The Feeding List

Milk feeding is different for all, these aids will ease the load and help you find your groove.

Breast pads	☐ Replacement teats
Nipple care	
Nursing bras	
Ice and heat pack	
Milk collector	
Breast pump	
Burp cloths	
Bottles	
Equipment steriliser	
Drying rack	You'll need it from day one while you're establishing feeding.
Bottle warmer	establishing feeding.
Bottle brush	