

RE•ATHLETE NECKA



Neck & Shoulder Massager USER MANUAL



Contact us:
www.reathlete.com
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Thank you for purchasing the NECKA!

We are excited for you to experience the wide range of health and wellness benefits that come with using our product.

This User Guide is intended to provide you with guidelines to ensure that the operation of this product is safe and poses no risk to the user. Using this product in a manner that does not comply with the guidelines described in this manual may void the product warranty.

Please read all directions before using the product and retain this guide for reference.

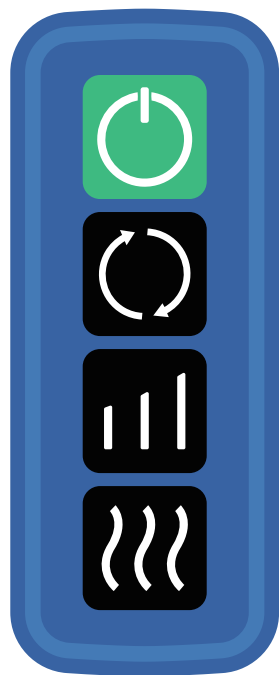
This product is intended for household use only.



- 1 Neck & Shoulder Massager
- 2 Control Panel

Box Contents

- Neck & Shoulder Massager
- USB-C charging cable
- User Manual
- Warranty



How to Use:

1. Position the product properly: put it around the neck or around the lower or upper back, abdomen, calf, or thigh areas.
2. Loop the straps around your hands.
3. Press  for 2s to begin the massage. The product will shut off automatically after 20 minutes.
4. Plug one end of the USB-C cable into the massager, and the other end into a USB power source to charge the device when the battery is low. The indicator light of the charger will be red when charging and green when fully charged.
5. Press  for 2s to stop the massage at any time.

We do not recommend using the massager for more than an hour.

Kneading Massage

1. Press  to change massage direction.
2. Press  to choose among 3 massage speed levels: LOW / MEDIUM / HIGH.

Heat Therapy

1. Heat therapy can ease muscle tension, increase flexibility, and heal damaged tissue by delivering more oxygen and nutrients with the improved blood flow.
2. Press  to adjust between 2 heat levels: LOW / HIGH.
Press  again to turn off the heating function.

Please use the reference above to select the massage mode that suits your needs best. You can combine massage with heat therapy or use kneading independently.

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Important Safety Notice:

This device should only be used with the provided USB-C charging cable.

There are NO user serviceable parts in this product.

DO NOT place or store this appliance where it can fall or be pulled into a tub or sink.

DO NOT submerge the product in water or other liquids.

Keep dry: DO NOT operate in a wet or moist condition.

DO NOT leave this device unattended while turned on.

NEVER operate this device if the charging cable is damaged.

DO NOT operate if the item is malfunctioning or has been exposed to water.

DO NOT operate under a blanket or pillow.

DO NOT use this product in environments with high humidity or high temperature or near flammable / explosive items or chemicals, including aerosol products or oxygen.

Keep the massager away from heated surfaces.

DO NOT use it on persons with sensitive skin or poor blood circulation.

DO NOT crush, avoid sharp folds. Keep away from sharp/pointed objects like pins or other metallic fasteners.

DO NOT use this product directly on swollen or inflamed areas of skin or open wounds

This product should NEVER be used by an individual suffering from any physical ailment that limits the user's mobility or by an individual having sensory deficiencies.

Storage:

Store the device in a safe, dry and cool place. To avoid breakage, DO NOT wrap the power cord around the device.

Cleaning and Maintenance:

Turn off the massager. Unplug the charging cable before cleaning. The zippered fabric cover is removable for cleaning. Clean the unit with a dry cloth. Never allow water or other liquids to come into contact with the unit. DO NOT immerse it in any liquid to clean. Never use abrasive cleaners, brushers, gasoline, kerosene, glass/ furniture polish or paint thinner to clean the device.

Caution:

Do not use the device to supplement or replace any medical treatment that you are currently receiving. Please consult your physician before use if you are experiencing any unexplained pain, already receiving medical treatment for circulation or vascular issues, or using at-home medical equipment.

Please contact your physician before using the REATHLETE NECKA if you have physical health concerns or any of the following conditions:

- You are pregnant.
- You have a pacemaker or other medical implant.
- You are suffering from a heart or vascular disease.
- You have irregular blood pressure or are receiving treatment to normalize your blood pressure.
- You are suffering from osteoporosis.
- You are suffering from cancer.
- You have undergone a recent surgery.
- You have concerns regarding areas of your health.

Stop using the product immediately if you feel uncomfortable or if any abnormalities occur.

Technical details:

Product Net Weight	1.4 kg / 3.1 lbs
Product Dimensions	300 x 130 x 135 mm / 11.8 x 5.1 x 5.3 in
Input	5V $\approx$ 1A
Rated Power	20W