

How to measure the width of your feet

You will need: A pencil, tape measure, ruler and a piece of paper

- 1) Take a seat and place your feet flat on the floor.
- 2) Take the tape measure and place it under your foot at the widest part.
- 3) Wrap the tape measure all the way around the widest part of your foot and record the measurement in cm. Do not try to tighten the tape measure.
- 4) Record the measurements of **both feet** and use the widest measurement to find your foot width on the chart below.
- 5) Locate your normal UK shoe (2nd column) and read across to columns 5 or 6 to find your foot width in cm. As our shoes are made in either EE or EEE fittings these are the only measurements we show on our chart. If your feet are slightly wider than a EEE fitting, or slightly narrower than a EE fitting you may still find our shoes suitable.

How to measure the length of your feet

If you are confident of your normal shoe size, we always advise you to stick with it. However, if you are unsure of your size, use the following guidelines below.

- 1) Take a seat and place your feet flat on the floor.
- 2) Place a piece of paper under your foot.
- 3) Using a pencil, draw all the way around your foot keeping the pencil as near to the foot as possible
- 4) Draw a line at the very top and bottom of the foot drawing and measure the distance in cm. Find this measurement in the 1st column on the chart below. Read across to find the Sargasso & Grey EU equivalent shoe size (column 3).

Shoe size and width chart

Use this column to find your foot length			Use these columns to find your foot width		
Approx Foot Length CM	UK Shoe Size	Sargasso & Grey	Standard EU Size	APPROX FOOT WIDTH IN CM	
		Approx EU Shoe Size		EE WIDTH	EEE WIDTH
22.5	3.5	36	36	22.1	22.4
23	4	37	37	22.4	23.2
23.5	4.5	37.5	37.5	23.2	23.5
24	5	38	38	23.5	23.8
24.5	5.5	38.5	38.5	24.4	24.7
25	6	39	39	24.7	25.1
25.5	6.5	39.5	40	25.1	25.5
26	7	40	41	24.5	26
26.5	7.5	40.5/41	41.5	25.7	26.3
27	8	41/41.5	42	26	26.7
27.5	8.5	42	42.5	26.7	27.2
28	9	43	43	27.2	28
28.5	9.5	44	44	28	28.5

Please note our shoes are made to EU sizes and these do not equate exactly to UK sizes. Some of our sizes do differ from EU sizes. We use our experience and customer feedback to offer the UK comparable size. Please also note that the difference between half sizes in EU fitting is 0.4cm, whereas UK half sizes differ by 0.5cm so a half size bigger or smaller in an EU sized shoe will be not as significant as a UK sized shoe.