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Speaker: Dr. Ben Johnson

Episode 33: Viruses, mRNA Vaccines – A Novel Perspective

Hello, and welcome to the #ASKDRBEN Podcast. I'm your host, Ben Johnson. As a holistic-minded physician, I've spent the last 20 years looking outside the box and conducting research to find the true causes of skin conditions and other diseases. And while the focus of my work has been on aesthetic medicine and unlocking the secrets to reversing skin damage, this podcast will also include many other exciting revelations pertaining to you and your family's health and wellbeing. So, let's get started.

I'm your host, Dr. Ben Johnson. Normally, we're talking a lot about health and beauty matters. Occasionally, you do hear me talk about viruses, the pandemic. I thought today was a good time to revisit my position and give you my best guidance for you to help you navigate through the waters and to keep your eyes open. This is just purely about keeping an open mind and remembering that there's a big attempt right now to get everybody really fearful, which is somewhat valid. It's a serious virus, but fear is never good. Actually, fear weakens your immune system.

Being very fearful literally makes you more likely to struggle in clearing the virus. You also have to remember that the healthiest of us, our infants, our youth, do very well when exposed to COVID and some, actually, I think in many cases in the very young, they have little to no symptoms at all. You have to know that your body, when it's at its best, manages viruses with phenomenal accuracy. As you've heard me say, we have approximately 10,000 different immune cells and cytokines and peptides that are involved in fighting viral infections.

It should be really quite remarkable to you. If you can appreciate how phenomenal the body is when it gets exposed to a brand-new virus with brand new genes, it's never before been exposed to and it's still capable of shutting that virus down when it's not impeded or burdened by toxins or medications that are interfering with our ability to fight the virus. Have some comfort in knowing that by restoring your health, you can survive a lot of pandemic potentials, a lot of virus exposures and other pathogens. Listen, viruses aren't the only thing to worry about.

One thing that gives me pause is the scientific literature already identifies that a third of all cancers are caused by viruses. The viral community, in their research, oftentimes points to the fact that viruses are a highly suspected trigger of autoimmune disease. I've been a physician for a long time, and granted, I'm not practicing. I'm in awe at the number of bizarrely titled new diseases that have been identified apparently by the FDA. Because, usually, a new disease is identified so that an effort to create a new medication that big pharma would like to offer you.

Yes, viruses are a problem. It is my opinion that the first real exposure to viruses came in the 1918 flu pandemic. Since then, we've seen a host of new diseases that never existed before. Let's say the 1940s, remember that the first vaccine was in about 1940, which seems so remarkable because back then, in theory, we were quite naive to disease and what caused it. We were past this pace of bloodletting, but not by much. It's pretty amazing the rapidity of the new viruses that come into the world.

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I think what I struggle with most is there's not enough discussion about viruses and their origin. I think it's intentional, that these questions are being left out of the public forum. Where do viruses come from? Where's our proof of that? For example, just today, the WHO announced that they've looked into the possibility of the Wuhan Institute of Virology being the source of this COVID-19 virus. They've determined there's just not enough evidence to support that theory. We're going to go back to the bat theory, where there's no evidence to support that theory.

I'll get into that in a little detail here in a minute. You have that. You have also recently, South Africa doing their own study of one of the vaccines that purportedly had a very high success rate in the trials, and they found it to be completely ineffective. When you really want to paint the umbrella picture, I think it's important to refer to flu vaccines because the flu virus is an RNA virus, just like COVID, and the efficacy of flu vaccines in clinical trials is zero. It does not work at reducing morbidity or mortality in the flu, according to the most recent clinical trial that I've found.

In addition to that, there's another study that says, when you get the flu vaccine, your immune system is impaired by it and you actually do worse. Your outcomes are worse with respiratory illness and other respiratory diseases. All of that gives me pause. I don't subscribe to the idea that you're either a believer in vaccines or an anti-vaxxer. I'm just a believer in getting to the bottom of what is true, asking our scientists to have some intellectual honesty in their presentations. It's quite fascinating to me the language they use.

For example, they say, "Oh, this virus is mutating and there's all these mutations all around the world." Well, based on all the research I can gather, and I'm not a geneticist, I'm not a virologist, I'm sure those people's knowledge of viruses and how they replicate far exceeds what most physicians are capable of understanding because they spend their life investing in that. There is so much that's unanswered. I'm going to just bring a lot of questions for you today and give you all the tips I can to help you navigate through these challenging times.

Where I want to start today is, first, on the trial. I went back and looked at the very little bit of evidence that has been submitted. Isn't it shocking to you that the whole world is banking on the vaccines being effective and there's just not a lot of information that I could find on how exactly the clinical trials were set up. What they did was, when someone was given an injection of the vaccine and they had a reaction, they were removed from the study. I believe this was done in every study because it's a two-part vaccine.

In this study, if you react in the first part, oh, it's too dangerous for you to do the second one or whatever their reasoning was. When you start eliminating that many people from the study for a reaction, and then you go to the information out of the UK where they were talking about how everybody's reacting to the vaccine, you start to realize that there was some creative selection of candidates through that elimination. I think that's how they came out with a 95% success rate. You should know that mRNA vaccines appear to have been worked on for the last 50 years.

They've never been effective, because they don't initiate a strong immune response. I'll explain that a little bit later. When it comes to the flu vaccine we just talked about, it's proven itself to be ineffective. That's something they've been working on for 80 years. Here's a concept that you should understand out of the gate here, immunity. What is immunity?

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How do we get immunity? If you get a cold virus and you pass it on to a family member and that family member passes it on to the next person, and let's just say that virus survives and stays within the family unit and gets back to you three weeks later, do you get another cold?

No, you do not. Now is that because your body identified the virus and has a picture of it? Is that because there's an antibody that got, let's just call it a physical snapshot of the virus, so it responds much more quickly. Well, I'm afraid the answer to that is no. What you have to understand about antibodies is they're really more of the general in the process of fighting a virus. They only keep that snapshot around for about 90 days from the time at which the last virus particle is detected in the body, because the bodies very efficient.

It doesn't need to keep antibodies hanging around for something that's no longer there. That's why antibodies disappear. Now there's all this misinformation, in my opinion, That when the antibodies disappear, your immunity is gone. Well, that's proven itself historically to be a complete falsehood. In fact, the whole conversation is so oversimplified by the medical/scientific community as if the lay people can't understand it. We're not really given the opportunity to give consideration to all these things.

Everyone's just approving these vaccines based on studies. No one's really validated. We're committing billions and billions of dollars to the pharmaceutical company is going, thank you so much for rushing this through and doing such a great job. When in fact, we have their internal trial evidence as the evidence. Until the very first study that I know of, that where we have more of an independent evaluation, they said the vaccine didn't work at all. What creates immunity? Well, immunity is created not because of a snapshot. I'll explain to you why that is.

Let's say you walk into a room who have an infected person and they breathe, and you inhale that virus. It goes right into the mucosa of your nose and it is immediately identified as a problem. Most likely by the mass cells that line the mucosa, I don't know why most people don't talk about mast cells. Mast cells are a critical, critical fighter viral protection and the process begins. In fact, the research shows that within 12 hours of exposure, the immune cells have multiplied to a peak rate. They are ready to take on this virus and they're just trying to watch and see what it does.

Why is this important? Because what they try to imply in the news is that, as long as you have a snapshot of the virus, or in this case, with the mRNA vaccine, all your body's getting is a snapshot of one of the proteins that the virus creates. You have a snapshot of the virus and now your immune system's way better and it can handle the immune issue. They would always say in these other vaccines, well, we're only giving a little piece of the RNA virus in this vaccine.

Because once the body sees that piece, now anytime that piece shows up as part of a virus, the body is going to be like, aha, I remember you and I'm going to fight you. That is not immunity. If that were immunity, then first of all, everyone would be doing great. Because just having the snapshot, pretty much, everyone has this immune system healthy enough to take the snapshot. Maybe 0.1% of the population doesn't. It's not about the snapshot.

Immunity is what the body does when it says, I've never seen this before. What does it do? What is the RNA code of this virus?

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Remember, viruses aren't alive. They don't have a brain. They don't have the ability to create their own mutations to try to evade capture. None of that is true. All viruses are a piece of code that gets inserted into our DNA. It distorts what our DNA was doing in the cells it's infected. It sends a whole host of different activations based on how many codes for genes that complex RNA virus has. What immunity is, is when the body follows those pathways and the body says, oh, it's trying to get my cells to make this protein. Oh, it's trying to get my cells to stop this immune pathway.

Oh, it's trying to create a protein that allows it to trick the cells into bringing it into this area. There are several genes. I don't honestly know all of the different pathways of COVID. I'm not sure they've talked about all the different pathways. We can talk about the ACE2 receptor site, because that's a big tell for me that this virus is, in fact, manmade, but we'll get to that. It's really important to understand this immunity thing. What immunity means is I don't just have a snapshot because snapshots don't last, the scientist will tell you. The snapshot is 90 days.

The snapshot is not what's important. Think about that for a second. If I got a snapshot of the virus, which is what the vaccine is supposed to be, if I had a snapshot of the virus, at most, that is giving me an hour advantage, an hour heads up, oh, wait, I've seen that before. That advantage is muted by the fact that your cells get the instant snapshot as soon as the virus touches your mucosa. You're getting a snapshot, whether you had one before or not, antibodies are formed within 12 hours.

The snapshot would only aid in, let's say, increasing your fighting power by 12 hours, if it does that at all. You could see why that really wouldn't make a big deal. I got a 12-hour head start on fighting the virus and that's going to determine whether or not I don't get sick or I do. That's not realistic. That is not intellectually honest. Of course, I never see that discussion of what's really going on, what is the process. I would love it if they would just put it all out there, because the viral experts study this stuff. We'll get to the viral institutes, oh my gosh, this pains me.

The snapshot is not an advantage. The advantage is that when that virus is in your system and it's trying to do all these different things, and remember, they just keep getting more and more complex, the body's figuring out different ways to fix it. In other words, the body might mutate one aspect of the RNA coding or it might mutate one aspect of the mRNA, and then it sees what shuts down that pathway. If it doesn't shut down that pathway, it'll try to mutate a different aspect of the virus. The virus itself is never transforming itself, it's just a piece of code.

That's the body creating the mutations. Again, it's intellectually dishonest when I read the literature from the virologist and they're like, "Oh, the mutations are serious, and they can be really deadly." Well, sure. The mutations, if they add a whole another gene that has a whole new other way to evade the detection of our immune system, that is serious. There's no way that that mutation occurred in the human body, because your human body is brilliant. 10,000 cells operating instantly trying to shut this virus down every pathway that it can.

By the way, remember, in infants, they've proven it does. It shuts that sucker down in infants. Each decade, as you get older and older, your immune system gets more and more impaired because we live in a world of toxins and medications and other pathogens that are

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suppressing the body. You see, with each decade, our ability to fight the virus diminishes. That's a generalization. Obviously, there's going to be examples of young kids who are struggling because of what I said, their immune system is actually not healthy.

In general, the healthiest of the kids are flying through it. It's not a question of whether or not the body is smart enough to shut the virus down. It's whether or not it's healthy enough to shut it down. That immunity piece is about the mutation and the constant mutation of the different attempts of the virus to evade capture till the point where, in fact, the body does win the battle. That's immunity. That's why diseases have disappeared from the planet for the most part, like polio. We've talked about this, polio.

The only instances of polio in the world today are people who had weak immune systems who were injected with the polio vaccine and developed polio from the vaccine. Polio is not traveling around. These diseases are not just traveling around. Yes, there are outbreaks of other diseases we're vaccinating. I don't want to make this a big conversation about vaccines, it's so polarizing. All I'm telling you is; immunity doesn't come from a snapshot. Immunity comes from days, if not, weeks of attempts by the body to figure out all the different ways it can shut the system down.

If you've heard me talk before, one of the most amazing things about the human system, and this is why I subscribed to this idea, that the AI intelligence of the human body is literally consciousness. It's consciousness, which is universally available bit of information. The proof of that was they did studies on rats and they found that successive generations of rats who were doing, let's say, the mice studies, where they run them through the maze to find the cheese, they were getting smarter and smarter with each generation.

Now that's not programmed into the DNA. That's because we all share this information. I do believe that there is a global sharing of information. That may be too far out there for some of you guys. It doesn't really matter. My point is to say, you could believe whether or not immunity is information shared or not, but it is learned. It is learned through the experience of an infection. It is not learned through the snapshot of one piece of a virus. The virus has all these tricks around the system. Your body doesn't know the tricks by seeing a little piece of the virus.

I hope that's clear. It's a little complicated. This whole science is complicated, and they rely on that. They rely on us to go, oh, the experts must know better. If you've learned anything in the last few years, it's time to take control of your life. It's time to take control of the information that you're receiving and to really read up. If you care about this enough, you should go out and challenge what I just said or what I'm saying going forward here and go research it yourself.

When I started digging in deeper to the research, I was like, why aren't we talking about that? It's so obvious once you realize what's out there. So, getting to the mRNA vaccine, part of the story, an mRNA, messenger RNA is what it stands for, the M. It's another piece of code, is designed to tell the cell to make a specific protein. I believe what all these different groups, the Modernas and the AstraZenecas and every Pfizers, what they did, and I don't know if they all went for the same protein or they all chose different proteins, but they all said, hey, this COVID-19 makes this protein.

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We're going to get the cells to make that protein. That protein is going to stick out on the cell wall and the body's going to go, oh, that protein doesn't belong. Take a snapshot. Well, it hasn't worked for decades. Now all of a sudden, it's 95% effective. I'm struggling with that. Part of the reason it doesn't work is, of course, a protein is not all the sneaky, incredible evasive strategies that that RNA piece of code has. It's just a piece of protein. The fact that the body sees that protein, it does not actually create an immunity because the virus itself is a 30,000-base pair.

I think it's 30,000 nucleic acids. I need to double check. It's either 30,000 base pairs or 30,000 nucleic acids, which would mean it's either 60,000 or 30,000 nucleic acids. I apologize that I don't have that right in front of me, but it doesn't matter. It's a highly complex piece of code and it does a lot of different things. Just the body having a snapshot of its protein does not create immunity. Now you might ask, well, why would they propose this farce? Well, they do it to rake in billions and billions of dollars. You might ask again, well, how could they get away with that?

How were they going to keep the farce going? Well, this is how you do it. If you followed me in the past, you'll know that I've been pretty good about predicting the pathways of what was going to happen here in our world. One of the predictions I made was that I thought we would reach herd immunity by the end of 2021. I think we're on path to do that. In order to reach herd immunity, you have to have roughly 66% to 70% of the population having been exposed to the virus. You've seen how high the cases are right now.

I think there's some fatigue out there with people in masks and just getting tired of all the restrictions and getting just a little bit more lackadaisical maybe. The infection rate has been very high, and this is a highly infectious virus. I think herd immunity, if it's not by the end of this year, maybe we're going into 2022, but I don't think we're going far into 2022. Why is that important? Because I'm telling you, natural herd immunity is happening, the real immunity, where you actually get exposed to the virus.

Oh my gosh, I pull my hair out when I read articles where they say the vaccine gives you better immunity than the infection itself. That is such nonsense. I don't even know how they can say that. I don't even know how people can repeat it, such nonsense. The idea that you've had the infection, but you should get the vaccine anyway, that makes no sense whatsoever. There are clearly side effects to the vaccine. Well, why would you re-expose yourself as if your body didn't figure it all out with the first infection? Don't buy into that at all.

Now, unfortunately, for all of us, they're going to essentially indirectly mandate vaccinations for everybody. That's neither here nor there. I don't fear of the vaccination. The way they're going to do it, and again, I predicted this a year ago, the way they're going to do it is they're going to tell you, you can't fly on a plane if you don't have proof of your vaccination. You can't go to a movie theater. You can't go to a football game. Maybe restaurants will start mandating it. It's not going to necessarily come from the government. It's going to come from the policies that are created.

Anticipate you're going to have to get a vaccine even if you don't want to, if you want to participate in society, whatever. There's only so much fighting in the system you can do. All I'm asking for is some intellectual honesty about why did this mRNA vaccine work when all

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the others didn't. What do you think is happening? One of the interesting things about mRNA vaccines is, historically, they don't cause a fever because they're not an infection. The body raises the temperature to fight viruses. It doesn't raise your temperature to fight a protein.

I'm fascinated by the high incidence of fever from people who are getting these vaccines. I do suspect there is a virus in the vaccine, in addition to the mRNA code. I've suspected that for a lot of years, neither here nor there. I think that's what triggers the reaction. I'm not going to be able to prove that so you can take it or leave it. The information on the ingredients of the vaccine is generally there. I don't know if it's specifically there. When you go back and you look at the ingredient decks of vaccines, historically, they're a bizarre collection of bits of animals and like the eye of Newt and the wing of bat.

I'm being a little facetious there, but not much, it's pretty crazy. I know a lot of people focus on is there mercury or not mercury, and it is a factor? I don't think they're putting mercury into this vaccine. I don't think that's the big problem with the vaccine. There's a strategy to mercury. I won't go into it. Because I don't want you guys to get lost. To some of you who are following this, and you're intrigued, but your tendency is to go, this guy is probably talking a bunch of BS.

I want you to stay open to this, because there's a lot of really interesting information that I'm going to share today that has me really confident in what I'm saying. Otherwise, I wouldn't put it out there. Obviously, most people don't speak out. On that note, let us move to the people who did speak out. The question as to whether or not this particular virus is manmade is one question. What I've told you is, I think, if this one's manmade, well, when do they stop being manmade?

If you can get there and appreciate what I'm about to talk about and understanding why this appears to be a manmade virus, then you should at least be open to the fact then, if this one was manmade, well, was the last one manmade? Was HIV manmade? Because there's a lot of evidence to suggest that was true. The whole sex with monkeys' story, how bizarre was that? Come on. You can go, okay, wait, if the HIV was manmade, you can go down the list of viruses, Epstein-Barr virus, there is a deep rabbit hole and I've chased it pretty far.

To be honest with you, I just don't have the time to chase it all the way to the nth degree like looking at, is it ... I think it's called ... Is it Jekyll Island? There's a pathogen lab off the coast of Lyme, Connecticut or I should say, I think it's off the coast of Georgia, but near Lyme. I'm not exactly sure, but yeah, it's well-known. They're working on viral vectors. Vectors means which types of bugs can be carriers of different types of viruses. Listen, you don't have to believe all of that, but let me give you some evidence as to why this particular virus is manmade.

One of the heroes of the story is Alina Chan. Alina Chan works for the Broad Institute, which is funded by MIT and Harvard. She's a viral expert who is very familiar with COVID. She wasn't the only one doing analysis. Other scientists did analysis on the genetic makeup of the COVID-19 virus. What they found was there was strong evidence of insertions. There was strong evidence of exact code from SARS and from HIV. In 2013, there was an outbreak of a virus in a community, I think it was in China, but it was a bunch of miners mining under the ground.

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They all died from this virus or many people died. The Wuhan Institute of Virology began studying that virus in 2013, who knows if they studied it before? It was made publicly aware that the Wuhan Institute of Virology, and I'm sure many other virology institutes around the world began studying that virus and it was 96% similar to this virus. You should know that all these virology labs and the Wuhan Institute of Virology, it literally receives grants from the NIH, from the United States National Institute of Health.

The last grant, \$3.7 million to study how to get a gain in function of viruses, a gain in function. Meaning, how do we make this virus even nastier than it is? How do we make this virus trick the immune system even better? Now you probably heard me say this before, but what the freaking freak. Why are we trying to make viruses more virulent and why are we funding that effort? Now they generally gloss over that question from all my research, they say this. They say, "Well, we want to see how bad it could get so that we're prepared." Really?

Well, you've been studying a very similar to COVID-19 virus for almost eight years. Did you come up with any advice for us on how to fight it better? Are any of these virology labs coming up with solutions for viruses? No. We're giving them millions of dollars to make viruses nastier, to make them more infectious. They literally said that. They literally did a published a research paper in 2017 where they said, guess what? We have made this SARS-like very similar virus to COVID 19 virus 10 times more infectious by creating what are called salt bridges.

In other words, they charged the nucleic acids. I think this might have something to do with why they're having to key store these viruses at sub-zero temperatures. In 2017, they published a paper, and then they published another paper in 2018, I believe, where they had some other breakthrough. They're calling these breakthroughs. We made it 10 times more infectious. Thank you for that. Now here's another crazy, but true part of this whole picture. It's estimated, and this has been researched.

This is clinically proven that when they look at all the virology labs in the world, they can tell you that based on historical evidence, there's a 20% chance that they will have an accidental escape of one of their pathogens. What? What? In fact, the US embassy went into the Wuhan Institute of Virology, I believe, back in 2018, and may have been 2016. They said, this place is a freaking nightmare. It's a danger. We need to reform their practices. It's scary. China even went in and evaluate it and said, yeah, they got issues. Did they ever fix them? No. Was anything ever done?

Zero was done for those assessments. Why aren't we talking about that? It gets a little more eerie, guys, when you hear the next part of this story. I haven't got into Alina Chan's, the rest of what she had to say. It's fascinating. We pay these virology institutes to make the nastiest viruses. By the way, they literally say we're infecting bats. We're infecting pigs. We're infecting pangolins. We're teaching the virus how to get into those tissues. Okay. This is where I try not to get too ramped up because I'm like, what are you doing? Why are we doing this?

Why is no one talking about it? Can we just have an honest conversation? They make these viruses nasty. They make them susceptible to humans. One of the things that Alina Chan noted was that there is no version of COVID-19 in the bat community in any resemblance,

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whatsoever. In other words, they would like us to believe that over the last, I don't know, decade, the bats kept re-infecting themselves with this virus. Apparently, they don't have herd immunity, which is BS. They kept infecting themselves and they kept mutating and they kept mutating.

Lo and behold, after a decade of mutating, they mutated just perfectly tens of thousands of code that works with humans, not with bats. Now remember the concept of evolution. The concept of evolution is the creatures that accidentally mutate some new ability, that ability has to give them an advantage. That's why they survive, the rest of them die off and that mutation stays. That is the concept of evolution. Well, that doesn't work, does it? Because why would a bat accidentally keep adding just one nucleic acid at a time and perfectly align tens of thousands of base pairs just perfectly to not only create one gene to evade human capture, and first of all, why is it an advantage to bats?

Why did it survived better in bats when bats don't have human ACE2 receptor sites? Why would that make that virus survive above all the other COVID variants that's supposedly were infecting all these bats when it was a human gene? No, not just one. I think they said nine different genes that are creatively evading human capture. They all occurred randomly in bats because they accidentally spread that random mutation here or there. Now, again, I want to go back and remind you, that an RNA virus is not going to mutate itself. It has no brain and it has no sense of survival.

There is none of that going on. You've got to implant that deep in your brain, because that's where this mutation story goes awry. Because, of course, the human body or, in this case, the rodent body of a bat is constantly going to mutate that virus, trying to shut it down. It's not going to go, huh? I got a viral infection. How do I make it stronger? How do I make it trick me better? That's just such nonsense. It's such scientific dishonesty. I don't know how these supposedly geniuses in the virology labs can even speak of that without stumbling over themselves and how the entire community can't challenge it.

Let me go on a slight tangent on that point. Where our system is broken. Well, everything is broken right now in our communities. Everything is broken, but where it is broken in the scientific community is that there's a ton of smart physicians, but they graduate, and they go off and they have their practices in their lives. They're focused on helping their day-to-day patient care. They're not invested in how viruses mutate or anything like that. Then you have the academics, the academic institutions are corrupt. Alina Chan is in the academic institutions.

She specifically said, "I know what I'm saying here is career suicide." Most people don't opt for the option A, career suicide. That's what I want to do. Its life threatening. There are scientists who have disappeared from the planet because of the information they've put out. The study that proved, literally proved that this is a manmade virus was forced to be withdrawn from publication. Now you can still read it for now, but it was withdrawn and is no longer discussed. It's not scientifically valid, but they won't tell you what's invalid about it.

They'll admit that, yeah, that code does resemble the HIV code. So that what they want you to believe is that while this bat was infected with COVID-19 variant, which by the way, there are no variants with fewer genes, there's not the one gene variant and the two gene variant and three gene variant. Remember, there's nine genes. Thousands and thousands of

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accidental mutations that created this magical insertion point into the human body. There are no other variants. Alina Chan pointed that out.

In fact, she said that when you look at where the bat population is that has supposedly rampant COVID, I don't know. It's hard for me to believe because bats have herd immunity too. I'm still struggling with that idea. It's thousands of miles away from ground zero, the meat market. Do you know what's 250 yards away from that meat market where COVID was first discovered and thought to be released? The Wuhan Institute of Virology. The Wuhan Institute of Virology is 250 yards from ground zero.

Now you start putting all those pieces together and you're going to be like, oh, Dr. Johnson, you're just crazy. You're going off in all these tangents and all, but listen, the scientists have made it clear, the WHO just announced that that is not possible, and it just doesn't make scientific evidence. Really, the WHO, the WHO that just got, I think, control taken over by China itself. I'm not putting China on this to blame. The National Institute of Health gave the Wuhan Institute of Virology millions and millions of dollars to make viruses nastier.

The Wuhan Institute of Virology has published papers over the last five years showing that they're specifically were working on variants of what now looks like COVID 19. That evidence is out there for the public to see, but they trust that you won't spend the time to dive deep enough. They trust that on that initial Google search, that you'll see a whole list of things saying, oh, here's why that story is BS. You type in manmade COVID-19 and I guarantee you, the very first page of Google will say, this is why that's a BS story.

If you go to YouTube, all the videos that pop up on your search will be, this is why that's a BS story. I'm not going to tell you it's easy to chase it down. I'm going to ask you, if it really matters to you, if this compels you at all, what I think we need is a revolution. We need an awakening. We need to take the power back. We need to stop relying on the supposed experts to tell us. We need to find those of us who are willing to use our training as physicians or our training as scientists speak up, like Alina Chan, a hero.

Alina Chan also pointed out that there are strong evidence of insertion points in the virus. If you can imagine, and this is true, this is factual. This is why it's so crazy. Corona virus, right? Corona virus is a general virus. It doesn't have a lot of the genes that are in COVID-19. The specific code of the Corona virus is exact to the point of where this gene is inserted. Then it started back up and it's exact to the point at which the next gene is inserted. The genes that are inserted, and she says, there's strong evidence of insertion points. This virus looks like it's been sliced and diced.

She knows. She's an expert in that area. When you put those two things together, what they want us to believe is that while the bat was fighting this horrendous COVID 19 infection, I shouldn't say 19, let's call it COVID-18 infection, because it was a version of COVID that hadn't quite mutated the human gene. That while it was busy being infected, it perfectly inserted thousands and thousands of code, nucleic acid code, that was the exact copy of what HIV has in its code. Other parts being the exact copy of what SARS had in its code. What?

That's actually mathematically impossible. It's scientifically impossible. It boggles the mind. No rational, reasonable scientist who's unbiased would look at that information and go, oh, I see how that could happen. Each bat that gets it, he or she might even have 1,000 different

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mutations that it's trying to do on this infection that it's trying to fight off. Then it might pass all those mutations on. Now chances are, as you get closer to the end of all the mutations, the bats fought the virus.

It's no longer infectious and it's not spreading it to anybody else. Remember, they're going to die or they're going to get over it, immunity, herd immunity. This is how it happens. They spread those 1,000 mutations. Remember, those mutations were not perfect code of human genes. That's just so ridiculous a concept. It's hard to even say. They were just random mutations, attempts at shutting the virus down. They actually make the virus weaker and then it passed it on to its brother, and his brother got this mutated version.

They're scaring you and talking about all the mutations they're finding all around the world. Oh my God, so many mutations. Well, yeah, all of us different humans are trying to shut this virus down and we're mutating it. The virus doesn't mutate itself. I'm repeating that for you, so it sticks solidly in your brain. Now you take that information, you realize, okay, wait, now the brother has it. He does another, we'll give him 1,000 mutations. Now, are they the perfect mutations to start building a gene to go into humans?

Well, that would be, I don't know, 1 to 10 billion, billion, billion to 1 odds, but okay. It passes on and there's a thousand more codes stacking up for the perfect gene just to evade the most amazing immune system on the planet, the human body. Then he passes it on to his children. They add another 1,000 mutations perfectly, just lining up, just perfect. But again, no advantage to this virus over the population next door where that family of bats has a different set of mutations.

Now you're getting some cross pollination of different mutations, which one is the infectious one that passes on. Who cares? The point is, it's not even worth chasing down. It doesn't happen. It's not scientifically valid principle. Random mutations to the point of creating tens of thousands of code base pairs is poppycock. I would love that to be addressed out there in the scientific community. I don't know. What else did Alina Chan find? The strategies that this virus has to get into the human body, working a lot on different pathways.

Primarily, they're working in the lungs, kidneys, intestines, and blood vessels. We know they're causing clotting, necrosis of tissue, which is the death of tissue from loss of oxygenation. They're impairing oxygenation. They're leaving long-term damage in the lungs, the sense of smell, although that seems to be coming back in most people, but taste and smell is lost. It is a very complicated virus. It's doing a lot of different things in the human body. All of those are specifically human things. It just doesn't make sense that it would come from a bat.

Alina Chan is saying exactly that, that there's just no way. There's no bat community that has the variant with only one gene. None of this, the precursors that would have had to exist in order for this to be evolved into what it is today exist. Without their precursors, how could anybody, how could the WHO organization say the most compelling stories that it came from a creature. It's just silly. First of all, I mean, 10th of all, who's hanging out with the bats again? How is this infecting humans again? It's, well, I'll take it back.

I guess bat soup is a thing in China. Maybe that's why they're like, "Oh, well, this is how we'll make that story work a little better. These Chinese, they eat bat soup." Oh, here's my point to say, but it's not about China. It's not about China, because the US funds this. There are

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other countries around the world that are funding this. This information is so compelling. Trust me when I say, every government is aware of it. You even heard Trump say that this looks like it's manmade from China. He quickly, I think, was shut down on that conversation. You're not going to hear that again. Nobody is talking about it. How can nobody be talking about it? This is something that's killed and will kill millions and millions of people around the world. It will mean millions of people around the world. It has utterly destroyed economies around the world. No one's talking about what exactly how did it get there, how we do stop this from happening again, what are the institutes doing, why are we not coming up with solutions for viruses. Have you noticed? There really aren't very many solutions for viruses. I don't understand that.

That should be the main focus. One-third of all cancers are caused by viruses. If you're talking about China could come up with a solution for cancer, start by coming up with a treatment for viruses. Well, yes, my opinion is they don't want a solution for viruses because this is how it all works. Yes, it begs the question, and I know a lot of you are like, "Wait a minute, wait, wait. You're saying it's manmade, but it's not really China. It's a global effort. Why the heck would global governments want this to occur?" My best answer is power, control, and greed.

Because there's an asset grab of epic proportions happening around the world. People's businesses are being shut down and large corporations are taking over their businesses or taking over their volume, if you will. When you are destitute, when you are sickly, you are less capable of being a loud voice standing up and resisting the very interesting, but steady pace of the seizure of your rights and your liberties. We all say, and I totally get it, if someone says something on Twitter that is highly inflammatory, it could be a Nazi sentiment, it could be all the hate speech and all the divisiveness that is created through social media, but it's a slippery slope of, well, we think that's too much.

Who's deciding that's too much, by the way? I don't like that. I think it should be voted upon, not determined. You might say, but we do vote in our politicians. Do we? Do we? Have you not seen by now that money determines who goes into politics and money determines when they're in their positions in politics, what they choose to do and not do? Have you not realized yet by now that there is no real Democrat or Republican position when it comes to the institutions? They're all working together. They all cleverly go, "Oh, they just snuck out majority. Darn it. We really wanted to help you guys, but they got the majority, and they don't want to do that. Darn." That's how they trick you into thinking that they're you really have a vote, when in reality, it's big money that is voting.

You say, "Oh, but Dr. Johnson, we can get our funds together. There are a nonprofit institution's trying to persuade politicians too. There's influence coming from all sides." Trust me when I say, the kind of money that we're talking about is far beyond Elon Musk money. There is massive, let's just say there's massive wealth that is not been assigned to any particular family, because it's all divided up into accounts and trusts and businesses. You've seen the studies where they say, that you could trace a lot of corporate institutions back to just a handful of owners. There are just a handful of owners running the world. That's just my perspective. It is based on facts. I know not everyone's done that research. They're not there

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yet. If you are interested in that, you should definitely check it out. Okay. What else do I want to say here on this issue?

There are immune cells that are triggered in a viral attack. One of the most important ones is interleukin 6. It appears to be one of the main ones that triggers a fever. Now I want you to think about the whole fever thing. Here's an interesting study. They found that 70% of animals infected die compared to 16% of animals. When they are giving aspirin for a fever response, 70% of animals infected with the virus die compared to only 16% when they are given an aspirin to reduce the fever. In other words, your fever is brilliant.

Your fever is your intelligent body is saying, this is the best way to fight this virus. What's the first thing that medicine has told you, you need to do? Take an aspirin, take a Tylenol, take ibuprofen. Don't do that. Do not suppress your fever. If your fever is going way high, okay, yes. Maybe if your fever is at 105 and they're concerned for your life, I might give the advice to go ahead and try to suppress it, although that tells me that your body is fighting hard. Your body is not stupid. It's not creating a fever because the virus told it to.

It's creating a fever to shut a virus down. Really, sometimes it does that with other infections, but it doesn't do that with a piece of protein like what is created by mRNA. I am fascinated by the fever response that most people are getting, or a lot of people are getting as they are vaccinated. The key areas, I think, the medications you need to think about when you are trying to fight this virus that you don't want to be on are antihistamines, antacids, steroids, immunomodulators like hydroxychloroquine and beta2-agonist.

Now I have friends who are very intelligent people who tell me that hydroxychloroquine is the real scam that it actually is effective against COVID. It's also called Plaquenil, that it is effective to helping the fight against COVID, and that they're suppressing it intentionally to kill people. I have friends who believe that 5G is triggering COVID. Here's what I want to explain. I want to stay relatively neutral in that and I absolutely believe hydroxychloroquine is a poison to the system. It suppresses immunity so there's no possible way that it's beneficial to fighting a virus.

I guess I could be proven wrong, I don't know. The concept that these medications are lowering your ability to fight viruses, they are suppressing mast cell activity, which is one of the critical activities. One of the things I've harped on with you guys in the past is oxygenation. Tissue oxygenation is one of the most critical parts to the immune fight against viruses. Exercising and doing your best to improve tissue oxygenation is going to be one of the biggest boons in your ability to get over the virus quickly.

What I'm noticing is there are a lot of people where the virus is smoldering in them because their system can't quite shut it down. You should check out protocols with [Immune Defense](#) to help. [Immune Activator](#) is our special patented oxygen molecule, which I believe is being taken up by the immune cells in and supports improved antiviral fighting capacity. I cannot say that we are having amazing success with our protocols. You can always write me at Drben@osmosisbeauty.com and with your specific questions about what protocol you should be taking.

If you're somebody who's struggling with chronic symptoms of this virus and/or recent infection of this virus, this is a protocol I submitted to the FDA because of my success rate. They declined to evaluate it. This is a protocol I submitted to the leading researcher of

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COVID in the country and they declined to take my money and do a research study. If you're asking, well, why, if you have this great thing, are you not doing research on it? Well, it's a complicated world. I don't have that kind of pull, unfortunately. I think I've covered it all.

I was going to call out a few people that I think are particularly bad actors in all of this. I think it just makes this too political. I don't want to be political. What I want to share with you is this, there's pretty good evidence right now and the very first independent study that the vaccines aren't living up to the hype, number one. If you've been holding out and thinking, listen, let's just keep our communities shut down in perpetuity until the vaccine has given us herd immunity, good news, bad news. The herd immunity is probably not coming from vaccines.

The good news is it is coming. It's happening. The second piece of the story I'm going to leave you with is, if you hear about mutations where the virus is more infectious, don't fear that. Because the research studies on viruses show that when they make, they make. Literally, these are research studies of people making viruses more infectious, crazy, but when they make viruses more infectious, they don't do as well. The body manages them better, something about how the genes needed to make it more infectious, make it more susceptible to an attack from the human body.

Take some consolation in that. More importantly, don't just accept that, oh, there's mutations all around the world. Because here's to me how the agenda plays out, they launched the vaccine really fast. We saw that. They were bringing it to market and we're all applauding how amazing it was. They brought it to market so fast. The timing of it is perfect. Because by the time they complete distributing the vaccines over this year, will be about the time when actual real infectious herd immunity will have occurred.

If not, definitely, you're going to see the infection rate decline. They're going to describe COVID-20 or COVID-21. They're going to tell you that it's got this new mutation that makes it special. Well, I would love for them to explain how 1,000 to 10,000 base pair code of a new gene that figured out a new way to evade capture, that figured out a new way to supposedly evade all the intelligence that that mRNA peptide apparently gave the body. That, in fact, will require another vaccination. You need a COVID-20 vaccine now.

In fact, you don't just need it, you have to take a COVID-20 vaccine or else, you can't participate in society. I want to see the genetic structure of COVID-19. I want to see the genetic structure of COVID-20. They can all talk about the mutations but put them in the scientific literature for us to do an analysis of. Let's see if it makes sense that in one year, this virus that has no brain, that's just a piece of code, created thousands of base pairs, randomly mutated by human bodies all around the world, somehow passing from one to the other. So lucky this virus, oh my God.

The good fortune to create this new gene that evades human capture in one year. I mean, evolution has a lot of holes in it, but I don't know what scientist is going to tell that story. They will. They're going to tell that story. New evolved gene, you need a new vaccine. It's going to become a flu thing. Every year, you got to get the vaccine because it's a new strain. Well, I'd like to see all the strains of the flu virus and how they changed year after year for you to tell me there's a new strain. Really? Flu keeps evolving?

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The fact that flu persists is its own suspicious nature, because herd immunity somehow doesn't apply to the flu vaccine because that flu vaccine, which is again, a piece of code, no brain, no evasive capacity keeps evolving every year? I'm struggling with that. I guess I'm going to leave it there. Thanks for listening, guys. I hope you take this to heart. I want you to stay vigilant. Keep an open mind. Don't just accept the news on the phase value, but also don't chase down the pathways too deep. I guess a point I didn't quite bring to home was, the reason why the 5G story took off.

These are intentional tangents because what they want to do is when there's a real question of validity, it gets lumped in with all the 5G stories. Now all of a sudden, and if you believe in the 5G story, I'm sorry, I just don't personally believe that 5G is triggering a piece of code in your body to act differently or whatever it is. Remember, for a long time, the other story was there's no real virus, it was all fake. They were faking us out and the hospitals weren't really full and all that. How quickly did that one dissolve away?

My point is to say, it's all these different conspiracy theories that are intentionally put out there so that you're lost in a sea of them. Don't let yourself get lost in that sea. Yes, if you want to chase something down, but chase it down, but don't accept it on phase value. Because they are intentionally trying to distract from the reality, which is there's a whole bunch of scientific gobbledygook being shoved in our faces that makes no sense. It's time to be intellectually honest. It's time to stand on your own. It's time to take your power back, have a voice, use your brain.

I don't know where this goes. I don't know if we're going to allow this to keep occurring, but you've heard my perspective on it, and I'll leave it there. I promise you moving forward, that I will do my best to lighten the conversation. I don't know if I'll do another one of these. I don't know if this thing is going to even be allowed to persist on the WebSphere. I think it's quite valid information. I applaud Alina Chan and her bravery to come out. I hope there are more scientists out there maybe who actually got this and heard the message and just said, you know what, someone's got to come out and talk about this, because it's not happening the way it's being portrayed, and the truth needs to come out.

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