streets for a reason. I mean, you have to start seeing the news as a marketing media.

30% of what the liberal media is saying is true, 70% is false. 30% of what the conservative media is saying is true 70% is false. You latch on to that truth, and you're like, "It must all be true. We're all in this." You get this group think going on, and it's completely destroying our country. That's one of the goals of this virus is to separate us, to divide us, to weaken us, to disempower us, to deflate us, so that we lose our will, we lose our fighting power, because we're so miserable. We have nowhere to turn.

All of us in America, we have a particularly strong entrepreneurial spirit. I know that's true in many western countries around there. The entrepreneurial spirit is being destroyed. It is so hard to be an entrepreneur, it takes so much bravery, and effort, in some cases luck, to survive in the society that is meant to keep entrepreneurs down. The tax code, the way it's set up, I can tell you right now, made it very hard for me to grow my business, and try to stay within the rules the tax system provides.

Now, once you're up in the big echelons you're hardly paying tax at all. How does that work? Well, it works because that's how the system was built. That's why there is such a divide between the wealth gap is dividing, and it's getting worse, and it's about to be crushed. They're taking our assets. When you destroy a bunch of small businesses, someone's got to replace the demand, because people will still have demand for food, for goods. Who is going to replace the demand? The biggest businesses. The ones owned by the people who are part of this network that I'm telling you about.

There was this goal to do that. There was a goal to take lives. I know not everybody has done to see the work to see about that agenda, but there is absolutely an agenda to reduce the human population, because the very, very wealthiest among us think there is a limit to the appropriate number of people that need to be on the planet.

When I get into this idea of capitalism you're going to realize we're heading into a real crisis here when you chase the slippery slope down which I'm about to do. Let's see if there is anything else. They want to get into more forced vaccinations. You're seeing forced vaccinations across the planet. When you realize what I explained to you earlier about this idea that the flu virus, actually it doesn't shift. There are antigenic drifts, but a shift is when



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you're a whole new piece of code that causes a whole new level of evasion of the immune system.

That's a 100 to a 1,000, to 5,000 base pairs long. Remember my description of that? That's not happening in the flu virus world. You look at the research like, what is the evidence that the vaccine is working for flu viruses? You're like, "Huh, that's a weird way to study it." They analyzed the number of hospitalizations in age 6 to 17 year olds to determine whether or not the flu vaccine was active. I'm like, what a bizarre set up for a study? Why don't we give 10,000 people the flu shot and count how many of them develop the flu per age group? Per immunocompromised system, and figure it out from there?

Now, the truth is that there is immunity when your system is strong, and there is a lack of immunity when you are failing in one of those categories I mentioned earlier. You could get re-exposure, and I estimate 5% of the planet is capable of getting re-exposed to this particular coronavirus.

Now, they might come out with a new one. They made this one. They're going to work with the body. They've done all this research lately, "Oh, what is the immune system doing to this coronavirus. Look, oh, they've got this new chemokine that is coming in and shutting down the virus. Let's insert a new genetic code for that."

I have to say one thing on that, the concept of this whole bats. Coronavirus in bats. Do you know that it's asymptomatic in bats? The bats have immunity to the coronavirus. How long do you think the infection is running through the bat population that bats have this virus continuing to produce code, when the code is being fought by their immune system? Probably a week is how a long bat is going to have this virus in it.

So, it's not going to share it with all the bats, or if it does, immunity is going to happen rapidly. It's not going to have time to develop 1,000 base pair code mutations, because the immune system works to defend it. Think about that. They're saying most of the coronavirus is coming from bats. There is these different versions, sometimes it's chickens. There is one other creature I can't remember, because I'm not familiar with the creature.

They're saying, "Oh, it's in there." But they have immunity to it. And it doesn't have the ability to get into human cells. But somehow, within this bat, now you got to listen closely to this because it baffles the mind. This is what the current research suggests. Somehow, in this bat there is this very complicated coronavirus, that somehow keeps mutating within the bat, even though the bat kills it off within two weeks. So, it doesn't have time to mutate.

By the way, the bat's the one doing the mutating. The bat DNA is the one doing the mutating. The virus has no thought or strategy. It is simply running its code through the DNA machinery. You've got a very limited timeframe, because the bat's immune system is working on it. During that timeframe it's going to accidentally one after the other create 1,000 base pair code that allows it to enter into humans, when there is no advantage to a code that allows it to enter into humans that would make it last longer in a bat, or survive better in the bat population, because it's a human code. Think about that.

It's so awakening. It's what gives me the passion to tell you, this is such a crock of shite that's being forced upon us. The scientific community talking about vaccinations. Vaccinations for what? Let's get to that later.

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They do want to take lives, and what they keep finding is the immune system is pretty damn resilient. It's hard to develop a virus that is very virulent enough to get into the body, because the more virulent it is, the easier it is for the body to figure out what mutations it needs to do to shut it down.

Those two go together. They talk about that in this viral research. They use words like accuracy. Why are you describing an RNA piece of code with the word accuracy and fidelity? That's disturbing to the core to me. Accuracy and fidelity. How could a virus be accurate unless someone designed it and it's following its fidelity? It's following its faithful mission to the design? That's the kind of language I saw in there. I'm like, "That seems inappropriate. I don't know if anyone else is catching that."

Anyway, let's see. They want to take our assets. They shut down all our small businesses, and they take over with large business. They're taking over your sales. They're taking over all the entrepreneurial money that you're making. By the way, they're in charge then of what you eat. It's kind of like when I go to Whole Foods, and I see that a third of Whole Foods choices now are the 365 brand made by Whole Foods.

They just looked at all the entrepreneurs selling their products through their chain, and they're like, "Oh look, they're popular. Let's just either buy them, or let's take it over." The problem you have with that guys is the lack of choice creates a lack of understanding of what is going into that food. I get more and more concerned about what does food look like in the slippery slope model? How far do we get in the slippery slope model, to where then all of a sudden food is coming from three major conglomerates? Nestle, Amazon, pick another... Coca Cola, right?

If I see a brand by Coca Cola, I'm running the other freaking way. If I see something by Nestle, I run the other freaking way, Monsanto, all these guys are in the network sharing their GMO foods, which are specifically going to destroy your microbiome and make you more susceptible to viruses. Forcing more GMO foods on us, fighting the government so their GMO foods don't have to be listed on the label.

Forcing farmers out of business through manipulation of farmers insurance, and other mechanisms, so that farmers either have to take on GMO, or they have to grow whatever stupid crop they want them to grow. God knows why the amount of GMO corn is happening, the amount of GMO soy that's happening. It's very hard to find a non-GMO soy today. Soy being one of the biggest food sources for protein out there.

We got problems people. We got problems that we need to deal with. Let's get to the divine goal. I think this is more important. I come from a spiritual perspective, where I believe that everything is purposeful. I come from the perspective that, I don't care how far you go up the chain, and very, very powerful people with very dark intentions, let's just say intentions to divide and conquer the masses, so that they become workers.

The slippery slope I see with this, in all of this ... I guess I should say this before I go to my divine goals. The slippery slope I see ... They're not quite telling America how bad it's going to be. They're like, "We're coming up with solutions. This is all going to be fine "soon."" Then they just sneak little bits of information, I'm not sure this virus is ever going away.

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I'm not sure this virus is ever going away. There are strong rumors they're going to combine the COVID-19 vaccine, which has not been nearly tested enough, not even close to be tested enough to be considered safe. Number one, we can talk about on another ... I don't have time today probably to go through all the vaccine conversation, and why it's nonsensical. But here is the problem guys, your immunity, the immune cells your body makes, the immunoglobulins that we could track that we call the antibodies, that we measure to decide whether or not you're infected. They've got a 90 day lifespan from the last detection of that virus.

In other words, your body is so damn smart, that it makes extra help in cases of infection, that are temporary. Because it doesn't need a bunch of antibodies floating around in your system for decades to a virus they are not going to see again. When a new bug comes in, the immune system is like, "Okay, use this mechanism, use that mechanism." It starts analyzing how the virus is behaving. Because all these viruses are new to the body.

It's analyzing and saying, "Okay, shut it down this way. Let's shut it down that way." It has all these different pathways. Estimated 10,000 different ways that it's using to fight viruses. One of those ways is by programming immunoglobulins to recognize certain proteins on your cells, and to go after cells that are infected, to shut that cell down before it releases a new round of proteins going to the next cell. It's constantly trying to catch up to the system.

The reason why kids go through it so quickly is because yes, their immune system is strong, their microbiome is not letting this stuff go down very easily. Their DNA is impeccable. Boom, they just take it out, barely even makes a dent in their immune system at that age, unless they're compromised by the environment.

I don't understand why no one is talking about it. You need to build up your immunity, you need to fix what's broken in your personal health. And viruses are barely a problem. The slippery slope is that they take the foods, they become just a few national conglomerates, and they're deciding what goes in your food. They decide the level of pesticide, they decide all of that.

The slippery slope we've already seen with government, where government is completely nonfunctional, they pretend to have these divisions, as if they're really battling out for the good of humanity, each side having their own perspective, and it's a freaking game. We're just being played with a manipulation of a much broader agenda. It doesn't matter.

You thought Obama was the president of change. Well, how much change did he do? How many wars did he get us into? How much of an impact did he do? I'm not going to say ... I'm an environmentalist at heart. I think poisoning our planet is part of the way we have to fix everything. We have to take the poisons out of the system, and stop using this excuse that profit is the most important thing, because the shareholder is the most important thing on the planet.

The planet is the most important thing, because our future generations rely on it. There is misinformation in global warming, maybe for another conversation as well. But yes, that's the slippery slope. The slippery slope is we're all on universal basic income. Those of us that are fortunate enough to maybe be in medicine, you're going to have a secure job. But you're going to have to follow their rules.

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You're going to have to go give those vaccines, whatever they tell you. You're going to have to prescribe those medications, or they will take you out of medicine. You're going to be in industry but the slippery slope of industry as you're seeing is, AI is quickly taking over.

Large corporations are laying off masses of people because they have to for their shareholder. They have to do that for their shareholder, but they're going to replace them with robots. This is happening in the auto industry, this is happening in electronics. You're seeing all these other businesses die. Robots are going to take over.

You're not going to have a job to go back to. The slippery slope is there is going to be very few jobs available for you. We have a planet that's growing in population, and a number of jobs that are shrinking as we automate everything. The excuse for automation is better profit.

We're forgetting, that the goal of the existence of the planet, and I guess with that I can lean to the divine goal as our last bit of conversation, is the goal of the planet is to have joyful experience all around. Yes it's true, that the person working on the assembly line can live a joyful life, because their soul is feeding that desire to the ego mind of that person. This is again my spiritual perspective. So, they're perfectly content. In fact, they can live a very joyful life without any of that.

A ton of people get lost and they think, "Oh my God, I need to get rich." Because getting rich is how you get that yacht. Or getting rich is how I live over in that neighborhood, and that clearly is going to make me happy. But it's never been more clear to me, as the more and more people I get introduced to who have tremendous amounts of wealth, that they are some of the saddest, most unhappy people you are ever going to find.

There is a deeper explanation for that. Again I've way gone over my time. So, that's another conversation for another time. But here is what I would tell you, consciousness is the origin of life. Consciousness is the God that we're all trying to figure out. This is this divine energetic force. It's not some old man sitting on a throne in the clouds. It is an energetic force of benevolence.

However, you can't know good if you don't create bad. Part of the divine mission is experience. If you realize that there is no good or bad. That those are just our definitions, because can you really say ... What's a great example of that? We wouldn't think of light as being good, and I'm talking about daylight maybe.

I don't know if that's the best example, because not everyone would say darkness is bad. But you don't know how to define goodness without its opposite. In order for us to appreciate the good, and not just sit around in a blissful cloud of nothingness. I don't think anyone does that at any level of our experience. Yeah, maybe at the highest levels, I hear rumors.

What you need is you need to have a dichotomy, a separation and a differentiation. I believe that it was part of the divine experience of the planet earth to have the experience of this negative force of pedophiles, and greed, and gluttony, and narcissism, and hatred. All those things were needed so that we can know what community, love and this recognition that we're all sharing in the same cloud of God consciousness is to me a really important part of this.

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Freewill is on this planet. We're able to make the choices, and we're getting drawn into these choices of narcissistic behavior, and greed, and "I've got to be more greedy in order to get to the top, and individualism. I have to be better than that person, otherwise I couldn't live with myself, knowing that I had to walk over those people to get to where I'm at. Unless, in my ego mind I define them as less than me."

That's where racism became more powerful, and we were judging everyone. Here is what my divine takeaway is. My divine takeaway is God's trying to expose all of that to you. Unfortunately, the way that most likely is going to be is you're going to have to break down society.

You're going to have to have people who were normally pointing fingers at the people marching in the streets, or the people who were normally saying, "They don't deserve a handout, they don't need any help, they can pull themselves up by their bootstraps." Well, when you break society down to a point where 50, to 60, to potentially 70% of the population is unemployed, and you have a place like America, where you don't even have universal healthcare access. And you have a disparity in income, and what can be bought, and you see that wait a minute, you mean, the only access to food I can afford from your give out of monies, your universal basic income which is coming using digital dollars, so they can electronically manipulate how money flows, which obviously has to be massively controlled before we would ever consider a digital dollar.

Digital dollar is not a big deal to me. But it obviously cannot be in the hands of the highest levels of corruption. What they're trying to do is actually serving God's purpose, which is in my view to wake us up to the reality that we are a community, that we need to all be in it, to help each other, that there is no man left behind, that everybody deserves the right to healthcare, that everyone deserves the right to adequate food access. That everyone deserves the right to joy, and to living out their dream.

We shouldn't be restricted from going in the streets, because we're not following some new government rules. It makes me very nervous when I see these militias going out, because what they did, and they studied their police department, they found out that a lot of police, and I know some of you will be like, "I don't know if that's true." But no, they actually found, police have a difficult time shooting fellow Americans. There is a fellow American, that nationalistic, pick your country by the way. So they have to get these hired gun militias. The hired gun militias have a much more sociopathic mentality, and they don't have a problem gunning people down, and putting them in the box of, they're rebels.

Here is a slippery slope, you're going out with a mask, you're a bio-terrorist, because you may very well have COVID, and you may be spreading it to everybody else. Therefore, you're a bio-terrorist, and we can throw you in jail. You're not following the mask guideline, and we track your phone. You see these other countries are like, "Thank God it's not us." It's not us yet, but the other countries are saying, "You are suspected of having COVID, and your cellphone tells us you went outside your boundary zone allowable. You are going to be arrested or fined, or whatever the plan is."

They're essentially trying to get as many of us to a place where we're so depressed, where we're so deflated, where we're so weakened by the separation that we feel helplessness, and

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hopelessness, and that is how you control the masses. That's the goal. The divine goal is for us to all get close to that place.

I don't know how close we're going to get before answers are brought, but the answers are up to us. If you want to know why we keep electing politicians that don't seem to have the best interest of the planet, and our people at heart, it's because there is too much greed, gluttony, and hatred in society. And it's just a cycle that's going to continue until we shake it up.

I don't know if that's a sense of hope. I have a lot of hope for the future. I think this is a 10 year process. I think this plays out through 2030. I think that it's going to get a lot worse before it gets better. Better be prepared for what's coming when it comes to the joblessness, and the homelessness.

Congress had the ability to fix this, and they're telling you, "We just can't agree." Well, that's a bunch of BS. They could agree, they chose not to agree, because they want to break us down. They're going to break us down, and then we're going to be, so thankful for the pittance that you provide us. "Thank you sir. Thank you for the pittance."

That is going to happen folks. I'm just waking you up to it. I know this is about beauty and health, and I should stick to that. Mostly I'm so passionately frustrated with the agenda playing out. I'm tired of hearing about the number of cases.

We just opened some schools. Remember kids, very, very low risk. Remember people, there is no magic bullet at the end of the rainbow where the vaccine is saving the planet. Vaccines don't work, they never have. There is no evidence that vaccines work. They use these examples that viruses go through our society and then then they peter out as an example, to tell you that the vaccine did that. It was timing. It was the inoculation of the planet. It was herd immunity. That's actually how all of this works.

It's getting back to the basics. I want water supplies that don't poison my microbiome. I want foods that don't poison my microbiome. I want all the suspected toxins of cancers to be removed from society until we can further analyze their health benefits. I want truth at the highest levels of government who are making decisions that are tremendously impacting our lives.

There is a goal to destroy the entire cultural landscape that we've known, because this is literally, the art of war kind of mentality, where it's like, how do you get society to comply? You tear down every structure that they're familiar with. That's essentially what's happening to us right now.

Positive happy notes. I like to end on a positive. Positive, listen, we have a product at Osmosis called the [Immune Activator](#). It's a special type of oxygen called Trioxolane. When you take it sublingually, it does increase this oxygen presence in your body. I do believe it is what your natural killer cells, and macrophages are utilizing to fight viruses.

We've had a decade of success using this product. It is your prevention, it is your way to build up the oxygen component of your immunity. Exercise is the other one. Sun exposure is the other one. Those things are important, but microbiome is the first. That's where the [Osmosis Recovery](#), and if you've got a lot of candida in your system throwing off your microbiome, there is a product called [Skin Perfection](#) that helps shrink candida.

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There is another product called [Skin Clarifier](#) that pulls mucous out of your gut, so it helps restore balance to your gut. Those may all be choices for you. You can write me at [drben@osmosisbeauty.com](mailto:drben@osmosisbeauty.com) for a question about your or your family's personal health, and strategies for that.

Then you have this antiviral [Immune Defense](#) product that we make that is two doses. People that are suspected of COVID, and or have been diagnosed with COVID have taken two doses, 12 hours apart. A dose is by weight. If you weight between 100 and 200 pounds. If you weigh let's say 150 or less, you can take 1.5 bottles of dose, three bottles total. It's 1.5, but if you weigh between 100 and 150, you take 1.5 bottles, which is most of you. You take 1.5 bottles in the morning, and 1.5 bottles 12 hours later. Then you have a 24 hour die off.

Now, I have a whole host of [protocols](#) I'll be posting on the website for a variety of different other health conditions, to try to help people get off some of these medications that are causing them to be at risk for that viral exposure. We'll be sharing that more publicly. Right now it's a private sharing.

You can always reach out to one of our institutions or practitioners. You can find them on our finder at [osmosisbeauty.com](https://osmosisbeauty.com). They can help guide you in solving some really challenging problems. I mean, I can tell you the protocols we have for some of the most challenging problems in health today have me very excited that it is possible to restore your health to a place where viruses don't matter, and where this stuff passes through without a blink.

Remember that is possible, remember that these guys are not evolving, and escaping our detection. But more viruses are being made. So, we have to keep an eye out for that, and really push our scientists to be totally honest. Why are all the doctors talking about, "Oh well, the vaccine is getting close. All the tests were positive, no one died."

Well, what if the vaccine is getting close? Talk about what you know about the effectiveness of the vaccine. You're going to find that that is quite a disappointing factor.

I will leave it at that. I promise to be more positive in the next episode. I just think these are things you need to know. This is the way your brain needs to think. You need to become an intellectually curious person. You need to become self-empowered. You need to take your own health, and your family's health into your own hands. You need to recognize that there are agendas playing out on the planet, and you're not going to be able to stop them right away.

The real answer here is to recognize that everyone in the world are your fellow brethren. That everyone who is suffering means a part of you is suffering. We need to pull the people up at the lowest ranks, especially right now, feed them, house them, clothe them, and make sure they're well.

Because if not, I mean, you can even make an argument from a more cold perspective and say, "Listen, if we don't get our sickest people healthy, then they're going to be the pot that they drop the next virus into, to get the next pandemic rolling." Then we need to ask that question of what the hell is going on with virus? Virus manipulation? Who is in charge? And why the hell are they still in charge?

Thanks everybody. Talk to you soon.

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